

Advances in systemic therapy leading to conversion surgery for advanced hepatocellular carcinoma

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SUMMARY Recently, a systemic therapy for advanced hepatocellular carcinoma (HCC) has been developed. The regimen for unresectable HCC varies and includes single or multi-tyrosine kinase inhibitors, monoclonal antibodies, immune checkpoint inhibitors, or their combinations. Treatment with these agents begins with sorafenib as the first-line drug for unresectable HCC. Subsequently, several systemic therapies, including lenvatinib, ramucirumab, cabozantinib, and regorafenib have been investigated and established. With advances in systemic therapy for unresectable HCC, the prognosis of patients with unresectable HCC has improved significantly than previously. Conversion surgery, consisting of systemic therapy and surgery, showed the possibility of improving the prognosis than systemic therapy alone. Although a combination of atezolizumab and bevacizumab is mostly used for initially unresectable HCC to conduct conversion surgery because of the high response rate and fewer adverse events compared to others, many trials are being conducted to assess their efficacy for initially unresectable HCC. However, the appropriate timing of surgery and interval between systemic therapy and surgery remain controversial. To address these issues, a multidisciplinary team can play a vital role in determining the strategies for treating unresectable HCC. This review describes previous and current trends in the treatment of HCC, with a particular focus on conversion surgery for initially unresectable HCC.

Keywords conversion therapy, liver resection, unresectable hepatocellular carcinoma, immune checkpoint inhibitor

1. Introduction

Systemic therapy has advanced hepatocellular carcinoma (HCC) (1). The treatment strategies for advanced HCC have remarkably changed over the past few decades (2). Treatments for advanced HCC vary according to guidelines. The Barcelona Clinic Liver Cancer (BCLC) staging system, which is widely used in Western countries, recommends systemic therapy for intermediate- and advanced-stage HCC (3). However, Asian guidelines, such as the Japanese or Chinese guidelines and guidelines of the Asian Pacific Association for the Study of the Liver, recommend surgery for selected patients with advanced HCC (4-7). One of the main reasons why Asian guidelines are more aggressive than Western guidelines is surgeons' consensus on surgical indications for HCC (7). Some studies have reported that hepatectomy for advanced HCC without systemic therapy offered five-year overall survival (OS), ranging between 20-53% (8,9). Hepatectomy offered better median survival time (MST)

than systemic therapy (15.1 vs. 4.5 months) in patients with portal vein tumor thrombus (10,11). Hepatectomy plays an important role in the treatment of advanced HCC, particularly in the conversion from systemic therapy to resection.

Systemic therapy for HCC begins with sorafenib, a multikinase inhibitor for unresectable advanced HCC (12,13). Phase III trials of sorafenib and the SHARP trial (ClinicalTrials.gov number, NCT00105443) showed that the median OS was 10.7 vs. 7.9 months in sorafenib and placebo, respectively ($p < 0.001$) (14). However, the efficacy of sorafenib is not significant, with an MST of < 1 year and a tumor response rate of $< 5\%$ (14,15). Trials of other agents have shown no superiority or non-inferiority to sorafenib in patients with advanced HCC (16-18).

Approximately 10 years after the appearance of sorafenib, new treatments with multitargeted tyrosine kinase inhibitors (TKIs) have been started, with lenvatinib as the first-line treatment (14,19). Lenvatinib is an orally active inhibitor of multiple receptor tyrosine

kinases (20-22). The REFLECT trial (*ClinicalTrials.gov*, NCT01761266) compared the efficacies of sorafenib and lenvatinib in patients with unresectable advanced HCC (20). It revealed that lenvatinib was significantly superior to sorafenib in the progression-free survival (PFS) (median of 7.4 vs. 3.7 months in Lenvatinib and placebo, respectively), and that objective response rate (ORR) based on the modified Response Evaluation Criteria in Solid Tumors (mRECIST) (23) were of 29.6 vs. 6.9% ($p < 0.0001$), respectively. Lenvatinib has the potential to play a key role in tumor downstaging because of its high response rate (40.6%) to mRECIST and antiangiogenic effects (20,24,25).

Furthermore, immune checkpoint inhibitors (ICIs), such as anti-programmed death receptor-1 (PD-1), anti-programmed death ligand (PD-L1), and anti-cytotoxic T-lymphocyte antigen-4 (CTLA-4) antibodies, have been adopted as treatments for HCC. The combination of atezolizumab, which is an anti-PD-L1 antibody, and bevacizumab (a monoclonal antibody against vascular endothelial growth factor) showed a better prognosis than single therapy of sorafenib alone in a phase III trial for unresectable HCC (26). Recently, the combination of durvalumab and tremelimumab has also been shown to result in better OS than sorafenib (27). The CheckMate 040 randomized clinical trial of nivolumab plus ipilimumab showed an improved OS (median, 22.2 months) and 60-month OS rate of 29% in patients with HCC previously treated with sorafenib. Many guidelines worldwide recommend these combination therapies for the treatment of advanced HCC (3).

Trials and studies on advanced HCC are increasingly being performed to investigate treatments with better prognosis, especially in advanced or unresectable HCC (13,20-22,24-26,28-34). The combination of hepatectomy and systemic therapies is a promising treatment expected to improve OS and reduce HCC recurrence.

In this review, we discuss the development of treatments for advanced HCC, including state-of-the-art treatment strategies and ongoing trials, and compare the differences in HCC treatments between Western and Eastern countries.

2. Combination therapies for advanced HCC

2.1. Atezolizumab plus bevacizumab

The IMbrave 150 study reported that a combination therapy with atezolizumab plus bevacizumab resulted in better OS than sorafenib (31). Patients were treated with atezolizumab plus bevacizumab and sorafenib. Overall survival rates at 12 months were 67.2% with atezolizumab plus bevacizumab and 54.6% with sorafenib, and median PFS was 6.8 vs. 4.3 months, respectively. Atezolizumab plus bevacizumab is now recommended as the first-line systemic therapy for patients with advanced HCC (12).

2.2. Durvalumab plus tremelimumab

Combination treatment with durvalumab (an anti-programmed cell death ligand-1) and tremelimumab (an anti-cytotoxic T-lymphocyte-associated antigen 4) showed promising results in a phase II trial in patients with unresectable HCC (27). A phase III trial, the HIMALAYA trial, was conducted to evaluate combination treatment in patients with unresectable HCC (27,30). Patients were assigned to receive durvalumab plus tremelimumab (STRIDE regimen), durvalumab, and sorafenib treatment. The trial revealed that median OS was 16.43 with STRIDE vs. 16.56 with durvalumab vs. 13.77 months with sorafenib. A four-year update of the HIMALAYA trial reported that a 48-month OS rate was higher with STRIDE than with sorafenib (25.2 vs. 15.1%, respectively) (30). Another study that included 44 patients treated with STRIDE for unresectable HCC reported a disease control rate of 53.3%, which was significantly better when used as a first-line therapy than when used as a second or later line (65.8 vs. 45.9%, respectively, $p = 0.034$) (35). In an Asian subgroup analysis of the HIMALAYA trial, STRIDE demonstrated that ORRs based on RECIST ver1.1. were 28.2% with STRIDE, 18.6% with durvalumab, and 9.0% with sorafenib (36). These results suggested that STRIDE is a promising treatment option for unresectable HCC.

2.3. Other promising therapies

Many trials and studies have investigated promising therapies for unresectable HCC. Combination therapy with novel agents, such as an anti-programmed death-1 antibody, showed a better response rate or prognosis than sorafenib. For example, camrelizumab plus revoceranib (37), sintilimab plus bevacizumab biosimilars (38), and lenvatinib plus pembrolizumab (32) have shown better prognoses in advanced HCC. Among these, treatment with lenvatinib plus hepatic intra-arterial infusion chemotherapy (HAIC) with cisplatin for advanced HCC showed prospective results in the LEOPARD trial (39). This phase II trial enrolled 36 patients with advanced HCC and evaluated 34 patients. The patients received the following treatments: lenvatinib, 12 mg/day for patients ≥ 60 kg and 8 mg/day for patients < 60 kg; HAIC with cisplatin: 65 mg/m², day 1, every 4-6 weeks, and a maximum of six cycles. The ORRs were 64.7% (95% confidence interval (CI): 46.5-80.3%) and 45.7% (95% CI: 28.8-63.4%) in mRECIST and RECIST ver1.1, respectively. Median PFS and OS were 6.3 and 17.2 months, respectively. According to these results, the LEOPARD-NEO trial, a multicenter phase II trial, aimed at assessing the safety and efficacy of lenvatinib plus HAIC using cisplatin for borderline resectable HCC, is now ongoing and is expected to show better results. Transarterial chemoembolisation (TACE) plus lenvatinib (LEN-TACE) is a promising treatment (40). The phase

II TACTICS-L trial, which included 62 patients with unresectable HCC, revealed a high response (ORR, 88.7%) and complete response rate (67.7%) based on the Response Evaluation Criteria in Cancer of the Liver as defined by the Liver Cancer Study Group of Japan (41). These promising therapies have the potential to change treatment strategies or provide better prognoses than those in the near future.

3. Outlines of conversion surgery

3.1. Conversion surgery versus neoadjuvant chemotherapy

Conversion therapy should be distinguished from neoadjuvant chemotherapy (42). There are significant differences between the neoadjuvant chemotherapy and conversion therapy. Conversion surgery is a treatment strategy that involves surgery following systemic therapy for initially unresectable or borderline resectable tumors that undergo radical resection, and is established for other solid cancers (15,43,44). Conversion surgery aims to downstage tumor burden in patients with initially unresectable cancer, providing better survival, reducing recurrence (15,29,45), and achieving complete resection. Recently, conversion surgery has been increasingly performed to provide better prognosis in patients with solid tumors (15).

Neoadjuvant chemotherapy is administered to patients with resectable tumors to decrease tumor size before hepatectomy (46,47). Generally, it aims to decrease the possibility of recurrence or increase the remnant liver volume to ensure safety after hepatectomy (46).

3.2. Conversion surgery for hepatocellular carcinoma

The treatment for patients with initially unresectable HCC after systemic therapy has not been established yet (22,48). In general, after a tumor is downstage from advanced or unresectable to an early stage (for example, the BCLC stage A or Chinese National Liver Cancer (CNLC) stage I), curative surgery is indicated (12,49,50). Patients with tumors that meet the criteria for technical resectability are also indicated for curative surgery or local treatment. Conversion surgery for initially unresectable HCC consists of a combination of systemic therapy and resection (12,19,51). In patients with advanced HCC, a combination of hepatectomy with sorafenib or lenvatinib reportedly improved OS compared with systemic therapy alone (14,21,52). However, the low response rate to systemic therapy contributed to a few patients undergoing conversion therapy (15,53). An improvement in the response rate would enable more patients to undergo conversion surgery than ever before (53).

3.3. Candidate selection for conversion surgery using a staging system

The BCLC staging system has been adopted globally for HCC treatment, particularly in Europe and the United States. According to the staging system, liver resection is limited to early-stage cases. In contrast, the CNLC staging system, established in 2017 and updated, proposes a more aggressive candidate for liver resection (5). The stages were defined as follows: Ia, single ≤ 5 cm; Ib, single > 5 cm or up to three tumors ≤ 3 cm; IIa, up to three tumors > 3 cm; IIb, ≥ 4 tumors; IIIa, tumor with vascular invasion; IIIb, tumor with metastases; IV, end stage.

During conversion therapy, tumors are classified into two groups: technically resectable and technically unresectable. Patients with technically unresectable HCC (CNLC stages Ia-IIa) and technically resectable HCC (CNLC stages IIb-IIIa) are potential candidates for conversion surgery. Moreover, patients with technically unresectable HCC (CNLC stages IIb-IIIa) initially undergo systemic therapy with or without local therapy, and resection is recommended if the tumor shrinks to a resectable condition. A previous study reported improved recurrence-free survival after hepatectomy following systemic therapy in patients with CNLC stage IIb/IIIa (54).

3.4. Candidate selection for conversion surgery based on resectability

Candidacy for conversion therapy is limited to patients with initially unresectable HCC, who have the possibility of being treated by surgery after systemic therapy (55). Several definitions of HCC resectability have been proposed. In one proposal, HCC was divided into three groups: resectable, borderline resectable, and unresectable, depending on four factors: distant metastasis, macroscopic curative resectability, indocyanine green clearance of a remnant liver, and macrovascular invasion (56). Another study also proposed a three-group classification, but it consisted of three similar factors (distant metastasis, macroscopic curative resection, and macrovascular invasion) and two different factors (ratio of future liver remnant to modified albumin-bilirubin score and tumor size) (25,57). However, there is no international consensus regarding the resectability of HCC. These situations make it difficult to discriminate conversion surgery from surgery after neoadjuvant therapy (25,56). Candidates for conversion therapy should be selected by a multidisciplinary team because many factors, including general condition, liver function, remnant liver volume, vascular invasion, and tumor size, should be considered to determine whether surgery is suitable (50,58). According to previous reports and trials, the conversion therapy rates differ, depending on the type and duration of systemic therapy (Table 1) (47,58,59). Conversion surgery may offer a better prognosis in patients with unresectable HCC who achieve pathological complete

Table 1. Conversion rates after treatments for initially unresectable hepatocellular carcinoma

Authors	Study design	Treatment (number)	Conversion rate
Takeyama <i>et al.</i> (62)	Retrospective	Sorafenib (<i>n</i> = 32)	12.5%
Shindoh <i>et al.</i> (25)	Retrospective	Lenvatinib (<i>n</i> = 107)	8.4%
Kudo <i>et al.</i> (69)	Retrospective	Atezolizumab plus Bevacizumab (<i>n</i> = 38)	31.8%
Ichida <i>et al.</i> (22)	Prospective	Lenvatinib (<i>n</i> = 49)	67.3%
Kaneko <i>et al.</i> (53)	Retrospective	Sofarenib (<i>n</i> = 292)	1.4%
Kaneko <i>et al.</i> (53)	Retrospective	Lenvatinib (<i>n</i> = 72)	2.7%
Peng <i>et al.</i> (82)	Prospective	Lenvatinib (<i>n</i> = 338)	1.8%

response (60). Advances in systemic therapy for HCC have promoted conversion therapy and its efficacy has been investigated worldwide.

3.5. Resectability for HCC

There are no established criteria for the oncological resectability of HCC or the concept of borderline resectable tumors in the field of pancreatic cancer. There has been an increasing demand for consensus on these criteria because conversion surgery has become common in recent years.

To precisely determine the operative indication for initially unresectable HCC after systemic therapy, it is necessary to clarify the definition of "unresectable" (41,59).

Generally, unresectable HCC is classified into two groups according to the cause: oncologically and technically unresectable HCC (23,49). Oncologically unresectable tumors indicate that treatments other than surgery are expected to provide better survival rates. Oncologically unresectable HCC has a poor prognosis, even if hepatectomy is successfully performed. Technically, tumors are unresectable owing to factors, such as their general condition, liver function, and insufficient liver remnant volume. Technically unresectable tumors extend to a large extent and cannot be completely and safely removed (41). In such cases, tumor shrinkage is due to the response to systemic therapy to safely undergo radical resection. These patients are eligible for conversion therapy. However, it is often difficult to clearly divide them because the two unresectable statuses partly overlap (50).

Recently, the Working Group of the Japan Liver Cancer Association and Japanese Society of Hepatobiliary-pancreatic Surgery proposed oncological resectability in HCC and classified the resectability of HCC into three grades: resectable, borderline resectable 1 (BR1), and borderline resectable 2 (BR2) (Figure 1) (1). These classifications were defined as follows: resectable, the status in which surgery alone may be expected to provide better OS compared with other treatments; BR1, the status in which surgical intervention may be expected as a part of multidisciplinary treatment to provide survival benefit; and BR2, the status in which the efficacy of surgery is unclear and the indication for

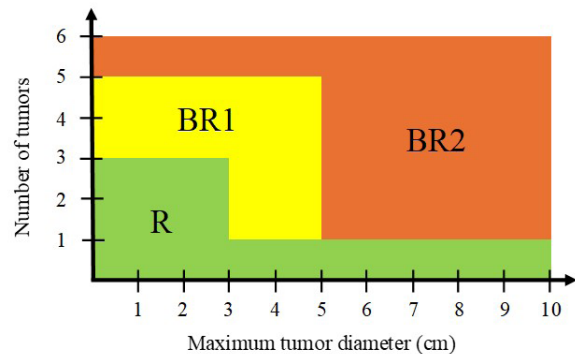


Figure 1. Resectability criteria for hepatocellular carcinoma based on the number and maximum diameter of tumors. The vertical and horizontal axes represent the number (*n*) of tumors and maximum diameter of tumors (cm), respectively. R, resectable; BR, borderline resectable 1; BR2, borderline resectable 2. Created based on the previous article (1).

surgery should be decided with discretion under standard multidisciplinary treatment (1). Additionally, BR2 is synonymous with initial unsuitability for surgery.

The treatment of patients with BR2 or unresectable HCC should be carefully determined by a multidisciplinary team to offer a better prognosis.

4. Outcomes of conversion surgery

4.1. Conversion surgery with sorafenib

There have been no large cohort reports on conversion surgery after systemic sorafenib (42). Previous studies with a small number of patients or case reports showed that patients with initially unresectable HCC who underwent surgery after sorafenib achieved pathological response, better prognosis, and disease-free survival (53,61,62). However, there is no strong evidence to support sorafenib as a systemic therapy after curative conversion surgery for initially unresectable HCC. Sorafenib is not adopted as systemic therapy before conversion surgery because of its low response rate, accounting for only approximately 3% (61,63,64). Therefore, a few patients who have undergone conversion therapy after systemic therapy with sorafenib and have achieved a complete response can have a better prognosis (42,61,64). Considering these results,

conversion surgery using sorafenib is unrealistic for patients with unresectable HCC.

4.2. Conversion surgery with lenvatinib

Lenvatinib is thought to be suitable for conversion surgery because of its properties, such as suppression of tumor progression and tumor necrotic effect. A greater response rate to lenvatinib could contribute to more opportunities for conversion surgery in patients with unresectable or borderline resectable HCC. A retrospective study revealed that surgical resection after lenvatinib treatment had better disease-specific survival compared to no additional treatment after lenvatinib (hazard ratio (HR), 0.04; 95% CI, 0.01-0.30; $p = 0.002$) with a conversion surgery rate of 8.4% (65). In the comparison of additional treatments including surgery, ablation, TACE, and transcatheter arterial infusion chemotherapy after lenvatinib treatment, complete surgical resection showed a better prognosis than others in PFS (HR, 0.30; 95% CI, 0.16-0.58) and time-to-treatment failure (HR, 0.08; 95% CI, 0.02-0.39) (25). Another single-center study reported an improvement in the prognosis of patients with initially unresectable HCC after conversion surgery with lenvatinib (66). Successful conversion surgery with lenvatinib has been reported in some cases with survival benefits after surgery and preserved liver function, even in patients with metastases to other organs (44,67,68).

These results suggest that complete resection after lenvatinib treatment may offer a better prognosis than previous treatments. The prospective LENS-HCC trial was conducted to evaluate the efficacy of surgery after lenvatinib treatment in unresectable HCC (22). This trial revealed a high conversion rate of 67.3%. These results support conversion therapy, especially conversion surgery, after lenvatinib treatment for initially unresectable HCC.

The LENS-HCC trial is a multicenter, phase II trial performed in Japan to evaluate the efficacy and safety of preoperative lenvatinib therapy in patients with initially unresectable HCC (the Japan Registry of Clinical Trials (s031190057)) (22). This trial was conducted in response to the results of the phase III REFLECT trial, which showed that lenvatinib is superior to sorafenib in terms of PFS, time to progression, and ORR in patients with initially unresectable HCC (24). In this trial, a high response rate of 40.6% based on mRECIST for sorafenib was reported.

This trial enrolled patients with advanced HCC without a history of systemic therapy for HCC and with at least one factor suggestive of a poor prognosis as follows: macroscopic vascular invasion, extrahepatic metastasis, or multinodular tumors. The endpoint of this trial was surgical resection rate. This trial enrolled 49 patients from 11 centers in Japan. Among them, 42 patients were oncologically unresectable, and seven

were technically unresectable. The patients underwent treatment with lenvatinib (12 mg/body weight/day ≥ 60 kg, or 8 mg/body weight/day < 60 kg) for eight weeks. Subsequently, resectability was evaluated by a multidisciplinary team, and the patients underwent tumor resection one or more times after the last lenvatinib administration.

The results of the trial demonstrated a high disease control rate of lenvatinib in patients with unresectable HCC, leading to a high surgical resection rate of 67.3%, and the safety and feasibility of lenvatinib therapy in conversion surgery. The trial also reported the safety and feasibility of lenvatinib because there were no cases of severe worsening of the liver functional reserve, no mortality in patients who underwent surgery, and no serious perioperative complications associated with lenvatinib administration. Although the long-term outcome remains unclear because the follow-up period was not very long (median, 9.3 months), this trial is expected to report long-term outcomes in the near future. In this trial, the patients with technically or oncologically unresectable HCC were treated with lenvatinib. However, there may be differences in the possibility of conversion surgery between the patients with technically and oncologically unresectable HCC because those with technically unresectable HCC received systemic therapy until the tumor becomes resectable, whereas those with oncologically unresectable HCC receive systemic therapy until the tumors showed a better response to systemic therapy; surgery was recommended by a multidisciplinary team from the perspective of oncology. Therefore, each patient should have a different appropriate treatment duration of systemic therapy depending on tumor conditions.

4.3. Conversion surgery with atezolizumab plus bevacizumab

Atezolizumab plus bevacizumab is widely used as the first-line treatment for advanced HCC because the IMbrave150 trial revealed the superiority of atezolizumab plus bevacizumab over sorafenib in advanced HCC (31). Based on the results of this trial, another study was performed to evaluate the efficacy of a combination of curative treatments after atezolizumab plus bevacizumab. In this study, 39 patients received conversion therapy. Among them, 25 achieved complete response at a rate of 35% based on RECIST ver1.1 (69,70). Moreover, 23% of the patients achieved a drug-free status. However, conversion therapy included liver resection, ablation, selective TACE, or their combination. The criteria for conversion surgery were unclear, and patients who did not achieve complete response underwent surgery. These conditions must be considered when results are interrupted. Seven patients underwent liver resection in this study. Other studies, including case reports, have reported complete response and better survival benefits in

Table 2. Time to progression and response according to previous reports

Authors	Treatment (number)	Assessment	Time to progression (months)	Time to response (months)
Llovet <i>et al.</i> (14)	Sorafenib (<i>n</i> = 299)	RECIST ver1.1	5.5 (4.1-6.9)	NA
Abou-Alfa <i>et al.</i> (27)	STRIDE (<i>n</i> = 393)	RECIST ver1.1	22.34	2.17 (1.84-3.98)
Abou-Alfa <i>et al.</i> (27)	Sorafenib (<i>n</i> = 389)	RECIST ver1.1	18.43	3.78 (1.89-8.44)
Cainap <i>et al.</i> (16)	Sorafenib (<i>n</i> = 521)	RECIST ver1.1	4.0 (2.8-4.2)	NA
Kudo <i>et al.</i> (26)	Atezolizumab plus bevacizumab (<i>n</i> = 46)	mRECIST	14.2 (10.9-16.6)	4.1 (1.3-12.3)
Kudo <i>et al.</i> (26)	Sorafenib (<i>n</i> = 23)	mRECIST	12.4 (4.7-NE)	4.2 (1.2-5.7)
Kudo <i>et al.</i> (20)	Lenvatinib (<i>n</i> = 478)	mRECIST	8.9 (7.4-9.2)	NA
Kudo <i>et al.</i> (20)	Sorafenib (<i>n</i> = 476)	mRECIST	3.7 (3.6-5.4)	NA
Yamashita <i>et al.</i> (24)	Lenvatinib (<i>n</i> = 81)	mRECIST	7.2 (5.4-9.2)	NA
Yamashita <i>et al.</i> (24)	Sorafenib (<i>n</i> = 87)	mRECIST	4.6 (3.5-5.4)	NA

STRIDE, Single Tremelimumab Regular Interval Durvalumab (300 mg of tremelimumab for one dose plus 1500 mg of durvalumab every four weeks); RECIST, Response Evaluation Criteria in Solid Tumors; mRECIST, modified Response Evaluation Criteria in Solid Tumors; NA, not available; NE, not estimated. The time to progression and response are shown with 95% confidence intervals.

patients with initially unresectable HCC after conversion surgery following treatment with atezolizumab plus bevacizumab (71-76). These results imply that liver resection after atezolizumab plus bevacizumab treatment offers a better prognosis for patients with initially unresectable HCC.

The RACB trial is an ongoing, prospective, multicenter phase II trial in Japan to evaluate the efficacy of combination therapy of atezolizumab plus bevacizumab in achieving conversion surgery in patients with unresectable HCC (the Japan Registry of Clinical Trials (s031190057)) (45). Inclusion criteria for this study were as follows: unresectable HCC without a history of systemic therapy, at least one target lesion based on RECIST ver. 1.1 (70), and a Child-Pugh score of 5 or 6. In this study, macroscopic vascular invasion, extrahepatic metastasis, and massive distribution of intrahepatic tumors were classified as unresectable HCC.

As a treatment protocol, patients diagnosed with unresectable HCC underwent systemic therapy with atezolizumab (1,200 mg/kg body weight) plus bevacizumab (15 mg/kg body weight) every three weeks. The patients were assessed radiologically using computed tomography or magnetic resonance imaging at twelve weeks after the first systemic therapy. If the tumor became resectable during the assessment, the patient received a single treatment with atezolizumab and tumor resection three weeks later. If the tumors are unresectable, the patients continue systemic therapy until they become resectable or show progression.

To assess the response of the tumors to systemic therapy, radiographic assessments were conducted every nine weeks until the tumor became resectable or progressed after the second assessment (12 weeks). The follow-up period was 18 months after inclusion.

Primary endpoint was PFS assessed by RECIST ver. 1.1 (70).

This study aimed to determine the efficacy of conversion surgery with atezolizumab plus bevacizumab

in patients with initially unresectable HCC.

4.4. Timing of conversion surgery

The timing of surgery remains unestablished and controversial (47,64,77,78). Previous reports suggested that the timing of surgery should be after five cycles of ICI plus an anti-angiogenic drug (51,79). Other recommended patients with complete tumor remission should receive ICI treatment for six months, and patients with partial remission should receive combined treatment for 6-12 months prior to surgery (47). Determining the precise timing of surgery is difficult because it is not necessarily better to perform surgery as soon as possible. Early surgery can contribute to failure, whereas late surgery can lead to drug resistance and tumor progression (53). Time to progression and time to response have been reported for some agents, showing wide range (Table 2). The differences in time to progression and response between trials seemed to come from differences, such as patients' background, liver function, number of patients, and study design because patients' background and liver function had an influence on tolerance to systemic therapy, and the small number of patients and study design influenced data reliability. To avoid missing the ideal timing for conversion surgery, the effects on the tumor should be carefully assessed, and liver function should be preserved enough for surgery, referring to the results, such as the time to progression and time to response may be useful.

4.5. Cessation interval between systemic therapy and conversion surgery

The interval between systemic therapy and surgery should be recommended based on the half-lives of the agents used in the treatment. Patients who have undergone treatment with a TKI and bevacizumab should stop them one and 6-9 weeks before surgery, respectively (64,80). Wound-healing complications are well known to

be related to bevacizumab (81). If the cessation interval is not sufficiently long, a shorter interval may cause wound-healing complications. Patients treated with lenvatinib can safely undergo surgery one week after lenvatinib cessation (22). Patients who have undergone ICI treatment should stop it at the same time as anti-angiogenic drugs for > 2 weeks before surgery (50,51). It is not necessarily better to increase the interval between systemic therapy and surgery because of the possibility of tumor progression during the interval.

5. Conclusions

This article reviews advancements in systemic therapy for HCC and highlights the progression of a combination of surgery and systemic therapy. Prognosis has been rapidly improving since the introduction of sorafenib, and its efficacy in providing a better prognosis for unresectable HCC was revealed in a trial. Subsequently, new types of systemic therapies and novel regimens for HCC have emerged, and further investigations of their combinations have been conducted worldwide. Although systemic therapy for HCC has remarkably advanced recently, the selection of patients eligible for systemic therapy remains under investigation. The number of patients receiving systemic therapy and surgery is increasing. The timing of conversion therapy, including surgery, should be carefully determined, and the response to systemic therapy should also be evaluated with discretion. To deal with these subjects, a multidisciplinary plays an important and critical role in the treatment of HCC. Therefore further investigations are required to solve these problems.

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