# **Original Article** DOI: 10.5582/bst.2024.01277

# **Laparoscopic versus open liver resection for intrahepatic cholangiocarcinoma: Stratified analysis based on tumor burden score**

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**SUMMARY** The role of laparoscopic liver resection (LLR) for intrahepatic cholangiocarcinoma (ICC) remains debated. This study aimed to evaluate the short- and long-term outcomes of LLR vs. open liver resection (OLR) in ICC stratified by tumor burden score (TBS). ICC patients who underwent LLR or OLR were included from a multicenter database between July 2009 and October 2022. Patients were stratified into two cohorts based on whether the TBS was > 5.3. A 1:3 propensity score matching (PSM) analysis was performed between LLR and OLR in each cohort. Cox regression analysis was used to identify prognostic factors for ICC. A total of 626 patients were included in this study, 304 and 322 patients were classified into the low- and high-TBS groups, respectively. In the low-TBS group, after PSM, LLR was associated with less blood loss, lower CCI, fewer complications and shorter hospital stay (all *p* < 0.05). Kaplan-Meier curves revealed that LLR had better OS (*p* = 0.032). Multivariate Cox regression analysis showed that surgical procedure was an independent prognostic factor for ICC (HR: 0.445; 95% CI: 0.235-0.843; *p* = 0.013). In the high-TBS group, after PSM, LLR were associated with reduced blood loss, lower CCI, fewer complications and shorter hospital stay (all  $p < 0.05$ ), while OS ( $p = 0.98$ ) and DFS ( $p = 0.24$ ) were similar between the two groups. TBS is an important prognostic factor for ICC. LLR is a safe and feasible option for ICC and leads to faster postoperative recovery. LLR can offer ICC a comparable and even better long-term prognosis than OLR.

*Keywords* tumor burden score, intrahepatic cholangiocarcinoma, laparoscopic liver resection, open liver resection, propensity score matching

# **1. Introduction**

Intrahepatic cholangiocarcinoma (ICC), which arises from the epithelial cells of the intrahepatic bile duct, is the second most common primary liver cancer, accounting for up to 20% of all liver malignancies and 3% of gastrointestinal malignancies (*1,2*). The incidence of ICC has consistently increased over the past four decades (*3*). In the USA, this rate is increasing, with an annual percentage change of 2.3%, from 0.44 to 1.18 cases per 100,000 people between 1973 and 2012 (*3*). Surgical resection remains the first-line treatment strategy for ICC, which could be the only potential cure and provide a 5-year overall survival (OS) ranging from 20% to 35% (*4*).

Recently, with the development of laparoscopic

instruments and progress in surgical experience, laparoscopic liver resection (LLR) has been widely performed for the treatment of liver disease (*5,6*). Compared with open liver resection (OLR), LLR is associated with decreased tissue damage, less blood loss, lower occurrence of complications and a shorter hospital stay (*7,8*). Although ICC is not a contraindication for LLR, due to concerns of inadequate resection margins, uncontrollable hemorrhage and failure of lymph node dissection (LND), few reports on this topic are available (*9*). Moreover, previous studies have focused mainly on the resection of small solitary ICCs, and data related to the application of LLR for large or multiple ICCs are scarce (*10*). The feasibility and safety of LLR for varying sizes or numbers of ICCs has yet to be fully elucidated. Consequently, selecting the optimal surgical strategy for ICC remains a troublesome problem.

Tumor Burden Score (TBS), introduced in 2017, serves as a prognostic tool derived from tumor size and number and is primarily intended for colorectal liver metastases (CRLM) (*11*). Recently, TBS has been applied to stratify the prognosis of several different cancers in the liver, including hepatocellular carcinoma, ICC and CRLM (*11-14*). As such, the objective of this study was to compare the clinical characteristics of different TBS groups among patients who underwent curative liver resection for ICC using a large, multicenter cohort of patients. In addition, we sought to compare the short- and long-term outcomes between LLR and OLR for ICC treatment in different TBS groups in a casematched analysis *via* propensity score matching (PSM) and to identify perioperative variables that influence ICC prognosis, which could provide clinicians with insights into surgical options and improve the prognosis of ICC patients.

# **2. Materials and Methods**

# 2.1. Patient selection

Patients who underwent curative-intent liver resection between June 2009 and October 2022 at Shandong Provincial Hospital Affiliated to Shandong First Medical University, West China Hospital of Sichuan University and The First Affiliated Hospital of Zhengzhou University were enrolled. This study was approved by the Ethics Committee of Shandong Provincial Hospital Affiliated to Shandong First Medical University, West China Hospital of Sichuan University and The First Affiliated Hospital of Zhengzhou University, and informed consent was obtained from all patients.

Patients who met the following criteria were selected: *i*) ICC diagnosed based on postoperative histopathology; *ii*) good liver function, Child–Pugh class A/B (score  $\leq$  7); and *iii*) curative hepatectomy. The exclusion criteria were as follows: *i*) palliative hepatectomy (R1 or R2); *ii*) patients who were converted to laparotomy after endoscopic surgery; *iii*) patients with extrahepatic metastasis or recurrent liver cancer; *iv*) patients who had received neoadjuvant therapy; and *v*) patients with incomplete follow-up data.

#### 2.2. TBS definition and TBS grade evaluation

Preoperative imaging reports were collected for each enrolled patient to obtain accurate maximum tumor diameter and tumor number data. TBS is defined as the distance of two variables, the maximum tumor diameter (x-axis) and the tumor number (y-axis), from the origin of the Cartesian plane. The formula applies Pythagoras 'theorem:  $TBS^2 = (maximum tumor diameter)^2 + (number)$ of tumors)<sup>2</sup>. X-tile software was used to determine the optimal cut-off value for TBS (5.30 units) (*15*). Patients

were subsequently divided into high- and low-TBS groups according to the optimal cut-off value.

## 2.3. Data collection and liver resection

All patient information, including demographic details, preoperative laboratory data, surgery-related parameters and postoperative outcomes, was reviewed and retrieved from hospital electronic medical records. The neutrophilto-lymphocyte ratio (NLR) and platelet-to-lymphocyte ratio (PLR) were calculated as follows: NLR = absolute neutrophil count/absolute lymphocyte count; PLR = absolute platelet count/absolute lymphocyte count (*16,17*). Surgical complications were evaluated according to the Clavien-Dindo (CDc) classification system and comprehensive complication index (CCI) (*18,19*). Tumor staging was determined according to the American Joint Committee on Cancer (AJCC) 8th Edition staging system. All procedures were performed by experienced hepatobiliary surgeons. Before performing surgery, patients and their families must understand the pros and cons of LLR and OLR; we discuss the risks of surgery with them, and finally make decisions based on the patient's own situation.

# 2.4. Follow-up

Patients need regular follow-up after surgery, first in the first month after discharge to the outpatient clinic for the first re-examination; every three months for the next two years; and from the third year to the hospital every six months for re-examination, until death or loss to follow-up. The examinations included liver function tests, serum alpha-fetoprotein (AFP), carbohydrate antigen 19-9 (CA19-9), carbohydrate antigen 125 (CA125), carcinoembryonic antigen (CEA), and enhanced abdominal CT or magnetic resonance imaging (MRI) examinations. Recurrence was defined as local recurrence or distant metastasis detected by dynamic contrast-enhanced CT or MRI. OS was calculated from the time of liver resection to the last follow-up or death from any cause. Disease-free survival (DFS) was calculated from the time of hepatectomy to the last follow-up or tumor recurrence. The follow-up data were collected as of 31 August 2023.

#### 2.5. Statistical analysis

Continuous variables are expressed as medians and interquartile ranges (IQRs) and were compared using the Mann‒Whitney *U* test. Categorical variables are expressed as numbers (percentages) and were analyzed *via* the chi-square test or Fisher's exact test. Survival curves were generated using the Kaplan–Meier method and compared *via* the log-rank test. The patients were categorized into a high TBS group ( $n = 322$ ) and a low TBS group  $(n = 304)$  based on an optimal TBS cutoff value of 5.30. To mitigate discrepancies in baseline characteristics between the LLR and OLR groups, a 1:3 propensity score matching was conducted utilizing nearest neighbor matching within both the high and low TBS groups. The covariates employed for achieving balance included all baseline variables, excluding surgical outcomes, with a caliper radius established at a standard deviation of 0.02 to ensure adequate matching quality. After the matching, continuous variables were compared using the Mann-Whitney *U* test, while categorical variables were assessed through the chi-square test or Fisher's exact test to identify any residual imbalances. Univariate and multivariate Cox proportional hazards models were used to identify prognostic factors associated with OS. In univariate analyses, variables with  $p < 0.1$  were considered worthy of inclusion in multivariate analyses. The optimal cut-off value of TBS was calculated *via* X-tile software (3.6.1). All other statistical analyses were performed using SPSS software (27.0) and R (4.4.0). All tests were twotailed, and a  $p$  value  $\leq 0.05$  was considered statistically significant.

#### **3. Results**

# 3.1. Characteristics of the entire study population

The flow chart of this study is shown in Figure 1. A total of 947 liver resections for ICC were conducted during the study period, of which 626 patients who underwent curative liver resection and met the inclusion criteria were enrolled. The baseline characteristics of the 626 patients are shown in Table 1. The median age was 59.0 years, with 339 male patients (54.2%). A total of 243 (38.8%) patients received LND, while 127 (20.3%) patients underwent LLR. The median diameter of the largest lesion was 5.3 cm, while multiple tumors were present in 89 (14.2%) of the patients; consequently, the median TBS was 5.49.

The optimal cut-off value of the TBS for OS was determined to be 5.30 according to X-tile analysis (Supplemental Figure S1, *[https://www.biosciencetrends.](https://www.biosciencetrends.com/supplementaldata/230)* *[com/action/getSupplementalData.php?ID=230](https://www.biosciencetrends.com/supplementaldata/230)*). Accordingly, 304 patients (48.6%) and 322 patients (51.4%) were classified into the low- and high-TBS groups, respectively. Patients with high TBS disease more often had poorer oncologic features and worse preoperative laboratory tests. The KM analysis revealed that patients in the high-TBS group had a significantly poorer prognosis than those in the low-TBS group (*p* < 0.01).

3.2. Patient characteristics between different surgical procedures in the low- and high-TBS groups

Table 2 presents the baseline characteristics of the participants in the low-TBS cohort. A total of 68 (22.4%) patients underwent LLR. Before PSM, there were notable differences between the LLR and OLR groups in body mass index (BMI, 23.31 *vs.* 24.34 kg/m<sup>2</sup>;  $p = 0.020$ ), platelet (PLT, 176.00 *vs.* 198.00\*10<sup>9</sup>/L;  $p = 0.044$ ), PLR (107.50 *vs.* 124.81;  $p = 0.046$ ), white blood cell (WBC, 5.90 *vs.* 5.46\*10<sup>9</sup>/L;  $p = 0.019$ ), neutrophil (NE, 3.69 *vs.*  $3.23*10<sup>9</sup>/L$ ;  $p = 0.019$ ), aspartate aminotransferase (AST, 27.00 *vs.* 25.00u/L; *p* = 0.042), and CA199 (50.77 *vs.* 28.03 u/mL;  $p = 0.003$ ). Notably, disparities in nerve invasion ( $p = 0.048$ ), lymphatic metastasis ( $p = 0.009$ ), Adjuvant therapy  $(p = 0.020)$  and TNM stage  $(p < 0.001)$ were noted between the two groups. After PSM, the OLR group consisted of 93 patients, while the LLR group included 47 patients, with a more balanced distribution of characteristics between the two groups.

The baseline characteristics of patients in the high-TBS cohort are presented in Table 3. The LLR group consisted of 59 (18.3%) ICC patients. Before PSM, there were notable differences between the LLR and OLR groups in BMI (22.84 *vs.* 24.91 kg/m<sup>2</sup>;  $p$  $<$  0.001), PLT (190.00 *vs.* 233.00\*10<sup>9</sup>/L;  $p$   $<$  0.001), total bilirubin (TB, 13.60 *vs.* 11.50 μmol/L; *p* = 0.004), alanine aminotransferase (ALT, 25.00 *vs.* 19.00 U/L; *p*  = 0.005), AST (31.00 *vs*.25.00 U/L; *p* < 0.001), alkaline phosphatase (ALP, 128.00 *vs*. 99.00 U/L; *p* < 0.001), GGT (88.00 *vs.* 51.00 U/L; *p* < 0.001), AFP (3.50 *vs*. 2.70 ng/mL; *p* = 0.018), lymphatic metastasis (24.7 *vs.*



**Figure 1. Flow chart of this study showing the selection process of ICC patients who underwent LLR or OLR.** ICC intrahepatic cholangiocarcinoma, LLR laparoscopic liver resection, OLR open liver resection, PSM propensity score matching. Because some cases could not simultaneously find effective matching objects, the matching result was not an absolute 1:3.

Variables	The total cohort ( $n = 626$ )	Low TBS cohort $(n = 304)$	High TBS cohort ( $n = 322$ )	$p$ value
Age, median (IQR), years Gender	59.00 (51.00-65.00)	58.00 (50.00-65.00)	59.00 (51.00-65.00)	0.464 0.483
Female, $n$ (%)	287 (45.8)	135 (44.4)	152 (47.2)	
Male, $n$ $(\%)$	339 (54.2)	169(55.6)	170(52.8)	
Short stature, median (IQR), m	$1.63(1.57-1.69)$	$1.63(1.58-1.70)$	$1.63(1.57-1.69)$	0.192
Weight, median (IQR), Kg	$61.00(54.14-70.00)$	62.28 (54.11-71.00)	60.14 (54.38-68.03)	0.138
BMI, median (IQR), kg/m <sup>2</sup>	23.31 (20.96-25.75)	23.67 (20.85-25.93)	23.06 (21.15-25.68)	0.466
Hypertension, $n$ (%)	151(24.1)	79 (26.0)	72 (22.4)	0.289
Diabetes, $n$ (%)	60 (9.6)	27(8.9)	33(10.2)	0.561
Alcohol, $n$ $(\%)$	139(22.2)	62(20.4)	77(23.9)	0.290
HBV, $n$ $(\%)$	177(28.3)	90(29.6)	87(27.0)	0.473
HCV, $n$ $(\%)$	4(0.6)	4(1.3)		0.039
WBC, median (IQR), 10^9/L	$6.40(5.17-7.73)$	5.83 (4.78-7.06)	$6.96(5.65-8.18)$	< 0.001
NE, median (IQR), 10^9/L	$4.07(3.13 - 5.34)$	$3.57(2.81 - 4.58)$	$4.55(3.64 - 5.77)$	< 0.001
Lym, median (IQR), 10^9/L	$1.53(1.20-1.89)$	$1.55(1.20-1.97)$	$1.53(1.21-1.85)$	0.426
NLR, median (IQR), %	$2.64(1.86-3.69)$	$2.29(1.62 - 3.18)$	2.98 (2.20-4.28)	< 0.001
PLT, median (IQR), 10^9/L	190.00 (138.00-239.50)	182.00 (131.00-230.00)	196.00 (148.75-250.00)	0.004
PLR, median (IQR), %	121.28 (88.41-167.12)	110.50 (85.71-151.72)	131.06 (93.57-180.96)	0.001
PT, median (IQR), s	$1.02(0.97-1.08)$	$1.02(0.97-1.07)$	$1.01(0.96-1.08)$	0.640
INR, median (IQR), %	11.90 (11.20-12.70)	11.80 (11.20-12.60)	11.90 (11.20-12.83)	0.346
TB, median (IQR), µmol/L	14.40 (10.90-19.20)	15.10 (11.70-20.33)	13.05 (10.25-18.23)	$0.001$
ALT, median (IQR), U/L	24.00 (16.00-39.00)	25.00 (16.00-41.00)	24.00 (16.00-38.00)	0.175
AST, median (IQR), U/L	28.00 (22.00-39.00)	27.00 (21.00-36.00)	30.00 (24.00-40.25)	0.012
ALP, median (IQR), U/L	108.00 (84.50-165.00)	96.00 (77.00-140.00)	121.50 (94.75-181.25)	< 0.001
GGT, median (IQR), U/L	65.00 (34.00-154.00)	54.00 (26.00-134.00)	74.00 (43.00-165.50)	< 0.001
AFP, median (IQR), ng/mL	$3.03(1.98-5.34)$	$2.83(1.90-4.50)$	$3.36(2.07-6.09)$	0.002
CA199, median (IQR), U/mL	58.50 (17.02-558.70)	47.11 (15.70-262.70)	93.15 (20.51-834.03)	0.001
CA125, median (IQR), U/ml	18.80 (9.51-61.87)	15.28 (8.65-39.71)	26.55 (10.79-87.44)	< 0.001
CEA, median (IQR), ng/mL	$2.86(1.60-5.91)$	$2.78(1.54-4.80)$	$3.02(1.60-8.06)$	0.160
Child–Pugh, $n$ $(\%)$				0.917
А	580 (92.7)	282 (92.8)	298 (92.5)	
B	46(7.3)	22(7.2)	24 (7.5)	
Nerve invasion, $n$ (%)	103(16.5)	72(23.7)	31 (9.6)	< 0.001
Differentiation, $n$ (%)				0.288
Poor	339 (54.2)	158(52.0)	181 (56.2)	
Moderate / Well	287 (45.8)	146(48.0)	141 (43.8)	
Satellite nodules, $n$ (%)	75 (12.0)	22(7.2)	53 (16.5)	${}_{< 0.001}$
Lymphatic metastasis, $n$ (%)	123(19.6)	55 (18.1)	68 (21.1)	0.341
Capsular invasion, $n$ (%)	326(52.1)	132(43.4)	194(60.2)	< 0.001
Maximum tumor size (IQR), cm	$5.30(3.70-7.20)$	$3.55(3.00-4.50)$	$7.00(6.00-9.00)$	< 0.001
Multiple tumors, $n$ (%)	89 (14.2)	28(9.2)	61(18.9)	< 0.001
TNM, $n$ $%$				0.008
$1/\prod$	322 (51.4)	173 (56.9)	149 (46.3)	
<b>III/IV</b>	304(48.6)	131(43.1)	173(53.7)	
Operation time (IQR), min	240.00 (180.00-305.00)	210.00 (170.00-278.75)	255.00 (180.00-320.00)	0.008
Blood loss (IQR), ml	200.00 (20.00-400.00)	100.00 (20.00-200.00)	300.00 (100.00-400.00)	< 0.001
CCI (IQR)	8.70 (8.70-22.60)	8.70 (8.70-22.60)	8.70 (8.70-22.60)	0.833
CD, $n$ (%)	82 (13.1)	40 (13.2)	42(13.0)	0.966
Lymph node dissection, $n$ (%)	243 (38.8)	105(34.5)	138 (42.9)	0.033
Length of hospital stay (IQR), d	12.00 (10.00-16.00)	$12.00(9.75 - 16.00)$	13.00 (11.00-17.00)	0.141
Waiting time for surgery (IQR), d	$4.00(3.00-6.00)$	$4.00(3.00-5.25)$	$4.00(3.00-6.00)$	0.759
Postoperative discharge time (IQR), d	$8.00(6.00-11.00)$	$8.00(6.00-10.00)$	$9.00(7.00-11.00)$	0.060
Surgical approach, $n$ (%)				0.208
LLR	127(20.3)	68 (22.4)	59 (18.3)	
<b>OLR</b>	499 (79.7)	236 (77.6)	263 (81.7)	
Adjuvant therapy, $n$ (%)	200 (31.9)	93 (30.6)	107(33.2)	0.479

**Table 1. The baseline characteristics and surgical outcomes of ICC patients in the total cohort, low TBS cohort, and high TBS cohort**

Data are presented as *n* (%) or median (IQR); Bold text hinted that these variables were statistically significant. ICC, intrahepatic cholangiocarcinoma; TBS, tumor burden score; LLR, laparoscopic liver resection; OLR, open liver resection; PSM, propensity score matching; BMI, body mass index; HBV, hepatitis B virus; HCV, hepatitis C virus; WBC, white blood cells; NE, neutrophils; Lym, lymphocytes; NLR, neutrophil-to-lymphocyte ratio; PLT, platelets; PLR, platelet-to-lymphocyte ratio; PT, prothrombin time; INR, international normalized ratio; TB, total bilirubin; ALT, alanine aminotransferase; AST, aspartate aminotransferase; ALP, alkaline phosphatase; GGT, gamma-glutamyltransferase; AFP, alpha-fetoprotein; CA199, carbohydrate antigen 19-9; CA125, carbohydrate antigen 125; CEA, carcinoembryonic antigen; CCI, charlson comorbidity index, CD, Clavien–Dindo ≥ III; IQR, interquartile range.





9; CA125, carbohydrate antigen 125; CEA, carcinoembryonic antigen; IQR, interquartile range.



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Postoperative discharge time (IQR), d

9.00 (8.00-12.00)

6.50 (5.00-8.00)

10.00 (7.00-11.75)

7.00 (5.00-10.00)



**Figure 2. Kaplan–Meier curves estimating OS and DFS of ICC patients in the low TBS group before and after PSM. (A, B)** OS and DFS of ICC patients who underwent LLR or OLR before PSM; **(C, D)** OS and RFS of ICC patients who underwent LLR or OLR after PSM. ICC, intrahepatic cholangiocarcinoma; PSM, propensity score matching; LLR, laparoscopic liver resection; OLR, open liver resection; OS, overall survival; DFS, disease-free survival.



**Figure 3. Kaplan–Meier curves estimating OS and DFS of ICC patients in the high TBS group before and after PSM. (A, B)** OS and DFS of ICC patients who underwent LLR or OLR before PSM; **(C, D)** OS and RFS of ICC patients who underwent LLR or OLR after PSM. ICC, intrahepatic cholangiocarcinoma; PSM, propensity score matching; LLR, laparoscopic liver resection; OLR, open liver resection; OS, overall survival; DFS, disease-free survival.

5.1 percent;  $p = 0.001$ ) and TNM stage (I/II: 40.7 *vs.* 71.2 percent; III/IV: 59.3 *vs.* 28.8 percent; *p* < 0.001). After PSM, the OLR group consisted of 31 patients, and the LLR group included 57 patients, with the disparities between the groups being effectively mitigated.

3.3. Perioperative outcomes between different surgical procedures in the low- and high-TBS groups

Table 4 provides the surgical outcomes in the low-TBS cohort. Before PSM, the operation time (242.50 *vs*. 187.50 min; *p* = 0.038), blood loss (200.00 *vs.* 75.00 mL; *p* = 0.001), waiting time for surgery (4.00 *vs*. 3.00 d; *p*   $= 0.043$ ), incidence of CDc grade  $\geq$  IIIa complications (25.4 *vs.* 11.7 percent, *p* = 0.017), CCI (20.9 *vs.* 8.70; *p*  = 0.047), and postoperative discharge time (9.00 *vs.* 6.00 d;  $p = 0.001$ ) were greater in the OLR group. After PSM, LLR was still associated with less blood loss (125.00 *vs.* 100.00 mL; *p* = 0.016), lower CCI (8.7 *vs.* 8.7; *p* = 0.017), a decreased incidence rate of CDc grade  $\geq$  IIIa complications (24.7 *vs.* 10.6 percent;  $p = 0.049$ ) and a shorter postoperative discharge time (9.00 *vs.* 6.00 d; *p* < 0.001).

Table 5 presents the surgical outcomes in the high-TBS cohort. Before PSM, the LLR group presented reduced blood loss (300.00 *vs.* 100.00 mL; *p* < 0.001) and a shorter postoperative discharge time (9.00 *vs.* 6.50 d; *p*   $= 0.010$ ). After PSM, the LLR group was associated with reduced blood loss (325.00 *vs.* 100.00 mL; *p* = 0.001), lower CCI (22.60 *vs.* 8.70; *p* = 0.035), a decreased incidence of CDc grade ≥ IIIa complications (22.8 *vs.* 3.2 percent;  $p = 0.016$ ) and a shorter postoperative discharge time (10.00 *vs.* 7.00 d;  $p = 0.010$ ).

3.4. Analysis of OS and RFS between different surgical procedures in the low- and high-TBS groups

Figure 2 shows a comparative analysis of the long-term outcomes among patients who underwent LLR and OLR in the low-TBS cohort. Before PSM, the results indicated that LLR exhibited superior OS, with LLR patients demonstrating higher OS rates at 1, 3, and 5 years than OLR patients (1 year: 94.1% *vs.* 77.9%; 3 years: 55.1%





Bold text hinted that these variables were statistically significant. ICC, intrahepatic cholangiocarcinoma; TBS, tumor burden score; PSM, propensity score matching; *OS*, overall survival; *HR*, hazard ratio; *CI*, confidence interval; BMI, body mass index; HBV, hepatitis B virus; HCV, hepatitis C virus; WBC, white blood cells; NE, neutrophils; Lym, lymphocytes; NLR, neutrophil-to-lymphocyte ratio; PLT, platelets; PLR, platelet-to-lymphocyte ratio; PT, prothrombin time; INR, international normalized ratio; TB, total bilirubin; ALT, alanine aminotransferase; AST, aspartate aminotransferase; ALP, alkaline phosphatase; GGT, gamma-glutamyltransferase; AFP, alpha-fetoprotein; CA199, carbohydrate antigen 19-9; CA125, carbohydrate antigen 125; CEA, carcinoembryonic antigen; LLR, laparoscopic liver resection; OLR, open liver resection; CCI, charlson comorbidity index, CD, Clavien–Dindo  $\geq$  III.

*vs.* 40.6%; 5 years: 50.9% *vs.* 31.7%, *p* = 0.0058). However, both groups presented similar DFS ( $p = 0.14$ ). After PSM, the LLR group continued to have a better OS than the OLR group ( $p = 0.032$ ), while DFS was comparable between the two groups. Notably, the median DFS time in the LLR group appeared to be longer than that in the OLR group (29 months *vs.* 25 months,  $p =$ 0.068).

In the high TBS cohort, Figure 3 shows that before PSM, the OS in the LLR group is comparable to that in the OLR group. However, the median survival time was seemingly superior in the LLR group than in the OLR group (33 months versus 19 months,  $p = 0.082$ ), with no statistically significant difference in DFS between the two groups ( $p = 0.68$ ). After PSM, there was no significant difference in OS ( $p = 0.98$ ) or DFS ( $p = 0.24$ ) between the two groups.

3.5. Univariable and multivariable Cox regression analyses of OS in the low- and high-TBS cohorts

Table 5 presents the results of Cox regression analysis exploring risk factors for OS in the low-TBS cohort. Univariate Cox regression analysis revealed that sex, PLR, ALP, γ-glutamyl transpeptidase (GGT), CA125, nerve invasion, lymphatic metastasis and surgical





Bold text hinted that these variables were statistically significant. ICC, intrahepatic cholangiocarcinoma; TBS, tumor burden score; PSM, propensity score matching; *OS*, overall survival; *HR*, hazard ratio; *CI*, confidence interval; BMI, body mass index; HBV, hepatitis B virus; HCV, hepatitis C virus; WBC, white blood cells; NE, neutrophils; Lym, lymphocytes; NLR, neutrophil-to-lymphocyte ratio; PLT, platelets; PLR, platelet-to-lymphocyte ratio; PT, prothrombin time; INR, international normalized ratio; TB, total bilirubin; ALT, alanine aminotransferase; AST, aspartate aminotransferase; ALP, alkaline phosphatase; GGT, gamma-glutamyltransferase; AFP, alpha-fetoprotein; CA199, carbohydrate antigen 19-9; CA125, carbohydrate antigen 125; CEA, carcinoembryonic antigen; LLR, laparoscopic liver resection; OLR, open liver resection; CCI, charlson comorbidity index, CD, Clavien–Dindo ≥ III.

approach were significantly associated with OS (all *p* < 0.05). Multivariate analysis confirmed that CA125 (HR: 1.004; 95% CI : 1.001–1.007; *p* = 0.003), lymphatic metastasis (HR: 3.081; 95% CI : 1.394–6.808; *p* = 0.005), and surgical approach (HR: 0.445; 95% CI : 0.235–0.843;  $p = 0.013$ ) remained significantly correlated with OS.

Table 6 presents a detailed summary of the Cox regression analyses that were carried out to identify prognostic factors impacting OS in the high-TBS cohort. Univariate Cox regression analysis revealed that alcohol intake, ALP, GGT, CA199, CA125, CEA, Child-Pugh, and nerve invasion were linked to OS (all  $p \le 0.05$ ). Multivariate analysis confirmed that alcohol intake (HR: 2.081; 95% CI: 1.046-4.138; *p* = 0.037), CEA (HR: 1.002; 95% CI: 1.000-1.004;  $p=0.044$ ), and Child-Pugh (HR: 0.091; 95% CI: 0.009-0.930; *p* = 0.043), continued to show significant associations with OS (Table 7).

# **4. Discussion**

According to the guidelines of the American Association for the Study of Liver Diseases (AASLD) and the European Association for the Study of the Liver (EASL), liver resection is indicated for patients with early-stage ICC (*20,21*). In recent years, LLR has been approved as a safe approach and has been applied for the treatment of many liver diseases. However, LLR is not recommended as a routine approach in the treatment of ICC according to the guidelines of AASLD and EASL. Moreover, the application of LLR in radical surgery for ICC lacks sufficient data, leading to uncertainty among clinicians regarding the selection of the optimal surgical procedure (*7*). Tumor size and number are important characteristics of solid tumors and are used in the selection of optimal treatment strategies (*22,23*). TBS, as a metric of tumor size and number, showed better efficacy in evaluating tumor burden and predicting long-term survival than tumor size and number (*11,14*).

In this study, through analyzing the clinical and follow-up data of 626 ICC patients from a multicenter database, several interesting findings were obtained. First, TBS, which is associated with poor tumor-related characteristics, may be a good indicator for predicting the long-term outcomes in ICC. Second, compared to OLR, LLR was associated with faster postoperative recovery. Third, patients with a low TBS grade (< 5.30) may benefit from LLR in terms of OS and DFS, while LLR could provide a comparable long-term survival for patients with a high TBS grade  $($  > 5.30) compared to those who undergo OLR.

The number and size of tumors represent important morphologic considerations in the staging of ICC (*20,21*). Multiple foci of tumors may represent intrahepatic metastases, and tumor size is considered an important prognostic factor for ICC according to the latest AJCC staging system. Our previous study also revealed that tumor size was an independent risk factor for solitary

ICC (*24*). Consequently, TBS may be helpful in capturing the tumor burden and predicting prognosis. For example, Moazzam *et al*. reported that TBS was an important prognostic factor for ICC and was associated with a higher risk of recurrence (*25*). In addition, Li *et al*. demonstrated that TBS could stratify ICC patients into different prognostic groups (*14*). In our study, ICC patients were stratified into two groups based on TBS. Obviously, there were significant differences between the two groups, including TNM stage, PLR and CA199, *etc*. Each of these factors was also an independent prognostic factor for ICC, which may lead to a poorer prognosis for ICC with high TBS grade. In fact, multivariate analysis still revealed that TBS was an independent risk factor for ICC. These findings suggest that TBS is an important prognostic factor for ICC and could be a good indicator for stratifying ICC patients into different groups.

Our results suggest that LLR is associated with faster postoperative recovery. Previous studies have shown that LLR was associated with less blood loss, a lower transfusion rate and a shorter postoperative hospital stay (*26-29*). However, these results focused mainly on the application of LLR in solitary ICC. For large or multiple ICCs, owing to the concerns of difficulty in achieving R0 resection and LND and tumor rupture (*30*), massive bleeding and tumor seeding, few studies have been conducted on this topic. In our study, after PSM, LLR remained related to less blood loss, lower CCI and shorter hospital stay in the high-TBS group. Several researchers have also reported that for large  $(\geq 5 \text{ cm})$ and multiple  $(\geq 2)$  ICCs, LLR could provide no worse short-term outcomes (*9*). These findings suggest that for treating ICC with high TBS grade, although LLR could be a complicated procedure, it remains a feasible and safe choice.

Our results further suggest that patients with a low TBS grade (< 5.30) may benefit from LLR in terms of OS and DFS, while LLR could provide a comparable long-term survival for patients with a high TBS grade (> 5.30) compared to those who undergo OLR. In the low-TBS group, survival analysis revealed that LLR had better OS than OLR before and after PSM. Indeed, in the Cox regression analysis, the surgical procedure was an independent prognostic factor for ICC. Several reasons could explain this issue: the low incidence rate of postoperative complications, the effective initiation of adjuvant therapies and the biologically favorable context provided by laparoscopy (*31,32*). In the high-TBS group, there were no statistically significant differences in OS or DFS between the LLR and OLR groups. These findings, together with those of other studies (*33*), lead us to conclude that LLR offers ICC patients a comparable and even better long-term prognosis than OLR, and this conclusion is more applicable in patients with low TBS scores.

One of the main concerns for LLR in treating ICC is the difficulty in performing LND. Indeed, the role of LND for ICC remains controversial (*34,35*). Many previous studies urged surgeons to conduct LND as a routine procedure to provide accurate staging for ICC and improve survival. Consequently, routine LND is recommended by many experts and guidelines. However, some scholars argued against this because patients did not benefit from LND (*36*), which was also proven in our previous study (*37*). In this study, we found that more LND was performed in the high-TBS group, possibly because large or multiple ICCs were more likely to have positive lymph node status based on the preoperative imaging or intraoperative assessment. However, there was no significant difference in the rate of lymph node metastasis between the low- and high-TBS groups. In addition, there was no difference in the LND rate between the LLR and OLR groups in either the low or high TBS group after PSM. These findings are consistent with several studies (*38,39*). Furthermore, Ratti *et al*. revealed that for patients with biliary cancers, LND performed *via* a laparoscopic apparatus was associated with lower lymphadenectomy-related morbidity (*27*). These findings lead us to conclude that LND is no longer a hindrance to the application of LLR in treating ICC.

Multivariate Cox regression analysis was used to explore independent prognostic factors for ICC. Similar to the findings of previous studies, high CA125 and lymph node metastasis were poor prognostic factors in the low-TBS group (*40,41*), and patients with high CEA had significantly worse OS in the high-TBS group (*42*). Our finding that Child-Pugh class B score is a poor prognostic predictor is supported by many other studies (43-45). The Child-Pugh grade is used to evaluate the hepatic function reserve before treatment. However, recent studies revealed that a poorer hepatic reserve might lead to a deficiency of immune surveillance and defense by the liver; thus, the elimination of residual and migrating tumor cells by the immune system was impaired, which could cause tumor progression (*43,46,47*). Alcohol consumption was believed to be a risk factor for developing ICC (*48*), and it was identified to be a poor prognostic factor for ICC in the high-TBS group. However, the impact of alcohol consumption on the prognosis of individuals with this condition remains uncertain. Only a recent study revealed that it affected the prognosis of patients with recurrent ICC (*49*). Based on the findings in our study, reducing alcohol consumption was necessary to reduce the incidence and improve the prognosis of ICC.

Several limitations of the study warrant consideration. First, owing to its retrospective nature, selection bias was inherent, despite efforts to mitigate bias through 1:3 propensity score matching. Second, although TBS is an indicator that has high predictive ability, for multiple ICCs, it cannot reflect the influence of different locations on the long-term outcomes. Furthermore, the study cohort comprised solely individuals from China, thus potentially limiting the generalizability of the findings

to populations with different living environments and habits. To enhance the broader applicability of the study results, external validation in diverse ethnic groups is recommended.

In conclusion, our study suggests that TBS is an important prognostic factor for ICC and could stratify ICC patients into groups with different survival outcomes. Compared with OLR, LLR is a safe and feasible option for treating ICC and is associated with faster postoperative recovery. Furthermore, patients with a low TBS grade (< 5.30) may benefit from LLR in terms of OS and DFS, while LLR could provide a comparable long-term outcome for patients with a high TBS grade (> 5.30) compared to those who undergo OLR.

#### **Acknowledgements**

We thank all the surgeons and other partners of the Department of Liver Transplantation and Hepatobiliary Surgery, Shandong Provincial Hospital Affiliated to Shandong First Medical University, the Department of Liver Surgery, West China Hospital and Department of Hepatobiliary and Pancreatic Surgery, The First Affiliated Hospital of Zhengzhou University.

*Funding*: This study was supported by National Natural Science Foundation of China (No. 81373172, 81770646), Postdoctoral Research Foundation of China (No. 2021M702031), and Natural Science Foundation of Shandong Province (ZR2023QH063).

*Conflict of Interest*: The authors have no conflicts of interest to disclose.

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Received September 6, 2024; Revised October 16, 2024; Accepted November 21, 2024.

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Released online in J-STAGE as advance publication December 12, 2024.