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Review

Conversion therapy for initially unresectable hepatocellular carcinoma: Current status and prospects

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SUMMARY Research has shown that locoregional and/or systemic treatments can reduce the tumor stage, enabling radical surgical resection in patients with initially unresectable hepatocellular carcinoma. This is referred to as conversion therapy. Patients who undergo conversion therapy followed by curative surgery experience a significant survival benefit compared to those who receive chemotherapy alone, those who are successfully downstaged with conversion therapy but not treated with surgery, or those who are treated with upfront surgery. Several treatments have been studied as conversion therapy. However, the success rate of conversion varies greatly, ranging from 0.8% to 60%. Combined locoregional plus systemic conversion therapy has demonstrated significant clinical advantages, with a conversion rate of up to 60%, an objective remission rate of 96% for patients, and a disease control rate of up to 100%. However, patients who underwent conversion therapy experienced significantly more complications than those who underwent direct LR without conversion therapy. Conversion therapy can cause hepatotoxicity, bone marrow suppression, local adhesions, increased fragility of blood vessels and liver tissues, and hepatic edema, which can increase the difficulty of surgery. In addition, criteria need to be established to evaluate the efficacy of conversion therapy and subsequent treatment. Further clinical evidence in this area is urgently needed.

Keywords TACE, TARE, TKI, immunotherapy, clinical trial, adjuvant therapy

1. Introduction

Hepatocellular carcinoma (HCC) is the most common primary liver malignancy and the third leading cause of cancer-related deaths worldwide. The majority of HCC cases occur in Asian countries (1). Treatment allocation is a critical step in managing patients with HCC due to the high heterogeneity of the disease at the clinical, pathologic, and molecular levels. Surgical resection is considered the most effective treatment for primary HCC. However, many patients may not be eligible for liver resection (LR) initially due to anatomical limitations, multifocal disease, insufficient functional hepatic reserve, extrahepatic metastases, or comorbidities (2). Unresectable hepatocellular carcinoma (uHCC) is defined as HCC confined to the liver but not suitable for surgical or radical treatment, according to the latest guidelines worldwide. The treatment of uHCC remains a challenge in this field.

Conversion therapy is a treatment aimed at

downstaging initial uHCC to resectable HCC, providing the opportunity for subsequent curative resection (3, 4). According to one study, patients who underwent a liver resection (LR) after tumor downstaging had a 5-year survival rate ranging from 24.9% to 57% (5). According to recent studies, conversion therapy has been found to increase tumor-free survival (TFS) and overall survival (OS) of patients with uHCC. However, the conversion rate from unresectable to resectable disease varies widely, ranging from 0.8% to 60% (Table 1). The surgical conversion rate with locoregional therapy alone ranges from 5.6% to 28.6%, that with systemic therapy alone ranges from 4.9% to 52%, and that with combined locoregional and systemic therapy ranges from 12% to 60%. Conversion therapy for HCC is performed in Asia with reported conversion rates ranging from 0.8% to 60% in China, 6.8% to 20% in South Korea, and 4.6% to 31.8% in Japan. In the US, locoregional or systemic therapy conversion rates ranged from 9% to 33%. Transarterial radioembolization (TARE) conversion rates

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Zhang et al. (10) 5.0% TACE-EPD1 inhibitors-TKIProspective, multi-centerBCLC BIC 8.2% 8.42% 8.42% 8.42% 8.42% 8.42% 8.72% 8.23% 8.14% 8.22% 8.23%	Iti-center BCLC B/C I, phase IV BCLC B/C BCLC B/C BCLC B/C BCLC A/B BCLC A/B Unresectable HCC Potentially resectable HCC Potentially resectable HCC BCLC A/B/C BCLC A/B/C BCLC A/B/C BCLC A/B/C BCLC A/B/C BCLC A/B/C BCLC A/B/C BCLC A/B/C	34.2% 94.7 33.1% N/A 35.1% N/A 36.7% N/A 56.7% N/A 35.5% 86.5 35.2% 93.6 35.0% 94.4 35.0% 94.4 35.0% 94.4 35.0% 94.4 35.0% 94.4 35.0% 94.4	% 12 months (91.7%) 12 months NR N/A N/A N/A N/A N/A N/A N/A N/A N/A N/A	12 months (96.4%) 12 months NR N/A N/A NR NR NR NR NR NR NR NR NR NR NR
Zhang et al. (10)51.0%Lewatinib+PDL inhibitorNon-randomized, phase IVBECLE BIC53.1%NMLiet al. (12)50%Lewatinib+PDL inhibitorNon-randomized, phase IVBECLE ABC53.1%NMLiet al. (13)46.7%HAIC (FOLFOX)+TACERetrospectiveBECLE ABC57.7%86.5%Liet al. (13)40.5%Lewatinib+Pinilianb+BB105ProspectiveBECLE ABC55.7%86.5%Gan et al. (15)40.5%Lewatinib+Pinilianb+BB105ProspectiveBECLE ABC55.7%86.5%Gan et al. (15)33.7%TACEHenstnihb+PDL inhibitorsRetrospectiveBECLE ABC55.7%86.5%Wu et al. (16)38.7%TACEHenstnihb+TACERetrospectiveBECLE ABC57.7%86.5%Wite al. (10)33.8%TACEHenstnihb+TACERetrospectiveBECLE ABC57.7%86.5%Wite al. (10)33.8%TACEHENSTRetrospectiveBECLE ABC57.7%86.5%Viet al. (10)23.8%TACEHENSTRetrospectiveBECLE ABC57.7%57.2%Sintilinab+IervatinibRetrospectiveBECLE ABC57.7%57.2%57.2%Zeng et al. (20)23.8%TACEHENSTRetrospectiveBECLE ABC57.7%Sinti et al. (21)23.8%TACEHENSTRetrospectiveBECLE ABC57.7%Sinti et al. (22)19.8%PD-11 inhibitorRetrospectiveBECLE ABC57.7%Sinti et al. (23)19.8%PD-11 inhibitorRetrospectiveBECLE ABC5	I, phase IV BCLC B/C BCLC B/C BCLC B/C BCLC A/B BCLC A/B BCLC A/B Unresectable HCC Potentially resectable HCC Potentially resectable HCC BCLC A/B/C BCLC A/B/C BCLC A/B/C BCLC A/B/C BCLC A/B/C BCLC A/B/C BCLC A/B/C	53.1% N/A 76.7% 80% 76.7% 80% 75.7% N/A 45.5% 86.5 75.7% 86.5 75.7% 86.5 75.7% 93.6 94.4 53.0% 94.4 53.0% 94.4	12 months NR N/A N/A N/A N/A N/A N/A N/A N/A N/A NR NR NR NR NR NR NR NR NR NR NR NR NR	12 months NR N/A N/A N/A NR NR NR NR NR NR NR NR 12 months (95.7%)
Qu et al. (12) 50% Lervatinhe/HACE+ropialinabRetrospective $BCLC B(C)$ 57% 80% Liu et al. (13) 48% HAIC (FOLFOX)+TACERetrospective $BCLC B(C)$ 57% 80% Liu et al. (14) 2.4% Lervatinhe/HD11 inhibitorsRetrospective $BCLC A(B)$ 14.6% 9.27% Liu et al. (14) 2.4% Lervatinhe/HD11 inhibitorsRetrospective $BCLC A(B)$ 5.7% 86.5% 86.5% War et al. (16) 38.7% TACH-Invartinh-PD11 inhibitorsRetrospective $BCLC A(B)$ 75.7% 86.5% 86.5% War et al. (16) 38.7% TACH-Invartinh-PD11 inhibitorsRetrospective $BCLC A(B)$ 75.7% 86.5% 86.7% War et al. (10) 23.9% Lervatinh-HD11 inhibitorsRetrospective $BCLC A(B)$ 70.0% 94.4% Vang et al. (10) 23.7% Pentholizamah-Harvatinh-HACERetrospective $BCLC A(B)$ 70.0% Van et al. (20) 23.9% Lervatinh-HD11 inhibitorsRetrospective $BCLC A(B)$ 70.0% Zhu et al. (20) 23.9% Lervatinh-HD11 inhibitorsRetrospective $BCLC A(B)$ 70.0% Zhu et al. (21) 23.9% Lervatinh-HD11 inhibitorsRetrospective $BCLC A(B)$ 70.0% Zhu et al. (22) 18.6% HAC-HD11 inhibitorsRetrospective $BCLC A(B)$ 70.0% Zhu et al. (22) 23.9% Lervatinh+HACRetrospective $BCLC A(B)$ 70.0% Zhu et al. (23) 23.9% Lervatinh+HAC <t< td=""><td>BCLC B/C BCLC B/C BCLC A/B BCLC A/B Unresectable HCC Potentially resectable HCC Potentially resectable HCC BCLC A/B/C BCLC A/B/C BCLC B/C BCLC B/C</td><td>76.7% 80% 14.6% 92.7 45.5% N/A 45.5% N/A 45.5% 86.5 75.7% 86.5 75.7% 92.4 85.0% 94.4 93.6% 94.4</td><td>NR N/A N/A N/A N/A N/A N/A N/A NR NR NR NR NR NR NR NR NR NR NR NR NR</td><td>NR NR N/A N/A NR NR NR NR NR NR 12 months (95.7%)</td></t<>	BCLC B/C BCLC B/C BCLC A/B BCLC A/B Unresectable HCC Potentially resectable HCC Potentially resectable HCC BCLC A/B/C BCLC A/B/C BCLC B/C BCLC B/C	76.7% 80% 14.6% 92.7 45.5% N/A 45.5% N/A 45.5% 86.5 75.7% 86.5 75.7% 92.4 85.0% 94.4 93.6% 94.4	NR N/A N/A N/A N/A N/A N/A N/A NR NR NR NR NR NR NR NR NR NR NR NR NR	NR NR N/A N/A NR NR NR NR NR NR 12 months (95.7%)
Li et al. (13)48.8%HAIC (FOLFOX)+TACERenospectiveBECLC ABHAIC (FOLFOX)+sintlimab+HBI305Prospective, single-arm, phase-IICNLC IIb/IIIa/III66.7%NIALin et al. (14)42.4%,Lervatinib+F3-11 inhibitorsProspective, single-arm, phase-IICNLC IIb/IIIa/III66.7%NIAGan et al. (15)40.3%Lervatinib+F3-11 inhibitorsRetrospectiveBELC A/BCNIANIAWu et al. (15)33.7%TACE+Ienvatinib+F1ACERetrospectiveBELC A/BCNIANIAWarg et al. (16)33.7%Lervatinib+F1ACERetrospectiveBELC A/BCNIANIAWarg et al. (17)33.9%Lervatinib+F1ACERetrospectiveBELC A/BCNIANIAWarg et al. (18)33%Lervatinib+F1ACERetrospectiveBELC A/BC57.2%93.4%Yi et al. (12)23.7%TKI+ PD-1 inhibitorsRetrospectiveBELC A/BC57.2%93.4%Zeng et al. (20)23.7%TKI+ PD-1 inhibitorsRetrospectiveBELC A/BC57.2%93.4%Zeng et al. (20)23.7%TKI+ PD-1 inhibitorsRetrospectiveBELC A/BC57.2%93.4%Zeng et al. (20)23.7%TKI+ PD-1 inhibitorsRetrospectiveBELC A/BC71.9%72.6%Zeng et al. (20)23.7%TKI+ PD-1 inhibitorsRetrospectiveBELC A/BC77.9%95.7%Zeng et al. (20)23.7%TKI+ PD-1 inhibitorRetrospectiveBELC A/BC77.9%95.7%Sun et al. (20)23.8%TX	gle-arm, phase-II CNLC IIb/IIIa/IIIb Unresectable HCC Potentially resectable HCC BCLC A/B/C BCLC A/B/C BCLC B/C BCLC B/C BCLC B/C	14.6% 9.2.7 56.7% N/A 15.5% N/A 75.7% 86.5 75.7% 86.5 75.7% 93.6 35.0% 94.4 55.0% 94.4 55.0% 94.4 35.0% 70.00	% NR N/A N/A % 25 months % NR % NR % NR % 12 months (61.6%)	NR N/A N/A NR NR NR NR NR 12 months (95.7%)
Liv et $a_1(I)$ 46.7%HAIC (FOLX)+similinab+HB1305Prospective, single-arm, phase-IICNLCI IIMIIII66.7%NALiv et $a_1(I)$ 42.4%Lervatinb+sinilinab+arterallyProspectiveProspective85.5%NAGar et $a_1(I)$ 43.9%Lervatinb+sinilinab+arterallyRerospectiveBCLC ABIC45.5%NAWu et $a_1(I)$ 33.7%Larvatinb+sinilinab+arterallyRerospectiveBCLC ABIC55.7%85.9%Wu et $a_1(I)$ 34.0%Lervatinb+FD1 inhibitorsRetrospectiveBCLC ABIC57.9%93.6%Wu et $a_1(I)$ 33.%Similinab+PlenvatinbProspectiveBCLC ABIC57.9%93.6%Wa et $a_1(I)$ 33%Similinab+PlenvatinbProspectiveBCLC ABIC57.9%93.6%Yi et $a_1(I)$ 33%Chen et $a_1(2)$ 23%TACH-PD1 inhibitorsRetrospectiveBCLC ABIC57.9%93.6%Yi et $a_1(I)$ 33%TACH-FBRTRetrospectiveBCLC ABIC57.9%93.6%93.6%Zong et $a_1(2)$ 23%TACH-FBRTRetrospectiveBCLC BIC47.7%70.0%Zong et $a_1(2)$ 23%PD-1 inhibitor-TKIRetrospectiveBCLC BIC47.7%70.7%Sun et $a_1(2)$ 19%PD-1 inhibitor-TKIRetrospectiveBCLC CBIC47.7%70.7%Sun et $a_1(2)$ 19%PD-1 inhibitor-TKIProspectiveBCLC CBIC77.9%99.7%Sun et $a_1(2)$ 19%PD-1 inhibitor-TKIProspectiveBCLC BIC77.7%	gle-arm, phase-II CNLC IIb/IIIa/IIIb Unresectable HCC Potentially resectable HCC BCLC A/B/C BCLC A/B/C BCLC B/C BCLC B/C BCLC B/C	56.7% N/A 45.5% N/A 75.7% 86.5 N/A N/A 87.2% 93.6 87.2% 94.4 50% 100°	N/A N/A 25 months NR NR NR NR NR NR NR (61.6%)	N/A N/A NR NR NR NR NR 12 months (95.7%)
Lin et al. (1/5) 42.4% Lenvatuith-FD-1 inhibitorsProspectiveDirectable HCC 45.5% NAGan et al. (1/5) 40.5% Lenvatuith-FD-1 inhibitorsRetrospectivePotentially resctable HCC 75.7% 86.5% Wat al. (1/6) 38.7% TACEH-lenvatinib-FD-1 inhibitorsRetrospectiveBCLC ABIC 75.7% 86.5% Wang et al. (1/6) 38.7% Lenvatinib-FD-1 inhibitorsRetrospectiveBCLC ABIC 75.7% 86.5% Wang et al. (1/7) 38.0% Lenvatinib-FD-1 inhibitorsRetrospectiveBCLC ABIC 37.9% 93.6% Wang et al. (20) 28% Lenvatinib-FD-1 inhibitorsRetrospectiveBCLC ABIC 35.0% 94.4% Wing et al. (20) 28% Lenvatinib-FD-1 inhibitorsRetrospectiveBCLC ABIC 35.0% 94.3% Zhen et al. (20) 23% TACFHEBRITRetrospectiveBCLC B/C 47.7% 70.0% Zong et al. (20) 23% TACFHEBRITRetrospectiveBCLC B/C 47.7% 70.0% Sun et al. (22) 19.9% HAIC+PD-1 inhibitor-TKIRetrospectiveBCLC B/C 47.7% 70.0% Sun et al. (22) 19.3% PD-1 inhibitor-TKIRetrospectiveBCLC ABIC 47.7% 79.5% Sun et al. (22) 19.3% PD-1 inhibitor-TKIRetrospectiveBCLC ABIC 47.7% 79.5% Sun et al. (22) 19.3% PD-1 inhibitor-TKIRetrospectiveBCLC ABIC 47.7% 79.5% Sun et al. (22) 18.3% PD-	Unresectable HCC Potentially resectable HCC BCLC A/B/C BCLC A/B/C BCLC B/C BCLC B/C BCLC B/C	45.5% N/A 75.7% 86.5 N/A N/A 87.2% 93.6 35.0% 94.4 35.0% 100%	% 25 months % 25 months NR % NR % NR % 12 months (61.6%)	N/A NR NR NR NR 12 months (95.7%)
Gan et al. (15) 40.5% Lervatinb+TatriallyRetrospectivePotentially resectable HCC 75.7% 86.5% Wu et al. (17) 34.0% TACE+Hervatinb+TD-1 inhibitorsRetrospectiveBCLC A/B/C 37.2% 93.6% Wu et al. (17) 34.0% Lervatinb+TD-1 inhibitorsRetrospectiveBCLC A/B/C 37.2% 93.6% Wi and et al. (17) 33.7% Similiumb+HervatinibProspective single-arm, phase-IIBCLC A/B/C 37.2% 94.4% Wi and et al. (20) 25.7% Pembrolizumab+Iervatinib+TACERetrospectiveBCLC B/C 39.7% 100% Chen et al. (20) 25.7% Pembrolizumab+Iervatinib+TACERetrospectiveBCLC B/C 49.5% 70.0% Zhu et al. (21) 19% Lervatinib+TACERetrospectiveBCLC B/C 49.5% 70.0% Qu et al. (22) 18.6% PD-1 inhibitor+TKIRetrospectiveBCLC B/C 49.5% 70.0% Qu et al. (23) 18.3% PD-1 inhibitor+TKIRetrospectiveBCLC B/C 47.7% 57.2% Sun et al. (23) 18.3% PD-1 inhibitor+TKIRetrospectiveBCLC A/B/C 87.7% 87.7% Lun et al. (25) 18.6% PD-1 inhibitor+TKIRetrospectiveBCLC A/B/C 87.7% Sun et al. (23) 18.3% PD-1 inhibitor+TKIRetrospectiveBCLC A/B/C 87.7% Lun et al. (25) 18.6% PD-1 inhibitor+TKIRetrospectiveBCLC A/B/C 87.7% Lun et al. (23) 18.3% PD-1 inhibitor+TKIRetrosp	Potentially resectable HCC BCLC A/B/C BCLC A/B/C BCLC A/B/C BCLC B/C BCLC B/C BCLC B/C	75.7% 86.5 N/A N/A 37.2% 93.6 35.0% 94.4 35.0% 100%	% 25 months NR % NR % NR % 12 months (61.6%)	NR NR NR NR 12 months (95.7%)
Wu <i>et al.</i> (16)38.7%durcted therapy and therapyNu and therapydurct al. (17)38.7%durct al. (17)38.7%TACEHenvatinib+PD-1 inhibitorsRetrospective reconspectiveBCLC A/B/C87.2%93.6%Using <i>et al.</i> (17)34.0%Lenvatinib+PD-1 inhibitorsRetrospectiveBCLC A/B/C87.2%93.6%Yi <i>et al.</i> (17)38.7%Lenvatinib+PD-1 inhibitorsRetrospectiveBCLC A/B/C87.2%93.6%Yi <i>et al.</i> (12)23.8%Lenvatinib+TACERetrospectiveBCLC B/C39.5%90.6%Chen <i>et al.</i> (20)23.8%TACE+BRTRetrospectiveBCLC B/C49.5%70.0%Chen <i>et al.</i> (21)23.8%TACE+BRTRetrospectiveBCLC B/C49.5%70.0%Qu <i>et al.</i> (22)18.6%HAIC+PD-1 inhibitor-TKIRetrospectiveBCLC A/B/C87.7%89.7%Qu <i>et al.</i> (23)18.3%PD-1 inhibitor-TKIRetrospectiveBCLC A/B/C87.7%89.7%Sun <i>et al.</i> (23)18.3%PD-1 inhibitor-TKIRetrospectiveBCLC A/B/C87.2%89.7%Low <i>et al.</i> (23)18.3%PD-1 inhibitor-TKIRetrospectiveBCLC A/B/C87.2%89.7%Sun <i>et al.</i> (23)18.3%PD-1 inhibitor-TKIRetrospectiveBCLC A/B/C87.2%89.7%Low <i>et al.</i> (23)18.3%PD-1 inhibitor-TKIRetrospectiveBCLC A/B/C87.2%89.7%Sun <i>et al.</i> (23)18.3%PD-1 inhibitor-TKIRetrospectiveBCLC A/B/C87.2%87.2%	BCLC A/B/C BCLC A/B/C BCLC A/B/C BCLC B/C BCLC B/C BCLC B/C	N/A N/A 87.2% 93.6 35.0% 94.4 50% 100%	NR NR NR NR 12 months (61.6%)	NR NR NR 12 months (95.7%)
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+TARE (yttrium-90) +TARE (yttrium-90) Li et al. (29) 11.5% TACE+camrelizumab + TKI Retrospective BCLC B/C 71.3% 89.7% Chen et al. (20) 11.1% Lenvatinib+TACE Retrospective BCLC B/C 27.8% 52.8% Zhang et al. (30) 9.8% TACE Retrospective BCLC B/C 27.8% 52.8% Li et al. (13) 9.5% c-TACE Retrospective BCLC A/B 2.4% 54.8% Lau et al. (3) 5.6% TARE (yttrium-90) Retrospective Unresectable HCC 100% N/A N/A	Unresectable HCC	N/A N/A	N/A	N/A
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Zhang et al. (30) 9.8% TACE Retrospective Unresectable HCC 100% N/A Li et al. (13) 9.5% c-TACE Retrospective BCLC A/B 2.4% 54.8% Lau et al. (3) 5.6% TARE (yttrium-90) Retrospective Unresectable HCC N/A N/A	BCLC B/C	27.8% 52.8	% 5.5 months	14.1 months
Li et al. (13) 9.5% c-TACE Retrospective BCLC A/B 2.4% 54.8% Lau et al. (3) 5.6% TARE (yttrium-90) Retrospective Unresectable HCC N/A N/A	Unresectable HCC	I00% N/A	N/A	49 months
Lau et al. (3) 5.6% TARE (yttrium-90) Retrospective Unresectable HCC N/A N/A	BCLC A/B	2.4% 54.8	% 9.2 months	13.5 months
	Unresectable HCC	N/A N/A	N/A	N/A
Lau <i>et al.</i> (3) 4.7% PIAF or PIAF+TARE (yttrium-90) Retrospective Unresectable HCC N/A N/A	Unresectable HCC	N/A N/A	N/A	N/A
Zhang <i>et al.</i> (31) 3.1% Systemic+locoregional treatment Retrospective Unresectable HCC 76.9% 100%	Unresectable HCC	76.9% 100%	6 12.9 months (86.9%)	11.4 months
He et al. (27) 0.8% Sorafenib Randomized, open-label BCLC C 2.46% N/A	en-label BCLC C	2.46% N/A	2.6 months	7.13 months

Table 1. Clinical trials on conversion therapy for initially unresectable hepatocellular carcinoma

PVE, portal vein embolization; PVTT, portal vein tumour thrombus; RT, radiotherapy; SBRT, stereotactic body radiotherapy; TACE, transcatheter arterial chemoembolization; TARE, transarterial radioembolization; TKI, tyrosine kinase inhibitor. control rate; EBRT, external beam radiotherapy; FOLFOX, folinic acid, fluorouracil, and oxaliplatin; HAIC, hepatic arterial infusion chemotherapy; HCC, hepatocellular carcinoma; LR, liver resection; LT, liver transplantation; N/A, not available; NR, not reached; ORR, objective response rate; OS, overall survival; PD-1, programmed cell death protein 1; PFS, progression-free survival; PIAF, cisplatin/interferon alpha-2b/doxorubicin/5-fluorouracil; Abb

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Table 1. Clinical trial	s on conversion t	herapy for initially unresectable f	hepatocellular carcinoma					
District	Conversion rate	Conversion therapy	Study design	Patients	ORR	DCR	Median PFS	Median OS
Japan Kudo <i>et al.</i> (32)	31.8%	Atezolizumab+bevacizumab	Retrospective	BCLC A/B	36.4%	81.8%	NR	NR
Kudo <i>et al.</i> (33)	28.7%	A tezolizumab+bevacizumab	Retrospective	BCLCB	N/A	N/A	N/A	N/A
Takeyama <i>et al.</i> (34)	12.5%	Sorafenib	Retrospective	Advanced HCC	N/A	N/A	NR	NR
Shimose <i>et al.</i> (35)	10.9%	A tezolizumab+bevacizumab	Retrospective	BCLC B/C	32.0%	84.0%	NR	NR
Tomonari et al. (36)	5.3%	Atezolizumab+bevacizumab	Retrospective	BCLC B/C	20.4%	79.6%	12.6 months	40.3 months
Tomonari <i>et al.</i> (36) South Korea	4.6%	Lenvatinib	Retrospective	BCLC B/C	26.7%	89.3%	12.6 months	40.3 months
Byun <i>et al.</i> (37)	20% (≥ 72 Gy), 12%(< 72 Gy)	RT (≥72 Gy or <72 Gy) +HAIC (fluorouracil)	Retrospective	BCLC C	N/A	N/A	N/A	104 months
Lee et al. (38)	16.9 %	CCRT+HAIC (FOLFOX)	Retrospective	Advanced HCC	N/A	N/A	N/A	23 months
Lee <i>et al.</i> (39)	12.8%	TACE+CCRT or TACE+RT	Retrospective	BCLC B/C	68.0%	N/A	24.9 months (LR), 30.6 months (LT)	166 months (LR), 62.5 months (LT)
Yoon et al. (40)	11.1%	TACE+RT	Randomized	BCLCC	N/A	N/A	7.75 months	13.75 months
Lee et al. $(4I)$	6.8%	CCRT	Retrospective	Unresectable HCC	83.3%	N/A	N/A	N/A
USA Kaseb <i>et al.</i> (42)	33%	Modified PIAF	Retrospective	Unresectable HCC with no hematities or cirrebosis	36%	N/A	N/A	21.3 months
Meric et al. (43)	16%	HAI	Retrospective	Unresectable HCC	N/A	N/A	NR	NR
Labgaa <i>et al.</i> (44)	9%	TARE (yttrium-90)	Retrospective	BCLC A/B/C	N/A	N/A	N/A	47 months
Inarrairaegui <i>et al.</i> (45 Italv) 28.6%	TARE (yttrium-90)	Retrospective	BCLC A/B	N/A	N/A	N/A	NR
Tabone <i>et al.</i> (46)	20%	TARE (yttrium-90) (454 or 248 or 138 Gy)	Retrospective	BCLC C	N/A	N/A	N/A	54, 30 and 11 months
Abbreviations: BCLC, Bar control rate; EBRT, extern N/A, not available; NR, no	celona Clinic Liver al beam radiotherap ot reached; ORR, ol	Cancer staging system; CCRT, concurren yy; FOLFOX, folinic acid, fluorouracil, a bjective response rate; OS, overall survi	tt chemoradiotherapy; CNLC, Chinese nd oxaliplatin; HAIC, hepatic arterial val; PD-1, programmed cell death pr	e Liver Cancer staging system; c l infusion chemotherapy; HCC, otein 1; PFS, progression-free s	-TACE, con hepatocellul survival; PIA	ventional li ar carcinon AF, cisplatin	piodol-based chemoeml as; LR, liver resection; /interferon alpha-2b/do	oolization; DCR, disease LT, liver transplantation; xorubicin/5-fluorouracil;

PVE, portal vein embolization; PVTT, portal vein turnour thrombus; RT, radiotherapy; SBRT, stereotactic body radiotherapy; TACE, transcatheter arterial chemoembolization; TARE, transcatterial radioembolization; TKI, tyrosine

kinase inhibitor.

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were reported to be 20% in Spain and 28.6% in Italy. The variation in conversion rates is primarily related to the choice of the conversion therapy regimen and the patient's disease stage, systemic status, and response to treatment. However, there is controversy regarding the timing of conversion therapy, the new challenges faced in surgery after conversion therapy, and the establishment of endpoints for clinical studies. This paper has analyzed and summarized the current status of clinical trials on conversion therapy in patients with unresectable HCC, and it discusses the prospects for the development of conversion therapy based on the results of relevant research.

2. Conversion therapy improves the prognosis for patients with uHCC

2.1. Conversion therapy for uHCC vs. systemic therapy alone

Conversion therapy has been found to result in better patient outcomes and longer survival rates compared to systemic therapy for uHCC. Patients receiving transarterial chemoembolization (TACE) plus radiotherapy (RT) conversion therapy had a significantly higher 12-week progression-free survival (PFS) rate (86.7% vs. 34.3%, p < 0.001), longer median time to progression at 24 weeks (31.0 vs. 11.7 weeks, p <0.001), and longer OS (55.0 vs. 43.0 weeks, p = 0.04) than those receiving sorafenib alone (40). A study found that patients who underwent conversion therapy had a significantly longer median OS of 1208 days (range: 1064 to not reach) compared to those who received chemotherapy alone with a median OS of 569 days (range: 466 to 704, p < 0.01) (36).

In classic clinical trials of systemic therapies for uHCC, such as SHARP (52), RELECT (51), CheckMate 040 (47), CheckMate-040 cohort 4 (47), IMbrave150 (48,49), HIMALAYA (50), REACH-2 (53), CELESTIAL (54), and RESORSE (55), results indicated the achievement of an objective response rate (ORR) ranging from 2% to 29.8%, a disease control rate (DCR) of 43-75.5%, a median PFS of 2.8-7.4 months, and a median OS of 8.5–19.2 months. As shown in Table 1, patients who underwent conversion therapy had an ORR ranging from 2.4% to 96%, a DCR ranging from 52.8% to 100%, a median PFS ranging from 2.6 to 25 months, and a median OS ranging from 7.13 to 166 months. Further comparative studies with conventional systemic therapy need to be conducted to more directly demonstrate the prognostic role of translational therapy for patients with advanced hepatocellular carcinoma.

2.2. Surgery after conversion therapy downstaging vs. no surgery after successful downstaging

with uHCC who have undergone successful conversion therapy. The OS rates at 1, 2, and 5 years postoperatively were 90%, 58%, and 42%, respectively, for patients who underwent conversion therapy (56). Patients with advanced HCC that was initially unresectable had a good long-term survival after undergoing concurrent chemoradiotherapy (CCRT) followed by hepatic arterial infusion chemotherapy (HAIC) conversion therapy in the curative resection group compared to the non-surgery group (49.6% vs. 9.8% at 5 years; p < 0.001) (38). Compared to patients whose cancer was successfully downstaged without surgery, patients who underwent conversion therapy and then received radical treatment had a significantly longer median survival. The surgery group had 2-, 4-, and 5-year survival rates of 93%, 47%, and 26%, respectively, which were significantly better than the 2-, 4-, and 5-year survival rates of 74%, 18%, and 10% in the group that refused surgery (p = 0.019) (30). In addition, patients with HCC and major vessel invasion (MVI) who underwent surgery had a significantly better median OS of 58 months compared to 30 months in the group that refused surgery (p = 0.024) (30). In patients with Barcelona Clinic Liver Cancer (BCLC) stage C advanced HCC who received liver-directed simultaneous radiotherapy, those who underwent surgery had a significantly longer median OS (104 months *vs.* 11 months, *p* < 0.001) (*37*).

Studies have reported that patients with uHCC treated with TACE alone have a median survival ranging from 19 to 38 months (57-61). When conversion therapy with TACE is conducted, however, the median survival can be extended to 49 months (30). Nevertheless, a study found no statistically significant difference in disease-free survival (DFS) and OS between patients who underwent surgery after conversion therapy and nonsurgical patients in whom clinical complete remission (cCR) was achieved after conversion therapy (62).

A comparison of surgical resection following conversion therapy and liver transplantation (LT) revealed no significant differences in median OS (166.0 months vs. 62.5 months, p > 0.050), median PFS (24. 9 months vs. 30.6 months, p > 0.050), median DFS (161.3 months vs. 45.1 months, p > 0.050), and the median intra-hepatic non-recurrence interval (96.9 months vs. 39.9 months, p > 0.050) (39). Several large clinical series conducted in Europe, the US, and Asia have shown that the 5-year survival rate after radiofrequency ablation (RFA) for HCC (\leq 3 cm) ranges from 33% to 55%, which is comparable to that in an LR series (63-66). Moreover, a recent study found no significant difference in treatment choice between conversion therapy followed by ablation and LR (recurrence-free survival (RFS), 274 days [157-not reached (NR)] in the ablation group vs. RFS, not available (N/A) days [447-NR] in the LR group; p = 0.09) (36).

2.3. Conversion therapy plus surgery vs. upfront surgery

Surgical resection can optimize the prognosis for patients

Patients with locally advanced HCC who received

conversion therapy followed by LR had a better prognosis than those who received upfront surgery alone. A retrospective study reported that patients who received preoperative Y90-SIRT conversion therapy had a significantly better 5-year OS rate (69.0% vs. 47.5%, p = 0.048) and a significantly better 5-year RFS rate (53.5% vs. 27.0%, p = 0.047) than those who underwent upfront resection (67). Additional studies, particularly prospective ones, need to be conducted to verify this.

3. Strategies for conversion therapy

3.1. Locoregional therapy

The conversion rate for TACE alone is 9.5% to 10%, and the objective remission rate (ORR) for conventional TACE is low (2.4%) (13,30,68).Patients with HCC who undergo TACE conversion therapy have a median OS of up to 49 months (13,30,68). In the US, the conversion rate for previously uHCC conversion therapy with HAI alone was 16% (43).Conversion rates with TARE (yttrium-90) alone range from 5.6% to 28.6% (3,44-46). In addition, studies have shown that increasing the dosage of TARE can enhance patient survival rates. Patients with HCC who undergo TARE conversion therapy have a median OS time of up to 54 months (46).

Locoregional combination therapies, such as HAIC (FOLFOX: folinic acid, fluorouracil, and oxaliplatin) plus TACE (13), portal vein embolization (PVE) plus TACE (7), TACE plus external beam radiotherapy (EBRT) (8), RT plus HAIC (fluorouracil) (37), and TACE plus RT (40), are mainly performed in Asia and have a conversion rate ranging from 11.1% to 57.6%. A trial of RT plus HAIC (fluorouracil) revealed that the group receiving a radiation dose ≥ 72 Gy had a higher conversion rate in advanced BCLC-C HCC compared to the intensity-modulated radiotherapy (IMRT) radiation dose < 72 Gy group (20% vs. 12%, p = 0.03) (37). Moreover, the group receiving a radiation dose \geq 72 Gy had a significantly higher localized 1-year failure-free survival (LFFS) (95% vs. 79%, p < 0.001) and median OS (21 months vs. 13 months, p = 0.002) (37).

3.2. Systemic therapy

The development of tyrosine kinase inhibitors (TKI) and immune checkpoint inhibitors (ICI) has significantly improved the survival prognosis for patients diagnosed with HCC. Treatment with cisplatin, interferon α -2b, doxorubicin, and 5-fluorouracil (PIAF) resulted in a conversion rate of 18% for patients with initially unresectable HCC (24). The conversion rate increased to 33% with the use of modified PIAF, which also resulted in an ORR of 36% and a median OS of 21.3 months (42). In comparison, sorafenib had conversion rates ranging from 0.8% to 12.5% (27,34), while lenvatinib had a conversion rate of 4.6% (36). In Japan, the conversion rates for a combination of anti PD-L1 antibodies and a vascular endothelial growth factor inhibitor ranged from 5.3% to 31.8%. Post-conversion treatments included LR, ablation, and superselective TACE, and the median OS reached 40.3 months (32, 33, 35, 36). Compared to TKI monotherapy, the combination of TKI and PD-1 has a higher conversion rate. Studies have reported a conversion rate ranging from 15.9% to 51%, with a median OS of up to 12 months (19, 21, 32, 69, 70).

Moreover, patients diagnosed with unresectable primary HCC and severe vascular infiltration who received anti-PD-1 antibodies in combination with TKI conversion therapy had 70% (7/10) partial remission (PR) and 30% (3/10) complete remission (CR) prior to surgery. These findings demonstrate the effectiveness of anti-PD-1 antibodies in combination with TKI conversion therapy for patients with unresectable primary HCC and severe vascular infiltration, resulting in an increased long-term oncologic benefit. The 12-month RFS rate for these patients was 75% (71).

3.3. Combined locoregional and systemic therapy

The heterogeneity of HCC in terms of tumor number, size, and liver function can preclude some patients from being treated with TACE. Patients with good liver function and a high tumor burden who are not eligible for TACE may benefit from preoperative systemic therapy followed by TACE (72). Clinical trials have shown that combining TACE with TKIs for intermediate and advanced HCC can result in prolonged OS and improved PFS compared to TACE alone (73-75). Moreover, combination therapy with TACE and lenvatinib has resulted in conversion rates of 11.1-19%, with a median PFS of up to 8 months and median OS of up to 20.6 months (12,20). The use of TACE, TKIs, and ICIs has been found to increase residual liver volume in patients with intermediate to advanced HCC, thereby enhancing the safety of conversion resection (76). A meta-analysis of 18 studies found that the conversion rate of triple therapy (TACE+TKIs+ICIs) was 42%, which was higher than that of TACE alone (10%) and TACE combined with other therapies (19%) (77). The tumor response to triple therapy was superior to that of TACE alone or dual therapy (77).

A clinical study showed that combination therapy with sorafenib and HAIC (FOLFOX) resulted in a conversion rate of 12.8% (27). Treating patients with unresectable advanced HCC using HAIC locoregional therapy following CCRT not only reduced the tumor stage but also significantly increased the future remnant liver volume (FRLV) from 47.5% to 69.9% before surgery, which further improved the curative resection of HCC (38).

Another study found that the conversion rate of TACE combined with CCRT or combined RT was 12.8% (*39*). LR accounted for 8.9% and LT accounted for 3.9%

(39). The study in question revealed that patients who underwent LR had a median PFS of 24.9 months, whereas those who underwent LT had a median PFS of 30.6 months. LR patients had a median OS of 166 months, while LT patients had a median OS of 62.5 months. The combination of CCRT with HAIC (FOLFOX) resulted in a conversion rate of 16.9% (39), whereas the combination of TACE plus SBRT plus anti PD-L1 antibodies resulted in a conversion rate of 12% (28).

The conversion rate of triple therapy TACE/HAIC plus TKI plus anti-PD-1 antibodies ranged from 11.5% to 53% (9,12,15-17,20,22,25,29). A point worth noting is that the difference in conversion rates may be related to the patients' disease status. Specifically, the treatment group with the higher conversion rate included patients with BCLC stage A initially unresectable HCC. The combination of TACE, TKI, and anti-PD-1 antibodies resulted in a 55% rate of pathological complete remission (pCR) and an 83% rate of major pathological remission (MPR) (9). A study found that patients with uHCC who received HAIC in combination with TKI and anti-PD-1 antibody conversion therapy had a significant survival benefit after surgery (78). The median RFS was 19.3 months, and the median OS was 28.7 months. The study in question noted a significant reduction in tumor size, with a median decrease of 4.7 cm. Moreover, pCR was achieved in 23 out of 67 patients (34.3%), indicating a favorable pathological response.

A meta-analysis of 24 studies was performed to determine the conversion rates and ORR of different therapies. Results indicated that locoregional plus systemic combination therapy had the highest conversion rate at 25%, followed by TACE at 13%, chemotherapy at 12%, and systemic therapy at 10% (56). Locoregional plus systemic combination therapy had the highest ORR at 60%, while chemotherapy had the lowest at 19% (56). The other therapies had an ORR ranging from 30% to 32% (56). Locoregionalsystemic combination therapies have a lower incidence of adverse reactions, and particularly grade ≥ 3 adverse events (AEs). The incidence of adverse reactions was 67% with chemotherapy, 34% with TACE, 30% with systemic therapies, and 40% with locoregional-systemic combination therapies (56). Subgroup analyses have confirmed the benefits of locoregional-systemic triple combination therapies. Combination therapy with TACE, TKIs, and ICIs resulted in a significant therapeutic advantage. The therapy resulted in a conversion rate of 33%, an ORR of 73%, and a rate of grade \geq 3 AEs of 31% (56).

A point worth noting is that triple combination therapy with an anti-PD-1 antibody (sintilimab) plus an anti-PD-1 antibody analog (IBI305) plus HAIC resulted in a conversion rate of 46.7% and an ORR of 66.7% (14). Likewise, triple combination therapy with an angiogenesis inhibitor plus anti-PD-1 antibody plus HAIC (FOLFOX) resulted in significant clinical benefits, with a conversion rate of 60%, an ORR of 96%, and a DCR of 100% (6). The results suggest that locoregional-systemic combination therapies have optimal conversion rates and clinical remission benefits.

Kudo suggested that subsequent immunotherapy should follow locoregional therapy since the release of cancer antigens and cancer antigen-specific immune responses will further enhance the efficacy of systemic therapy (33). Combining locoregional therapy with ICIs preserves T-cell effector function. Locoregional therapy activates the innate immune system and generates durable and widespread T-cell immunity through tumor antigen release and danger signal production, driving the anti-tumor immune response (79). Studies have noted an increased PD-1 and PD-L1 expression in HCC after TACE (80). Moreover, TACE resulted in elevated levels of circulating GPC3-specific cytotoxic T lymphocytes (CTL), IL-6 (81), CD4+ T cells, a higher CD4+/CD8+ T cell ratio, and elevated NK cells while reducing CD8+ Treg cells (82). Combining TACE with immunotherapy has the potential to enhance tumor response.

4. Challenges of conversion therapy

4.1. Adverse reactions to conversion therapy

Preservation of liver function is crucial for sequential surgery following initial unresectable HCC conversion therapy. The Asia-Pacific Expert Consensus Statement on Primary Liver Cancer (APPLE) emphasizes that for intermediate stage HCC, maintaining liver function is as equally important as achieving a high rate of surgical resection, with the ultimate aim of treatment being to prolong OS (83). Maintaining the Child-Pugh score during conversion therapy is beneficial to the prognosis for patients with advanced HCC, and even in those with adequate hepatic function reserve (84-86). However, hepatic impairment after conversion therapy is often more severe than anticipated, and a single Child-Pugh score may not fully reflect hepatic reserve function.

Chemotherapeutic agents used in conversion therapy can have various effects on liver physiology, including steatosis and hepatic sinusoidal vascular changes such as sinusoidal obstruction syndrome (SOS) or nodular regenerative hyperplasia (NRH) (87). TKIs can cause hepatotoxicity in 23% to 40% of patients, which can manifest as hepatocellular injury, hepatocellular steatosis, or cholestasis (88). Over a 10-year period, 38 of 432 (8.8%) patients treated with ICIs experienced liver injury, which was primarily hepatocellular or cholestatic (89,90). A point worth noting is that the common terminology criteria for adverse events (CTCAE) classification may overestimate the severity of checkpoint inhibitor-induced liver injury. Therefore, attention should be paid to toxic adverse reactions that may occur during conversion therapy. Moreover, preventing and treating posthepatectomy liver failure (PHLF) is crucial.

Conversion therapy has been associated with systemic adverse reactions. Studies have reported that 50% of patients experienced grade 3 or higher treatmentrelated adverse events (TRAE) during conversion therapy (31). A study of PIAF conversion therapy for advanced unresectable HCC found that patients had a median OS of only 8.9 months, AEs including myelosuppression and mucositis were reported, and there were two treatment-related deaths due to neutropenic sepsis (24). Patients in the surgery group who did not receive conversion therapy experienced significantly fewer complications of any grade compared to the triple conversion therapy group (51.2% vs. 82.9%, p = 0.002). In addition, the incidence of grade 3/4complications was significantly lower in patients who did not receive conversion therapy compared to those who did (4.9% *vs*. 26.8%, *p* = 0.013) (91).

4.2. Criteria for evaluating the effectiveness of conversion therapy

Currently, there are no universally accepted criteria for evaluating the effectiveness of conversion therapy. Several studies have adopted the following criteria to classify patients as having resectable HCC after conversion therapy: (1) Adequate residual liver volume and function are needed to achieve an R0 resection., (2) The intrahepatic lesion must be assessed as partially responsive or stable for at least 2 months, (3) Systemic therapy should not cause any serious or persistent adverse effects, and (4) LR should not be contraindicated (26). Zhang et al. defined the criteria for successful conversion as follows: for a Child-Pugh score of less than 7.2, an Eastern Cooperative Oncology Group Performance Status (ECOG PS) score of 1 or less, the absence of extrahepatic lesions, and a preserved liver with structurally intact vasculature and adequate FLR (71).

4.3. Treatment subsequent to conversion therapy

Thorough evaluation of the timing of resection after conversion therapy for HCC is crucial. Prior to surgery, safety needs to be assessed. Perioperatively, treatment with lenvatinib or bevacizumab should be discontinued due to its antiangiogenic action, which can result in complications such as delayed healing and bleeding. Lenvatinib has a plasma clearance time of 28-35 hours (92). According to one study, the drug should be discontinued for at least 1 week prior to surgery or ablation (93). Bevacizumab, in contrast, should be discontinued for at least 4-6 weeks before LR and 3 weeks before ablation or radical TACE (94). Strictly adhering to the dosing instructions for preoperative discontinuation is important in order to minimize the effects on surgery. If a patient experiences severe adverse drug reactions during targeted therapy or immunotherapy,

surgery should only be performed after he or she has fully recovered.

Curative treatment options include LR, LT, and ablation therapy . Studies have confirmed that both LR and ablation therapy have favorable long-term outcomes, with no significant difference in post-treatment complications or RFS (33). Some studies have suggested that surgery should be performed after successful downstaging through continued treatment with TKIs and/ or anti-PD-1 antibodies to stabilize lesions, an interval that is typically 1-2 months. In instances of less difficult resection, LR is recommended after downstaging to meet surgical resectability criteria to minimize complications (91). In instances of more difficult resection and poor tumor behavior, surgery is recommended only after achieving maximum remission depth and maintaining stability for 3-4 months to improve the partial response rate (91).

LR after conversion therapy can be challenging due to the adverse reactions it causes, such as bone marrow suppression, decreased platelet function and count, increased fragility of blood vessels and liver tissue, localized adhesions, and hepatic edema. Compared to patients who underwent direct surgery, those in the triple conversion therapy group (HAIC/TACE+anti-PD-1 antibody+TKI) for LR conversion lost more blood during surgery (600 mL vs. 400 mL, p = 0.015), had a longer operating time (270 min vs. 240 min, p = 0.02), a higher transfusion rate, and a longer duration of hospitalization (11 days vs. 8 days, p < 0.001) (91).

Adjuvant therapy should be considered after conversion therapy. Repeated liver treatments may create a hypoxic microenvironment, which can make the remaining tumor more aggressive and resistant. Postoperative recurrence was noted in 42.9% (21/49) of patients who underwent salvage LR, 66.7% (14/21) of which was intrahepatic recurrence (3). A point worth noting is that studies have noted the significance of postoperative antiviral therapy in patients with HBVrelated HCC (95,96). Patients with uHCC who underwent FOLFOX-HAIC conversion therapy and who received adjuvant therapy had a significantly longer median RFS compared to those who did not receive adjuvant therapy (19.2 months vs. 10.8 months, p = 0.028). The best RFS after adjuvant therapy was observed in patients with uHCC who were younger than 60 years of age, had large vessel invasion, and who were positive for hepatitis B surface antigen (97).

5. Future perspectives

Sixty-seven percent of HCC patients are in Asia. The majority of HCC patients are initially diagnosed with BCLC stages B or C. Most patients are not eligible for radical surgery, and the median survival time is only 23–33 months (98,99). For patients with initially unresectable HCC, surgery can only be undergone f

Tumor biology	Tumor size Vascular invasion Tumor number Extrahepatic metastases
Underlying disease	Hepatitis Cirrhosis Performance status
Future liver remnant	Underlying disease control
Anatomic factors	Anatomic resection Nonanatomic resection
Conversion therapy	Local regional therapy Combined therapy Systemic therapy
Radical therapy	Liver resection RFA
Adjuvant therapy	Local regional therapy Antiviral therapy Systemic therapy

Figure 1. Conversion therapy paradigm for initial unresectable hepatocellular carcinoma. Abbreviation: RFA, radiofrequency ablation.

the tumor is shrunk or downstaged. Figure 1 shows a reference paradigm for administering conversion therapy for initially uHCC. With further development, conversion therapy could potentially yield prognostic outcomes similar to those of early HCC resection. Pathological examination can determine the tumor's sensitivity to transformative therapy and guide postoperative adjuvant therapy, potentially leading to long-term survival.

Most studies on conversion therapy focus on shortterm outcomes, primarily assessing the conversion rate and ORR. Few studies have included long-term survival as a primary endpoint. In order to determine the significance of conversion surgery, the long-term outcomes of patients who underwent conversion surgery due to a positive tumor response to systemic therapy need to be compared to those who did not undergo conversion surgery despite a positive tumor response. Several clinical studies have found that a triple conversion regimen with locoregional and systemic therapy has a high conversion rate and results in significant survival benefits compared to other conversion strategies. The difficulty of LR increases after conversion therapy, and ensuring the safety of surgery requires comprehensive preoperative evaluation, appropriate selection of the procedure, and precise intraoperative technique. Emphasis should be placed on the prevention and treatment of PHLF, as well as postoperative adjuvant therapy and long-term followup. Due to the heterogeneity of study centers, conversion therapy protocols, and evaluation criteria, however, there

is currently no unified approach to conversion therapy. Therefore, further optimization of conversion therapy would require a large prospective multicenter clinical study.

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Review

The immune response of hepatocellular carcinoma after locoregional and systemic therapies: The available combination option for immunotherapy

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- **SUMMARY** Hepatocellular carcinoma (HCC) is associated with a highly heterogeneous immune environment that produces an immune response to various locoregional treatments (LRTs), which in turn affects the effectiveness of immunotherapy. Although LRTs still dominate HCC therapies, 50-60% of patients will ultimately be treated with systemic therapies and might receive those treatments for the rest of their life. TACE, SIRT, and thermal ablation can dramatically increase the immunosuppressive state of HCC, a condition that can be addressed by combination with immunotherapy to restore the activity of lymphocytes and the secretion of cellular immune factors. Immune treatment with locoregional and systemic treatments has dramatically changed the management of HCC. In this review, we examine the research on the changes in the immune microenvironment after locoregional or systemic treatment. We also summarize the regulation of various immune cells and immune factors on the prognosis of HCC to better compare the efficacy between different treatment methods from the perspective of the tumor microenvironment. This information can be used to help develop treatment options for the upcoming new era of HCC treatment in the future.
- *Keywords* Hepatocellular carcinoma, locoregional treatment, systemic treatment, immune therapy, immune microenvironment

1. Introduction

Hepatocellular carcinoma is one of the most common causes of cancer-related mortality worldwide, and it was also the sixth most common malignancy in 2020 (1). The stage, location, and comorbidities of the tumor largely determine the choice of an appropriate treatment including surgical resection, liver transplantation, percutaneous ablation, hepatic arterial infusion chemotherapy (HAIC), transarterial chemoembolization (TACE), and radiation embolization (2). Due to the high recurrence and metastasis rates of HCC, there are also certain limitations to regional therapy. Therefore, the advent of effective systemic therapies that have been used as preoperative neoadjuvant and postoperative adjuvant therapies may be beneficial in reducing recurrence (3). Nonetheless, in HCC, some specific immunotherapy attempts tended to result in short-term drug resistance and failed to dramatically improve efficacy and clinical outcome in HCC patients due to a strong intrinsic

immune microenvironment. Excitedly, several high-level clinical studies have recently confirmed that immune checkpoint inhibitors (ICIs) are an effective and welltolerated treatment option for patients with HCC (4-6). In particular, programmed cell death-1 (PD-1) and its ligand (PD-L1), cytotoxic T lymphocyte-associated antigen-4 (CTLA-4), and others obtained early success in clinical trials of HCC. Recently, with advances in combination of immune therapy and local therapy or targeted systemic therapy, a growing number of patients with HCC have achieved longer survival. Based on the comprehensive guidelines for the management of HCC published worldwide, the main difference between the guidelines is the different staging systems which were used to select the best treatment option for patients with HCC. But the safety and efficacy of various combination immunotherapies requires further confirmation.

2. Immune response induced by locoregional treatments (LRTs)

Locoregional treatment (LRT) is an essential treatment for patients with HCC. Surgical resection, liver transplantation, and ablation techniques might also have a stimulatory effect on oncogenesis, related to the proliferation of HCC tumor cells, microenvironmental changes, and both angiogenetic and metastasis triggers of HCC. LRTs enable de novo immune priming by inducing the release of tumor-associated antigens after cell death. Therefore, LRTs, both thermal and nonthermal, and invasive and noninvasive, applied to HCC as well as to other conditions in the liver have been correlated with a more changeable immune microenvironment (Figure 1).

2.1. Surgical resection

Surgical resection (partial hepatectomy, PH) is one of the main radical treatments for HCC, but recurrence is still the main cause of death. It has been demonstrated that surgical resection may impact the liver regeneration microenvironment through suppression of the immune system, inflammation, and the vascular environment during HCC development (7). The immune response after surgical resection is mainly manifested in changes in the degree of infiltration of Tregs and the type and robustness of T-cell responses via an increase in the depletion of T cells in peripheral blood. As effector factors of liver innate immunity, liver Kupffer cells, natural killer (NK) cells, and natural killer T (NKT) cells can directly affect liver regeneration. After PH, the number of NKT cells and the proportion of CD11b⁺Kupffer cells/ macrophages (M ϕ) shows an increasing trend, and the consumption of NKT cells and NK cells can promote liver regeneration (8,9). Dendritic cells (DCs) and hepatic stellate cells (HSCs) have also been shown to promote liver regeneration and to have immunomodulatory effects in the inflammatory environment of the liver (10, 11). Moreover, cold hepatic ischemia-reperfusion injury (IRI), an innate immunity-driven inflammatory response induced by hepatic vascular occlusion, is a major complication of liver resection and mainly manifests as damage to hepatic sinusoidal endothelial cells and destruction of the microcirculation (12). However, IRI is extremely complex, involving a large number of changes in cellular components, factors, and mediators. IRI can induce YAP/Hippo expression, amplified macrophage/ neutrophil sequestration and increased the expression of cytokines and ischemia during PH activates Kupffer cells and adherent neutrophils to create reactive oxygen species (ROS) during the initial reperfusion period and. Which can stimulate the transcription factors NF-kB and activator protein-1 (AP-1) and enhance the expression of genes, such as tumor necrosis factor- α (TNF- α), TNF- α , Interleukin (IL)-1 β , and IL-6, inducible nitric oxide (NO) synthase (iNOS), heme oxygenase-1, C-X-C motif ligand (CXC) chemokines, and adhesion molecules to inhibit HSC activation (13,14). In a mouse model, IRI triggered macrophage-specific T-cell immunoglobulin

mucin-4 (TIM-4) activation by stressed hepatocellular phosphatidylserine (PS) presentation (15), which may provide us with an IRI therapeutic target to minimize innate inflammatory responses after liver resection. In patients following hepatectomy, C5L2 expression on monocytes and neutrophils decreases after liver resection, and there is a parallel decrease in the chemotactic response of neutrophils to C5a stimulation. C3a, C4a, and their des-Arg forms also showed significant distinct changes in plasma levels after liver resection (16). Therefore, after surgery, rapid and dramatic immune responses occur in the liver microenvironment, and postoperative adjuvant immunotherapy maybe necessary for high-risk recurrent patients with hepatocellular carcinoma (Figure 2).

2.2. Liver transplantation

Due to the special immune environment, HCC has a high recurrence rate after liver transplantation (LT). In numerous animal experiments that have investigated the changes in the immune microenvironment after LT, as a radical treatment method for HCC, the number and infiltration degree of immune cells in the HCC microenvironment had drastically changed after LT. As a predictor of HCC recurrence, the postoperative C-reactive protein (CRP) level is increased to varying degrees before, during, and after LT. However, the specificity and sensitivity of CRP have certain limitations. There are numerous reports suggesting that CD4⁺CD25⁺FoxP3 Tregs are elevated at the graft site at the time of rejection in clinical transplant recipients, which decreased to baseline numbers by day >100 in the population of cells within the liver allografts of long-surviving recipients (17). These results indicate that CD4+CD25+FoxP3 Tregs, as the most specific Tregs, are more capable of assessing the prognosis of transplantation than CRP. On the other hand, after liver transplantation, recipient NK cells exhibit tolerant phenotypes, with the downregulation of activating receptors and reduced cytotoxicity and cytokine production (18). In addition, the animal model of HCC showed that the levels of intragraft TGF-β in Day 35 liver allografts after LT increased markedly; however, they diminished by Day 100. In contrast, intragraft IL-10 mRNA is increased persistently in liver allografts (17). In addition to the changes in immune cells and immune factors, the changes in the infiltration degree of immune factors can also explain the changes in the immune microenvironment of the recipient and donor after LT to a certain extent. The lymphocyte-to-monocyte ratio (LMR) could reflect the immune status of the tumor microenvironment after LT, in particular, for HCC patients undergoing living donor liver transplantation (LDLT). Clear studies have indicated that the LMR values decreased within one month and increased again one year after surgery in almost all patients who received LDLT. The reduction in CD3⁺/CD68⁺ cells was greater in patients with a lower LMR (19). In addition, macrophages





Figure 2. Surgical resection may trigger immune response during the liver regeneration and after ischemiareperfusion in immune microenvironment of hepatocellular carcinoma.

and Kupffer cells are relevant to immune tolerance due to T-cell apoptosis through the factor-associated suicide/ factor-associated suicide ligand (Fas/Fasl) pathway (20). In addition to the changes in immune cells, the nonimmune cells in the immune microenvironment after LT were also changed to varying degrees. Based on plasma metabolomics profiling, phosphatidylcholine (PC), nutriacholic acid, and 2-oxo-4-methylthiobutanoic acid were decreased in 122 patients undergoing LT (21). Controversially, there is no consensus on the use of postoperative immunosuppressants because the balance between rejection and tumor response is still an unresolved barrier after LT (Figure 3).

2.3. Transarterial chemotherapy

As the standard treatment for patients with intermediatestage HCC, transarterial chemotherapy (TACE) is generally performed as the treatment for large, unresectable, or multinodular HCC in well-functioning patients. By collecting peripheral blood from liver cancer patients before and one month after TACE treatment, it was discovered that the expression of PD-L1 and PD-1 after TACE treatment was significantly higher in patients with poor TACE response. Moreover, PD-L1 mRNA expression was higher in peripheral blood monocytes, while the ratio of $CD4^+$ to $CD8^+$ cells decreased(22). In contrast, in research on tumor pathology in HCC patients, there was no difference in the expression of coinhibitory proteins, including PD-L1, Indoleamine2,3-dioxyge-1(IDO-1), lymphocyte activation gene-3 (LAG-3), TIM-3, or CTLA-4 corepressor proteins, in HCC tissue samples treated with TACE(23). On the other hand, using highthroughput sequencing technologies to verify the changes in gene expression within the TME, the results showed evidence of the significant upregulation of a number of proinflammatory genes in TACE-pretreated samples (23). Other studies support this conclusion. Cytometric bead immunoassays were used to simultaneously measure cytokines in the sera of patients with HCC after TACE, which revealed that the inflammatory cytokines IL-6 and IL-22 significantly increased early and that Th2



Figure 3. The changes in the immune microenvironment after liver transplantation summarized in this review.

cytokines (IL-4, IL-5, or the suppressive cytokine IL-10) were also increased in the late phase (24). In addition, evidence from other studies suggests that the levels of several cytokines, including IL-1β, IL-2R, IL-6, IL-22, and IL-8, were all increased after TACE (25). Regarding the changes in the tumor microenvironment of HCC patients caused by TACE, retrospective studies have proven that patients who received TACE were found to experience peritumoral portal lipiodol enhancement (26). Additionally, hypoxia regulators such as vascular endothelial growth factor (VEGF), which are induced by HIF-1a, also underwent dynamic changes after TACE in HCC patients (27,28). Researchers evaluated the levels of VEGF and tryptase serum concentrations from 71 unresectable HCC patients before and after hepatic TACE and obtained higher serum VEGF levels and lower tryptase levels (28). In addition to VEGF, the levels of AST, ALT, and lactate dehydrogenase (LDH) in the sera of patients with HCC who underwent TACE reached peak values within 1 day, while basic fibroblast growth factor (bFGF) and TNF- α levels exhibited mild increases during the 1st week. Conversely, angiogenin, epidermal growth factor (EGF), and TGF- β levels decreased following TACE (29).

Whereas hepatic arterial infusion chemotherapy (HAIC) entails infusing chemotherapeutic agents directly into hepatic tumors, which can avoid the first-pass effect and provide a higher intratumoral concentration of chemotherapeutic agents. Theoretically, compared with TACE, HAIC yields less hepatocellular injury and greater treatment efficacy. In a study involving 36 HCC patients treated with HAIC, the frequency of TAA-specific T cells and Tregs and myeloid-derived suppressor cells (MDSCs) was measured by interferon-gamma enzyme-linked immunospot assays and multicolor fluorescence-activated cell sorting analysis (*30*). In 22.2% of patients, after HAIC, the frequency of TAA-specific T cells increased. However, the frequency of Tregs decreased. Patients with a low MDSC frequency were also found to have

a longer overall survival time. In addition to the levels of various immune cells, and similar to the changes in cytokines after TACE, for example, the increase in serum cytokine levels, chemokines, and other growth factors in the HCC microenvironment (31), the combination of the neutrophil-to-lymphocyte ratio and the ratio of early des-carboxyprothrombin changes (32) can also be a useful predictor of HAIC. Among 90 patients from a retrospective study evaluating AFP and des-gammacarboxyprothrombin (DCP) levels after half a course of HAIC, 8 (8.9%), 19 (21.1%), and 63 (70.0%) had an elevated level of AFP, elevated level of DCP, or elevated level of both of these tumor markers, respectively (33). In recent studies, the changes in 20 serum cytokines and growth factors were proven to be associated with prognosis in HCC patients who were treated and underwent HAIC, such as von Willebrand factor (VWF) and VEGF (34). The serum level of VEGF was significantly decreased after HAIC, and it is an important predictive factor for therapeutic effect and survival in patients with advanced HCC undergoing HAIC. In addition, the ADAMTS13 activity-VWF levels and serum cell-derived factor 1 levels in HCC patients with stable disease and partial response to HAIC treatment were significantly higher than those in patients with progressive disease and lower serum hepatocyte growth factor (HGF) and IL-4 levels than nonresponders (34). Nonetheless, cytokines have limited roles in predicting HCC responses in patients who receive HAIC. Because HAIC mainly targets cancer epithelial cells in HCC, the exposed important biomarkers have greater predictability in advanced HCC patients (Figure 4).

2.4. Radiation therapy

The importance of transarterial radioembolization (TARE) in the treatment of patients with unresectable HCC cannot be ignored. Clinical studies have suggested that higher doses of radiation to the tumor increase the likelihood of





inducing a positive immune response (35). A retrospective assessment of the dynamic changes in lymphocytes following TARE of HCC and its association with normal liver dose (NLD) of TARE found a moderate negative association between the NLD and lymphocyte count at 1 month posttreatment that was most significant at 3 months posttreatment (36). In an early prospective clinical study, after TARE, proinflammatory (IL-6 and IL-8) and oxidative stress (malondialdehyde) markers continued to increase, endothelial damage markers (vW factor and PAI-1) and coagulation cascades (factor VIII, PAI-1, and D-dimer) were induced, and a significant increase in factors associated with liver regeneration (FGF-19 and HGF) was observed (36).

TARE with yttrium 90 is one kind of palliative lobar therapy for HCC patients with advanced disease or for those in whom other therapies have failed; it delivers local high-dose radiation to tumors through microembolic microspheres, preserving blood flow to promote radiation injury to the tumor. An earlier follow-up trial of the hepatic artery involving (yttrium)-Y-90 microspheres showed that lymphocyte subsets except for NK cells were significantly (> 50% from pretherapy values), promptly (as early as 24 h) and persistently (up to 30 months) depleted post-(90)Yttrium microsphere therapy (37), which may lead to increased levels of IL-10 and IP-10 (38). ILs isolated after Y90-RE showed signs of local immune activation: elevated granzyme B expression and infiltration of CD8⁺ T cells, CD56⁺ NK cells, and CD8⁺ CD56⁺ NKT cells.

Stereotactic body radiotherapy (SBRT) is a treatment option for advanced HCC patients who are not candidates for local therapies such as surgery that uses high doses of radiation per fraction in fewer fractions with high precision and accuracy to achieve local tumor control. In preclinical studies, SBRT has been shown to induce tumor cell death by causing tumor-associated endothelial cell death and vascular damage (*39*). SBRT could preserve lymphocytes and increase the expression of various immunostimulatory cytokines within the irradiated tumor microenvironment and the activation of antitumor T cells, thereby eliciting enhanced antitumor immunity. The principle of SBRT in HCC, however, differs partially from that of other radiotherapy methods. The inflammatory environment can be modified to become suitable for HCC after undergoing SBRT. To determine the changes in circulating levels of a panel of soluble cytokine receptors and liver-secreted proteins in HCC patients during SBRT, Sylvia S et al. (40) assessed the plasma levels of these soluble factors following one to two fractions of SBRT. The researchers found that in patients with HCC after one to two fractions of SBRT, those who developed liver toxicity had significantly higher levels of soluble tumor necrosis factor receptor II and lower levels of soluble CD40 ligand (sCD40L) and chemokine CXCL1 compared to levels in those who did not develop liver toxicity. In addition, plasma sCD40L levels are positively associated with platelet number, and the low platelet and sCD40L levels in HCC patients contribute in part to a decrease in liver immune function (41). On the other hand, with the development of immuno-oncology, increasing evidence has suggested that the changes in the neutrophil-to-lymphocyte ratio (NLR), platelet-tolymphocyte ratio (PLR), and cytokines can respond to antitumor therapies. Several retrospective studies collected peripheral blood cell count, NLR, and PLR data before and after SBRT and found that circulating blood cell, total leukocyte, neutrophil, lymphocyte, and platelet counts decreased significantly after SBRT (42,43). While no significant difference was observed for hemoglobin levels, it was found that the NLR and PLR were significantly increased post-SBRT compared with pre-SBRT and were complementary predictors of OS in HCC patients treated with SBRT (42) (Figure 5).

2.5. Ablation therapy

2.5.1. Radiofrequency ablation (RFA)



Figure 5. The immune response induced by radiation therapy including trans-arterial radioembolization (TARE), TARE with yttrium 90 (Y-90-RE) and stereotactic body radiotherapy.

RFA is the most validated and widely used technique in the early stages of HCC, and it is the most commonly used technique for local ablation of HCC tumors smaller than 5 cm in diameter. Both local and systemic immune responses induced by RFA have been extensively documented. RFA is performed by using frictional heat generated by the high-frequency alternating current to induce HCC cell death, and the available studies clearly demonstrate that there is a greater release of immunogenic intracellular substrates in areas subjected to heat-induced cell necrosis (44).

Thermal ablation induced by RFA can induce a large number of changes in the expression of immune cytokines in HCC tissues, especially in incompletely ablated tissues. One study found that the changes in Th1/ Th2 cytokines in HCC patients after RFA exhibit clear upregulation and downregulation trends (45). After RFA, the levels of Th1 cytokines, including TNF- α , IFN- γ , and IL-2, were significantly upregulated, and the levels of Th2 cytokines, including IL-4, IL-6, and IL-10, were markedly downregulated, while the serum level of AFP decreased, which indicates that RFA could change the expression of immune cytokines, promoting tumor antigen presentation and activating T lymphocytes. In addition to Th1/Th2 cytokines, after RFA, there is a release of circulating histones, including myeloperoxidase (46), and an increase in tumor-specific antibodies, CD4⁺ T cells (47), CD8⁺ T cells, and NK cells (48). Apart from T helper cells, earlier studies have demonstrated that the number of tumor-associated antigen-specific T cells after RFA was inversely correlated with the frequency of CD14⁺ HLA-DR/low myeloid-derived suppressor cells (MDSCs) (49).

On the other hand, RFA can not only effectively kill HCC tumor cells but can also release tumor antigens to induce an immune response or trigger an inflammatory response, resulting in the accumulation of a large number of antigen-presenting cells (APCs). For example, the nuclear proteins high mobility group B1 and heat shock proteins (HSPs) may induce antitumor immune responses by activating dendritic cells (DCs). In particular, the expression levels of HSP70 and HSP90 showed the most pronounced increasing trend after RFA, with 8-fold and 1.2-fold increases, respectively (50). In serological studies, three proteins, namely, CLU, Ficolin-3, and RBP4, were also identified as having significantly altered expression, especially Ficolin-3, which showed marked overexpression affected by thermal ablation (51). Palliative RFA (pRFA) has also been shown to accelerate residual tumor progression by increasing tumorinfiltrating MDSCs and reducing the T-cell-mediated antitumor immune response (52).

Although it is well established that thermal radiation can alter the expression of various immune cells and cytokines in the microenvironment of HCC, the impact of these changes on HCC progression and recurrence remains to be confirmed in further studies. Many available studies have noted that the main actors of RFA immune dynamics are innate immune cells (*e.g.*, NK cells and DCs) and that they are closely linked to HCC recurrence, and the specific mechanisms involved are a hot topic for future studies.

2.5.2. Cryoablation

The safety and feasibility of cryoablation as a new nonthermal locoregional treatment have been verified. Cryoablation is used to promote tumor cell death indirectly or directly through repeated cycles of freezing, and the host immune system can use tumor antigens to trigger the activation of innate and adaptive immunity against tumor antigens. The process of repeated freezing and thawing and cell membrane lysis can promote the release of cellular antigens and trigger a cryoimmunological response.

In a rat liver model, cryoablation induces inflammation and coagulation, and the production by splenocytes of tumor necrosis factor TNF- α , interferon INF- γ , and the interleukins IL-4, IL-6 and IL-10 increased significantly after cryoablation (53). In addition, there were increases in WBCs and decreases in platelets and hemoglobin. Cryoablation also has an effect on angiogenesis, with upregulation of VEGF expression in tumor tissue and a significant increase in angiogenesis in the residual tumor (54).

In addition to rat liver models, similar results have been found in clinical studies. A study using flow cytometry to measure the Treg frequency in the peripheral blood of 111 patients with liver cancer showed that the numbers of CD8⁺ CD4⁺ and FoxP3⁺ cells were significantly decreased after cryoablation cycles (55). In addition, it has been shown that the PD-1 and PD-L1 receptors on activated T cells and B cells are also altered. The expression of PD-1/PD-L1 decreased after cryoablation but was elevated at the time of tumor recurrence (56). The argon-helium cryosurgery system (AHCS) has now been clearly demonstrated to be effective in killing tumor cells and maximizing the protection of normal liver tissue. By monitoring the percentage of CD4⁺ and CD8⁺ T cells and NK cells in HCC patients after AHCS, it was found that the percentage of CD4⁺ T cells and NK cells was significantly higher compared to pretreatment, but the percentage of $CD8^+$ T cells was significantly lower (57). These studies can preliminarily demonstrate an excellent synergistic effect between cryoablation and immunotherapy in the treatment of HCC.

2.5.3. Microwave ablation (MWA)

MWA, similar in immune action to RFA, delivers a microwave oscillating electric field through a needle that greatly increases the temperature in the targeted cancer tissue. The effect of MWA on immune cells is well established, with several demonstrations of altered numbers of T cells, B cells and NK cells following MWA. For example, there was a significant increase in Th17 cell levels and a significant increase in CD3⁺ cells and $CD4^+$ cells 1 month after MWA (58). In addition, the percentage of immune cell subsets was also affected by MWA, with the frequency of effector memory T cells decreasing at 7 days after MWA, the percentage of plasmablasts increasing at Day 7 after treatment, and NK cells consistently increasing after MWA treatment. In particular, a significant increase in subsets of activated T and B cells was observed in patients with long survival times (59).

As in RFA, in addition to the alteration of immune cells, corresponding immune cytokines were also altered by ablation, such as a significant increase in the frequency of IFN-y and IL-5 responses in patients with long-term remission relative to patients in early relapse and a significant enhancement of IL-12 and a significant decrease in IL-4 and IL-10 1 month after MWA (*59,60*).

2.5.4. High-Intensity focused ultrasound

High-intensity focused ultrasound (HIFU), as a

noninvasive medical technique, is safe and well tolerated and has a significant survival advantage compared with other ablation treatments. It is a kind of hyperthermia and ultrasound therapy that can produce mechanical and thermal effects. The mechanical effect is caused by the negative pressure of ultrasound that forms cavitation to destroy the tumor tissue. The thermal effect induced by the ultrasound beam causes coagulative necrosis of the tissue.

As early as a decade ago, studies were conducted to compare the changes in circulating levels of all measured immunosuppressive cytokines in patients with malignant tumors before and after high-intensity focused ultrasound (HIFU) treatment. The results showed that the levels of serum immunosuppressive cytokines decreased after HIFU treatment, especially VEGF, TGF-β1 and TGF-β2, which were all significantly reduced (61). Regarding the changes in cellular immune factors in a short period of time after HIFU treatment, an ultrasound-guided HIFU study from Germany showed that tumor ablation with HIFU induced early sterile inflammation and an increase in leukocytes, CRP, and LDH within the first 20h after HIFU (62). However, a major issue with HIFU is that it is difficult to achieve complete tumor ablation. The decrease in the levels of HIFs, including HIF-1a and HIF- 2α , are the result of HIFU, and the levels of these factors increased significantly in residual tumor tissue following HIFU treatment. In addition, a high antigen-specific T-cell response was observed after 2 weeks and did not decrease, even after 10 months (63).

2.5.5. Laser ablation

Laser ablation (LA) is an efficient and safe novel treatment for HCC. The technology mainly causes photochemical damage to biological tissue with the formation of radicals and inflammation and causes protein denaturation with heat damage (64).

In existing animal studies, the moderate heat stress induced by LA could induce the expression of growth factors in HCC cells and hepatocytes, including heparinbinding growth factor, fibroblast growth factor 21, and nerve growth factor (65). In addition to immune cytokines, temperature can induce alterations in the tissue constituents and their structural organization, thus resulting in a measurable change in tissue optical properties. Hyperspectral imaging (HSI) has potential for diagnostic purposes such as the detection of cancers, and it can also provide valid support for therapy and surgery guidance. The thermal response in porcine hepatic tissue induced by laser ablation was assessed based on the spectral and spatial information provided by HSI. It was found that methemoglobin (MetHb) and deoxyhemoglobin (Hb) decreased with increasing temperature and then gradually reached a plateau phase with an increase in temperature $> 80^{\circ}$ C (66). However, the effect of LA on the microenvironmental changes and

immune response of HCC prognosis needs to be further studied.

2.5.6. Irreversible Electroporation (IRE)

Irreversible electroporation (IRE), as a new nonthermal ablation technique, is unlikely to damage cancer tissue by thermal effects, which are found with RFA, MWA, HIFU, and LA. Because of this feature, IRE can be used for tumor ablation in special sites such as those adjacent to bile ducts and blood vessels without destroying the adjacent structures (*67*).

IRE can affect many immune factors in the HCC microenvironment to varying degrees. Animal experimental models of IRE in recent years have illustrated the advantages and disadvantages of this ablation method in terms of the postoperative inflammatory response and the degree of immune cell infiltration. On Day 1 after IRE, activated T cells and NK cells increased, and Treg cells and circulating CD4 T-cell subsets (but not CD8) decreased (68). Furthermore, a significant increase in the infiltration of cytotoxic CD8 T cells was observed in post-IRE tumors in mice. The serum IFN- γ level was also significantly increased after IRE in rats (68). Moreover, the results from the animal model indicated that IRE could induce antitumor adaptive immunity dominated by the infiltration of cytotoxic CD8⁺ T cells into the tumors, accompanied by reduced Tregs. IRE can evoke CD8⁺ T-cell immunity by inducing cell necrosis and significant release of risk-related molecular patterns, including ATP, high mobility group box 1, and calreticulin, helping to prevent HCC progression after ablation (69). However, studies on the prognostic value of IRE in HCC in clinical patients are limited, and most of the current studies are focused on comparing the survival rate of patients after IRE treatment or on comparing the effects of different ablation modalities in mouse models. Therefore, the changes in the tumor microenvironment when IRE is applied to human HCC need to be further discussed and verified (Figure 6).

3. Immune response induced by systemic therapy

Systemic therapy for HCC has changed drastically since the combination of atezolizumab and bevacizumab was approved by the FDA and shown to improve overall survival relative to sorafenib. Many clinical randomized trials have demonstrated that combined immunotherapy, such as atezolizumab plus bevacizumab and apatinib plus camrelizumab (70), can improve prognosis in all aspects compared with sorafenib monotherapy. However, changes in the immune microenvironment of HCC after systemic therapy remain a major cause of resistance and recurrence, and the mechanisms underlying the altered immune response to systemic therapy due to the robust immunosuppression state involve many stromal cells, humoral mediators, and inhibitory checkpoint molecules, which need to be further explored.

3.1. Tyrosine kinase inhibitors (TKI)

Currently, tyrosine kinase inhibitors (TKIs) are used as first-line therapy for HCC. There are clinical shreds of evidence that suggest that the acquisition of somatic mutations can lead to TKI resistance. Since the adaptive immunity of HCC can inhibit tumor recurrence, TKIs can act on multiple tumor-activated signaling pathways, such as KIT, RET, vascular endothelial growth factor receptor (VEGFR), PDGFR, and fibroblast growth factor receptor (FGFR), thus showing the universality and persistence of efficacy.

Sorafenib can facilitate apoptosis, mitigate angiogenesis and inhibit tumor cell proliferation. To explain the effects of RFA alone and in combination with sorafenib, growth factor measurement in a standing tumor in a two-tumor rat model of HCC revealed that sorafenib treatment decreased HGF levels and microvessel density, whereas VEGF, macrophages, T cells and IL-10 levels were increased by sorafenib (71). Macrophages serve as an important component of the immune system and are the key for antitumor activity in HCC. In contrast, clinical



Figure 6. The immune response induced by various ablation therapies summarized in this review.

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trials have proven that when dendritic cells are inhibited by sorafenib, macrophages are reduced or activated by altered polarization (72).

Lenvatinib has potent antiangiogenic activity, which suppresses VEGFR 1–3, FGFR 1–4, platelet-derived growth factor receptor (PDGFR)- α , and the protooncogenes RET and KIT (73). Currently, lenvatinib has been approved as a first-line treatment for HCC in Japan, the United States, and China. In addition to the angiogenic effects due to the inhibition of kinases, it also has a regulatory effect on immune function. Lenvatinib reduced tumor PD-L1 levels, Tregs, and the proportion of monocyte and macrophage populations and increased the proportion of CD8 T-cell populations (74).

Donafenib is a novel multikinase inhibitor that is similar to sorafenib. As a second-line treatment for patients with HCC, donafenib is superior to sorafenib in terms of improved survival and safety tolerance. Serum cytokines, including IL-6, TNF- α and IFN- γ , were strongly upregulated in a rabbit VX2 liver tumor model after treatment with donafenib (75).

Apatinib selectively blocks VEGFR2 by occupying its binding site, thereby preventing the formation of new blood vessels in tumor tissues. In an immunodeficient mouse xenograft model of HCC, apatinib was shown to cause metabolomic changes, with a significant increase in 3-hydroxybutyric acid (3-HB) in serum, tumor tissue, and liver(76). In an in vitro study on apatinib inhibiting the invasion and metastasis of HCC, the expression of tissue inhibitors of metalloproteinases (TIMPs)-3 and TIMP-4 was upregulated, while the expression of matrix metalloproteinases (MMPs)-1, MMP-2, MMP-3, MMP-7, MMP-9, MMP-10, MMP-11, and MMP-16 was downregulated by apatinib treatment (77). However, there is also much evidence that apatinib can cause immune and hematological adverse effects, mainly leukopenia, granulocytopenia and thrombocytopenia (76).

As an orally available multitargeted TKI, regorafenib has better efficacy than sorafenib. It can prevent the progression of HCC by reducing cell proliferation, invasion and metastasis; inducing cell death and autophagy; and exerting great antitumor activity. Most importantly, similar to other TKI inhibitors, it can reduce the expression and secretion of the metastasisrelated markers MMP-2 and MMP-9. Regorafenib also decreased the levels and secretion of angiogenesis-related proteins, including VEGF, TNF- α , IL-1 β and IL-6 (78). In addition, regorafenib can regulate tumor-associated macrophages to enhance the body's antitumor immunity, and it can induce T-cell activation and M1 macrophage polarization (79).

A growing number of clinical studies have demonstrated that, regardless of the stage of HCC, corresponding TKI therapy can support other treatments for HCC patients, which can help patients achieve better efficacy or improve the prognosis and tumor recurrence to a certain extent.

3.2. Immune checkpoint inhibitor (ICI)

In the application of ICIs in HCC, pembrolizumab and nivolumab, anti-PD-1 humanized antibodies, were approved by the US FDA as a second-line treatment for HCC patients. The main antitumor mechanism of immune checkpoint inhibitors is the reversal of anti-PD-1/ anti-PD-L1 CD8 T-cell failure. The major suppressed inhibitory immune checkpoint receptors include PD-1, CTLA4, LAG3 and TIM3, which play an important role in maintaining self-tolerance. Mechanistically, PD-1 binds to T-cell receptors upon binding to its ligand PD-L1, leading to broad dephosphorylation of T-cell-activating kinases and resulting in apoptosis of T cells (80). Both in mouse model of primary HCC and in clinical trials, a reduction in PD-L1 and TGF- β expression and Treg infiltration, a significant increase in circulating CD8+ T cell activity, and downregulation of neutrophil-related markers were found during pembrolizumab treatment (80,81). More specifically, in a recent study evaluating the efficacy of PD-1 immunotherapy based on single-cell sequencing, patients treated with ICIs were identified as having an increase in B cells and a decrease in dendritic cells, regulatory T cells, and NK cells (especially those overexpressing CD16, CD38, and CD11c)(82).

Anti-CTLA-4 is most strongly expressed on Tregs, so the effect of anti-CTLA-4 antibodies may be related to the inhibition of Treg activity. The two most common anti-CTLA-4 antibody drugs are ipilimumab and tremelimumab. A result from survival analyses and an immune monitoring study of tremelimumab therapy showed that CD3⁺ T-cell infiltration and PD-1 expression increased in the tumor tissue, and CD4⁺-HLA-DR⁺, CD4⁺PD-1⁺, CD8⁺HLA-DR⁺, CD8⁺PD-1⁺, CD4⁺ICOS⁺ and CD8⁺ICOS⁺ T cells in the peripheral blood also increased after tremelimumab therapy (83). Similar results were obtained in a study in which CTLA-4 blockade suppressed the progression of tumors in a subcutaneous murine hepatoma model. IHC showed that the expression of CD4+ and CD8+ T cells and the level of IFN-y were increased in tumor tissues treated with an anti-CTLA-4 antibody alone compared with untreated tumor tissues (84). In other words, anti-CTLA-4 antibodies might exert antitumor effects by depleting the Treg cell population in the tumor microenvironment.

According to numerous former studies on the poor prognosis of anti-CTLA-4 antibodies, the adverse effects of CTLA-4 inhibition occur mainly after activation of T cells in lymphoid organs (85). These insights may also provide evidence for why anti-CTLA-4 antibodies should be used in combination with other immunotherapies.

In addition to anti-PD-1, anti-PD-L1 and anti-CTLA-4 antibodies that have been widely used in the clinical treatment of HCC, Tim-3, as a newly discovered immune checkpoint molecule, also shows antitumor effects in the targeted treatment of HCC. In contrast to the limited expression of PD-1 on depleted T cells, Tim-3 is an immune checkpoint molecule that is widely expressed in humans. Previous research has established that there are biointerfacing antagonizing T-cell inhibitory nanoparticles (BAT NPs) for HCC, which were developed by cloaking the platelet membrane on the PLGA microsphere surface to load T-cell immunoglobulin domain and mucin domain-3 antibodies (anti-TIM-3) as well as PD-L1. This therapeutic effect could subsequently activate effector T lymphocytes and the polarization of M1-type macrophages as well as antigen presentation by dendritic cells (86). Finally, the relationship between the high expression of Tim-3 and the poor prognosis of HCC has been clearly confirmed, and it can regulate the microenvironment of stem cells and affect the regulation of the biological behavior of HCC. Although the development of anti-TIM-3 antibodies in HCC is still relatively new, it must be a potential strategy for HCC immunotherapy. The immune response of hepatocellular carcinoma induced by systemic therapies is summarized in Table 1.

4. Combination of LRTs and immunotherapy

One of the theoretical bases of combination therapy is that LRTs can induce an immune response and inform the immunosuppressive microenvironment of HCC. The combination of LRTs and immunotherapy has synergistic antitumor effects. Previous studies have shown that LRTs such as TACE, SIRT, and thermal ablation can increase tumor immunogenicity by inducing inflammation and releasing more tumor-associated antigens, thereby increasing tumor invasion cytotoxicity and inducing systemic antitumor immune responses. Immunotherapy can address these immunosuppressive states by modulating the activity of lymphocytes and the secretion of cellular immune factors, helping patients achieve longer survival; for example, the combination of TACE and sorafenib has both efficacy and safety benefits due to the use of either treatment alone (87). The combination therapy of RFA and adoptive cell immunotherapy has shown excellent clinical efficacy, and RFA and RetroNectin activated killer cells effectively increase the proportion of $CD3^+/CD8^+$ cells and decrease the ratio of CD4⁺/CD8⁺ cells (88). Additionally, a phase I clinical study evaluating the safety of MWA combined with adoptive immunotherapy in HCC patients showed a reduction in the percentage of CD4⁺CD25^{high} Treg cells and an increase in CD8⁺CD28⁻ effector cells after 1 month (89).

As mentioned earlier, treatment with anti-CTLA-4 antibody alone may produce cytotoxicity and adverse effects, and combination therapy with anti-CTLA-4 antibody with other LRTs is able to achieve a better prognosis. In a clinical trial of tremelimumab in combination with ablation, six-week tumor biopsies following treatment demonstrated a clear increase in CD8 T cells in patients showing clinical benefit (90). To demonstrate the efficacy of the combination of RFA and anti-CTLA-4 antibody, Zhang *et al.* divided forty mice with tumors established on their right flanks into four groups: control group (no treatment), RFA group (insufficient RFA alone), anti-CTLA-4 group (anti-CTLA-4 monotherapy), and RFA+anti-CTLA-4 group (insufficient RFA+anti-CTLA-4). The IFN- γ concentration and CD4⁺ and CD8⁺ lymphocyte expression in the mice of the RFA+anti-CTLA-4 group were significantly higher than those of the other three groups (*84*).

Nevertheless, there are still clinical findings that run counter to the points mentioned above. As mentioned earlier, sorafenib can affect VEGF and HGF levels in the tumor environment, but sorafenib combined with arterial infusion chemotherapy was more likely to cause adverse events including neutropenia and thrombocytopenia than sorafenib alone. In conclusion, to achieve the best outcome of immunotherapy, the specific implementation of LRTs and immunotherapies needs to be further verified. Table 2 reviews the clinical trials of the combinations of LRTs and immunotherapy in HCC.

5. Combination of systemic therapy and immunotherapy

Although monotherapy for advanced HCC did not show a statistically significant change in efficacy, the combination of immunotherapies has shown an advantage in various survival assessment efficacy values. The combination of an inhibitor of VEGF and PD-1 or its ligand PD-L1 is a standard of care for patients with advanced HCC. Recently, the combination of atezolizumab (anti-PD-L1 antibody) plus bevacizumab (an anti-VEGF monoclonal antibody) demonstrated significantly longer OS and PFS than sorafenib in patients who were not previously treated (91). In orthotopic-grafted or induced-murine models of HCC, combination therapy with anti-PD-1 and anti-VEGFR-2 increased cluster CD8⁺ cytotoxic T-cell infiltration and activation, shifted the M1/M2 ratio of TAMs and reduced Treg and chemokine (C-C motif) receptor 2-positive monocyte infiltration in HCC tissue (92). Furthermore, under anti-PD-1 therapy, CD4+ cells promote normalized vessel formation in the face of antiangiogenic therapy with anti-VEGFR-2 antibody (92). Compared with PD-1 antibody monotherapy, the combination therapy enhanced T-cell infiltration, improved the efficacy of the PD-1 antibody and prolonged survival. Mechanistically, Peg-IFNa promotes the cytotoxic CD8+ T-cell infiltration microenvironment by inducing the secretion of chemokine CCL4, and the PD-1 antibody was able to restore the cytotoxic capacity of CD8+ T cells by inhibiting the IFNα-IFNAR1-JAK1-STAT3 signaling pathway (93).

A series of recent studies involving multiplex IHC, suspension mass cytometry (CyTOF), and Imaging Mass CytometryTM (94) were performed to elucidate both

G	Immune	Cell Response	Regulation	of Cytokine and Chemokine	
Systemic Therapy	Increased	Decreased	Up	Down	Ref
ТКІ	macrophage, T-cells,NK cell		VEGF and IL-10 levels	HGF levels and microvessel density (MVD),growth factor receptor (VEGFR)1–3, fibroblast growth factor receptor (FGFR) 1–4, platelet-derived growth factor receptor (PDGFR)-α	71,72
	CD8 I cell	Treg, and the proportion of monocyte and macrophage		PD-L1	73
		populations	serum cytokines including IL-6, TNF-α and IFN-γ, 3-hydroxybutyric acid (3-HB)		74
			TIMPs -3 and TIMP-4	MMP-1, MMP-2, MMP-3, MMP- 7, MMP-9, MMP-10, MMP-11, and MMP-16	76
		leukopenia, granulocytopenia and thrombocytopenia		VEGF, TNF- α , IL-1 β and IL-6	
	T cell activation and M1 macrophage				78
Immune checkpoin inhibitor (ICI) PD-1 PD-L1	t	T calls		1 ז רוק	80
				rD-LI	00
	cytotoxic T-cell and CD8+ T cells	Tregs		neutrophil-associated markers	84
	B cells	DCs, regulatory T cells, and NK cells(over-expressing CD16, CD38, and CD11c)	CXCL9	TGF-β	81
CTLA-4	CD3+ T cells (in tumor tissue)		PD-1 expression		
	$\begin{array}{l} C \ D \ 4 + - \ H \ L \ A - D \ R + , \\ C \ D \ 4 + PD - 1 + , \ CD8 + HLA - \\ D \ R + , \ C \ D \ 8 + PD - 1 + , \\ C \ D \ 4 + I \ C \ O \ S + \ a \ n \ d \\ CD8 + ICOS + \ T \ cells \ (in \ the \ peripheral \ blood) \end{array}$				82
	CD4+ and CD8+T cell		IFN-γ		83
	T cells (in lym-phoid organs)	Tregs			84
Tim-3	T lymphocytes and polarization of M1-type macrophages				86

Table 1. Summary of the immune response of hepatocellular carcinoma induced by systemic therapies

Abbreviation: TKI: Tyrosine kinase inhibitors; VEGF: vascular endothelial growth factor; HGF: hepatocyte growth factor; NK: natural killer cell; VEGFR: growth factor receptor; FGFR: fibroblast growth factor receptor; PDGFR: platelet-derived growth factor receptor; PD-L1: Programmed cell death 1 ligand 1; TNF- α : tumor necrosis factor- α ; IFN- γ : interferon- γ ; 3-HB: 3-hydroxybutyric acid; TIMP: tissue inhibitor of metalloproteinases; MMP: matrix metalloproteinase; CXCL chemokine (C-X-C motif) ligand; TGF- β 1: tansforming growth factor- β : CTLA-4: cytotoxic T lymphocyte-associated antigen-4.

systemic and local immune responses to the combination with cabozantinib and nivolumab, and the preliminary findings indicated that cabozantinib and nivolumab promote T-cell-mediated antitumor immunity locally and systemically (95). Specifically, the tumor tissue samples from HCC patients with a better response exhibited a greater presence of CD8⁺ and CD4⁺ T cells. In addition to the difference in the lymphocyte profile, the combination treatment also promoted the differentiation of macrophage clusters with low CD163 and arginase-1 expression, which was associated with higher plasma levels of CXCL9/10/11, CCL2 and CCL26 (96). In conclusion, combination therapy resulted in a sustained twofold increase in response rates, with a complete response rate of ~5% and encouraging survival beyond 18 months (97).

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Table 2. Clini	ical trials registered on NIH investigating combinations of LRT	s and immunotherapy in HCC				
Trials ID	Regimen	Target Population	Status	Phase En	rollment numbe	r Study Period
NCT02851784	ICI-based Combination therapy Cellular Immunotherapy+Microwave Ablation	HCC	Completed	Ш/Ш	40	2021/3/1-2009/12/1
NCT03914352	PD-1 Antiboty + Hepatic Resection	HCC Combined With PVTT After Hepatic Resection 1	Unknown status	NA	40	2020/1/31-2019/4/1
NCT04521153	Camrelizumab+Apatinib Mesylate	Perioperative of Resectable HCC	Recruiting	NA	290	2026/3/1-2021/3/25
NCT04220944	Immunotherapy +Locoregional Treatment	Unresectable HCC.	Recruiting	Ι	45	2022/9/30-2020/1/1
NCT05546619	Tislelizumab+Hyperthermic Intraperitoneal Chemotherapy	High-risk HCC After R0 Resection	Active, not recruiting	NA	30	2025/7/31-2022/8/1
NCT05407519	Tislelizumab + Sitravatinib	High Risk of Recurrence After Curative Resection 1	Recruiting	Π	40	2026/6/30-2022/7/25
NCT03867084	Pembrolizumab(MK-3475)+Surgical Resection or Local Ablation	HCC	Active, not recruiting	Π	950	2029/8/31-2019/5/28
NCT04682210	Sintilimab Plus Bevacizumab+Curative Resection	I	Not yet recruiting	Π	246	2024/12/1-2020/12/1
NCT03937830	Durvalumab, Bevacizumab, Tremelimumab+TACE	HCC or Biliary Tract Carcinoma	Recruiting	Π	39	2023/12/31-2021/3/10
NCT03630640	Nivolumab+Electroporation	HCC	Active, not recruiting	Π	43	2023/11/30-2018/10/11
NCT02960594	hTERT Immunotherapy+IL-12 DNA+Electroporation	Adults With Solid Tumors at High Risk of Relapse 0	Completed	I	93	2018/11/9-2014/12/1
NCT05240404	Toripalimab+Curative-intent Ablation	Recurrent HCC	Recruiting	Π	116	2024/7/31-2020/7/1
NCT03753659	Pembrolizumab+IMMULAB - Immunotherapy+Local Ablation	HCC	Active, not recruiting	Π	30	2024/6/1-2019/5/9
NCT05027425	Durvalumab (MEDI4736)+Tremelimumab	HCC in Patients Listed for a Liver Transplant	Recruiting	Π	30	2030/12/7-2021/12/7
NCT05609695	Immune Checkpoint Inhibitor+Molecular Targeted Drugs / Locoregional	HCC	Not yet recruiting	NA	100	2025/9/1-2023/3/1
	Therapy	HCC	Unknown status	Π	40	2022/12/31-2019/2/12
NCT03510871	Nivolumab+Ipilimumab	Advanced Liver Cancer	Active, not recruiting	II/I	659	2024/12/29-2012/10/30
NCT01658878	Nivolumab+Other Agents	Advanced Hepatopancreabiliary Tumors (BLOCKED) 1	Not yet recruiting	П	62	2028/10/1-2023/3/1
NCT05451043	Durvalumab+Tremelimumab+Propranolol+Chemotherapy	HCC	Suspended	Π	150	2028/5/1-2023/5/1
NCT05063565	Durvalumab+Tremelimumab	Hepatocellular Carcinom	Not yet recruiting	III/II	574	2026/4/1-2023/2/1
NCT05665348	Ipilimumab+Atezolizumab+Bevacizumab	Advanced/Metastatic HCC	Recruiting	Ι	20	2024/3/31-2021/10/30
NCT05031949	Camrelizumab+Hyperbaric Oxygen	HCC	Recruiting	II/I	32	2023/12/1-2019/3/1
NCT03682276	Ipilimumab+Nivolumab+Liver Resection	High-risk HCC	Not yet recruiting	Π	27	2028/12/5-2023/3/1
NCT05194293	Regorafenib+Durvalumab (MEDI4736)	Advanced HCC (1970)	Completed	NA	124	2023/3/9-2021/5/1
NCT04862949	Atezolizumab+Bevacizumab	Resectable Liver Cancer	Completed	Π	30	2022/9/14-2017/9/28
NCT03222076	Nivolumab+Ipilimumab	Advanced Liver Cancer	Unknown status	Π	27	2022/8/1-2020/8/30
NCT04523662	Carrelizumab+Apatinib Mesylate+Radiotherapy	Advanced Liver Cancer	Recruiting	Π	88	2025/1/31-2022/2/11
NCT05211323	Chemotherapy+Bevazicumab+Atezolizumab	Resectable Liver Cancer	Recruiting	Π	30	2027/12/31-2021/2/10
NCT04721132	Atezolizumab+Bevacizumab Before Surgery	Treatment of Liver Cancer After Progression on Prior 1	Recruiting	Π	30	2027/2/28-2022/2/4
NCT04430452	Hypofractionated Radiotherapy+Durvalumab+Tremelimumab	PD-1 Inhibition	:	:		
VICT0517010	A + 1	Unresectable, Locally Advanced, or Metastatic Liver	Recruiting	П	122	2026/12/31-2022/5/27
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NC102940490	remoronizumab+Elbasvii/Orazoprevii+Kibavirin wien 107365 i	Advanced Solid Jumors	Kecruiting	- L	067	2023/12/29-2021/2/3
NCT07510248	Durvelumeh/Tremelimumeh+Durvelumeh +Tremelimumeh/		Acuve, not recruiting	П	CC+	61/01/01/07-67/71/0707
NC102019340	Durvalumao/ 1remeiimumao+Durvalumao +1remeiimumao/ Dtt-		D	Ħ	101	
NCT05350861	DevaciZumab Aterolizmush+Bavaoizmush+SDF388	ПСС Hihrolamallar HCC	Recruiting Recruiting	= -	401 86	21/4/272-1/2/2722
NCT04248569	Nivolumab+Ipilimumab+DNAJB1-PRKACA Fusion Kinase Peptide		Summer	-	2	07110707-10011707
	Vaccine	in Advanced HCC Patients Who Have Progressed on I	Recruiting	Π	40	2027/1/31-2023/1/19
NCT05199285	Nivolumab+1pilimumab	First Line Atezolizumab + Bevacizumab)			
Abbreviations: 1	NIH: National Institutes of Health; LRTs: locoregional treatments; HCC: H	epatocellular Carcinoma; NA: Not Applicable;				

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Table 2. Clin	iical trials registered on NIH investigating combinations of LRT	s and immunotherapy in HCC (continued)				
Trials ID	Regimen	Target Population	Status	Phase Er	arollment numbe	er Study Period
NCT05269381 NCT05431270 NCT03836352	Pembrolizumab+Personalized Neoantigen Peptide-Based Vaccine PD-1 Inhibitor+PT199 (an Anti-CD73 mAb) Low Dose Cyclophosphamide & Pembrolizumab+Immunotherapeutic, DDV Support	Advanced Solid Tumors HCC Selected Advanced & Recurrent Solid Tumors	Recruiting Recruiting Active, not recruiting		36 41 184	2025/2/24-2022/3/31 2024/1/1-2022/6/23 2023/12/31-2018/12/21
NCT03544723 NCT03638141	Dr.ASuryivac Immune Checkpoint Inhibitors+p53 Gene Therapy Durvalumab+Tremelimumab+CTLA-4 /PD-L1 Blockade Following	Solid Tumors Intermediate Stage of HCC	Unknown status Recruiting	П	40 30	2022/12/31-2018/10/1 2023/11/1-2019/10/2
NCT04785287	Iransarterial Chemoembolization (JEB-1ACE) Nivolumab+Anti-CTLA4-NF mAb (BMS986218)+Stereotactic Body DediointTheorem 2010	Metastatic Solid Malignancies	Active, not recruiting	11/1	13	2024/5/27-2021/3/29
NCT02886897	Anti-PD-1+D-CIK Immunotherapy	In Refractory Solid Tumors	Unknown status	II/I	50	2019/10/1-2016/7/1
NCT05535998 NCT05135364	TKI+based Combination therapy TKI+TACE-HAIC +Immunotherapy TKI+HAIC+Canrelizumab	Hepatocellular Carcinoma With PVTT Unresectable Hepatocellular Carcinoma After TACE	Completed Recruiting	NA II	743 48	2022/6/30-2021/1/1 2024/12/5-2021/11/5
NCT04518852	Sorafenib+TACE+PD-1 Monoclonal Antibody	Failure HCC	Unknown status	Π	09	2023/1/31-2020/9/14
NCT04229355	Sorafenib+DEB-TACE+Lenvatinibor PD-1 Inhibitor	Unresectable Hepatocellular Carcinoma	Unknown status	III -	90	2022/12/30-2021/2/2
NCT05286320	Soratento+Bavtuxtmao+SBK1 Lenvatinih+Pembrolizumah+SBRT	Unresectable HepatoceIIular Carcinoma HCC Patients With Portal Vein Thrombosis	witnarawn Not vet recruitinσ	1/11	0	2026/9/30-2023/3/1
NCT03841201	Lenvatinib+Immunotherapy With Nivolumab	Advanced Stage Hepatocellular Carcinoma	Active, not recruiting	П	50	2023/3/1-2019/6/12
NCT02562755	Sorafenib+Vaccinia Virus	HCC	Completed	Ξ	459	2020/7/1-2015/10/1
NCT04273100 NCT04627012	Lenvatinio+1ACE+rD-1 Monocional Antioody Lenvatinib+Anti-PD1 Antibody	Advanced Hepatocellular Carcinoma	Unknown status Completed	П	009	2022/7/1-2018/1/1
NCT02988440	Sorafenib+PDR001	Advanced Hepatocellular	Completed	Ι	20	2020/2/27-2017/4/20
NCT01749865	local treatment-based Immunotherapy CIK+Radical Resection	нсс	Completed	Ш	200	2014/12/1-2008/10/1
NCT04658147	Nivolumab+Relatlimab	Potentially Resectable Hepatocellular Carcinoma	Recruiting	Ι	20	2026/6/1-2021/5/28
NCT03755739 NCT03299946	Trans-Artery/Intra-Tumor Infusion of ICI+Chemodrug Cabozantinib+Nivolumab (CaboNivo)+Resection	Advanced Solid Tumors Patients With Locally Advanced Hepatocellular	Recruiting Completed	II/II I	200 15	2033/11/1-2018/11/1 2021/10/1-2018/5/14
OUCESOCOTON		Carcinoma	1 Internet adopted	-	QC	
NCT05411926	PD-1 /PD-L1 Inhibitor Therapy+Liver Transplantation	Acute Rejection After Liver Transplantation in Patients With Hepatocellular Carcinoma	Unknown status Recruiting	I NA	30 0	2022/10/51-2019/17 2023/9/1-2021/3/17
NCT01828762	Autologous Immune Cell Therapy+Resection+TACE Therapy	Primary Hepatocellular Carcinoma	Completed	NA	8	1900/1/0-2012/12/1
NCT04564313	Camrelizumab+Liver Transplantation	Recurrent HCC After Liver Transplantation	Recruiting	_ =	20	2023/7/1-2020/9/21
NCT02638857	Autologous Icin Infinutionaterapy+LACE Immunotherapy Using Precision T Cells Specific to Multiple Common	Advanced Hepatocellular Carcinoma	Completed Unknown status	I/I	75 09	2017/9/1-2015/9/1
NCT05475613	Iumor-Associated Antigen+Iranscatheter Arterial Chemoembolization HAIC+Taroeted Therany and Imminotherany	Down-stage Therapy of liver transplantation	Not vet recruitino	Ш	75	2028/7/30-2022/8/1
NCT04988945	TACE+SBRT+Double Immunotherapy	for Downstaging Hepatocellular Carcinoma	Recruiting	П	33	2026/12/1-2020/12/1
NCT05613478	Camrelizumab+Apatinib Mesylate+TACE	Perioperative Treatment of Hepatocellular Carcinoma	Recruiting		130	2027/11/1-2022/11/1
NCT05198609	Durvalumab (MEDI4/36)+I remelimumab +Y-90 SIK1/1ACE Camrelizimah Anatinih+HAIC	Intermediate Stage HCC HCC With Portal Vein Invasion	Recruiting	пШ	84 214	2024/9/30-2020/12/12
NCT05313282	Hepatic Arterial Infusion+Apatinib+Camrelizumab	C-staged Hepatocellular Carcinoma in BCLC	Recruiting	III	140	2025/6/1-2022/6/15
		Classification				

Table 2. Clinical trials registered on NIH investigating combinations of LRTs and immunotherapy in HCC (continued)

Trials ID	Regimen	Target Population	Status	Phase En	rollment numbe	r Study Period
NCT03817736	TACE+SBRT+Immuno Therapy	Downstaging HCC for Hepatectomy	Active, not recruiting	II	33	2023/1/31-2019/3/1
NCT04945720	Durvalumab +HAIC	Advanced Hepatocellular Carcinoma	Recruiting	Π	30	2023/12/30-2022/4/11
NCT04981665	TACE+Tislelizumab	HCC at High Risk of Recurrence After Curative 1 Resection	Recruiting	Π	50	2024/12/1-2021/11/8
NCT04796025	Sintilimab+Bevacizumab Biosimilar+TACE	Hepatocellular Carcinoma (BCLC-C Stage)	Recruiting	П	34	2024/8/31-2021/9/23
NCT05701488	SIRT+Tremelimumab+Durvalumab	Resectable HCC	Not yet recruiting	I	20	2025/10/1-2023/5/1
NCT02487017	DC-CIK+TACE	Hepatocellular Carcinoma	Unknown status	Π	09	2018/12/1-2015/5/1
NCT04268888	Nivolumab+TACE/TAE	Intermediate Stage HCC	Recruiting	111/111	522	2026/6/1-2019/5/8
NCT04547452	Sintilimab+Stereotactic Body Radiotherapy	Advanced Metastatic HCC	Recruiting	Π	84	2023/7/1-2020/7/1
NCT03086564	Hepatitis B Virus (HBV)-Specific Antigen Peptides+HepG2 Cell Lysate Co-activated Dendritic Cells+TACF	HBV-related HCC Treatment	Completed	П/П	70	2020/10/29-2017/5/1
NCT01853618	Tremelimumab+Chemoembolization/Ablation	Liver Cancer (Completed	II/I	61	2017/6/7-2013/5/2
NCT04191889	Hepatic Arterial Infusion+Apatinib+Camrelizumab	C-staged Hepatocellular Carcinoma in BCLC	Recruiting	Π	47	2025/12/31-2020/4/13
NCT04167293	Sintilimab+Stereotactic Body Radiotherapy	Hepatocellular Carcinoma	Unknown status	111/111	116	2022/10/31-2019/11/16
NCT03864211	Thermal Ablation+Immunotherapy	HCC	Active, not recruiting	II/II	145	2023/5/30-2019/6/15
NCT05809869	Immunotherapy+Radioembolisation	Metastatic Hepatocellular Carcinoma	Recruiting	Π	25	2026/6/30-2023/2/15
NCT02678013	RFA+Highly-purified CTL	Recurrent HCC	Unknown status	III	210	2022/1/1-2016/2/1
NCT03067493	RFA/Surgical Resection+Neo-MASCT	Primary HCC	Recruiting	Π	98	2023/3/31-2017/7/25
NCT03939975	Anti-PD-I therapy+Thermal Ablation	Advanced HCC	Completed	Π	50	2019/7/31-2019/6/1
NCT04724226	Camrelizumab and Apatinib+Cryoablation	Advanced Hepatocellular Carcinoma	Recruiting	Π	34	2024/8/31-2021/9/1
NCT03812562	Nivolumab+Yttrium-90	Patients With Liver Cancer Undergoing Surgical	Unknown status	Ι	2	2022/12/1-2019/2/7
NCT0527729	A tozolizumek± Cehozontinik±Vttuium V 00 Close Mionechouse	Resection Humanatable at Locality Adviouned Hemiteneolinies V	W/ith during	Ц	0	01/21/2202 1/21/2202
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NCT03008343	Irreversible Electroporation+NK Immunotherapy	Recurrent Liver Cancer	Completed	II/I	20	2019/7/1-2016/12/1
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Abbreviations: NIH: National Institutes of Health; LRTs: locoregional treatments; HCC: Hepatocellular Carcinoma; NA: Not Applicable;

6. Conclusion and prospect

The immune microenvironment of HCC is a system composed of hepatocytes, immune cell subsets, immune receptors and ligands, cytokines and chemokines, extracellular matrix, and other elements (98,99). From the above studies, we know that local therapy, systemic therapy, or immunotherapy can affect the immune microenvironment of HCC. Immunotherapy is an increasingly recognized and used method in clinical practice, and its combination with LRTs and systemic therapy is also increasingly used in the clinical treatment of HCC. However, there is great individual variability in combination therapy, which is affected by the tumor size, location, sequence and duration of treatment, and frequency of treatment. More clinical trials are needed to explore the specific time and regimen of immune combination therapy and to continue to optimize the development of the most accurate treatment.

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Conflict of Interest: The authors have no conflicts of interest to disclose.

Availability of data and materials: The datasets generated during the current study are available in the https:// clinicaltrials.gov/repository

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Review

An update on diagnosis and treatment of hepatoblastoma

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SUMMARY Hepatoblastoma (HB) remains the most common paediatric liver tumour and survival in children with hepatoblastoma has improved considerably since the advent of sequential surgical regimens of chemotherapy based on platinum-based chemotherapeutic agents in the 1980s. With the advent of modern diagnostic imaging and pathology techniques, new preoperative chemotherapy regimens and the maturation of surgical techniques, new diagnostic and treatment options for patients with hepatoblastoma have emerged and international collaborations are investigating the latest diagnostic approaches, chemotherapy drug combinations and surgical strategies. Diagnosis of hepatoblastoma relies on imaging studies (such as ultrasound, computed tomography, and magnetic resonance imaging), alpha-fetoprotein (AFP) levels, and histological confirmation through biopsy. The standard treatment approach involves a multimodal strategy with neoadjuvant chemotherapy followed by surgical resection. In cases where complete resection is not feasible or tumors exhibit invasive characteristics, liver transplantation is considered. The management of metastatic and recurrent hepatoblastoma poses significant challenges, and ongoing research focuses on developing targeted therapies and exploring the potential of immunotherapy. Further studies are necessary to gain a better understanding of the etiology of hepatoblastoma, develop prevention strategies, and personalize treatment approaches. We aim to review the current status of diagnosis and treatment of hepatoblastoma.

Keywords PRETEXT staging, neoadjuvant chemotherapy, hepatectomy, recurrent hepatoblastoma

1. Introduction

Hepatoblastoma (HB) has been the most common primary pediatric liver malignancy in young children who developed liver cancer, accounting for 90% of malignant liver tumors in children younger than 5 years, and it is especially prevalent in children under the age of 3(1,2). With the development of imagining examination, the diagnostic method has been common and more precise staging can be applied through imaging tools (3,4). In the treatment of hepatoblastoma, since the application of platinum-based chemotherapy regimens and advances in surgical techniques and surgical tools, which facilitated precision hepatectomies and resection of focal metastasis, survival has greatly improved (5). After the International Childhood Liver Tumor Strategy Group (SIOPEL)-I study in the 1980s, which found that platinum-based chemotherapy regimens were quite effective in children with hepatoblastoma, more international collaborative organizations became involved in the trend of studying preoperative chemotherapy regimens in combination with sequential surgical treatment (6-9). Among these,

the Children's Oncology Group (COG), Japanese study group for Pediatric Liver Tumor (JPLT), German Paediatric Oncology and Haematology Society (GPOH) and SIOPEL cohorts are the most authoritative and systematic. In subsequent studies, even though the basic chemotherapeutic drug combinations are relatively fixed, an increasing number of chemotherapy regimens have emerged, and the pursuit of better tumor remission, adjusting the dose of chemotherapy drugs within a reasonable range, and combining the use of other drugs to reduce the damage of chemotherapy side effects have become the goals of new chemotherapy regimens (7,9-11). At the same time, surgical resection of liver tumors has advanced dramatically over the past few decades (12). The use of more sophisticated surgical techniques has further increased the resection rate of patients with hepatoblastoma after chemotherapy. The identification of lesions, the removal of metastatic lesions and the implementation of extreme hepatectomy have increased the surgical benefit for patients (5, 13). We aim to present the progression and current situation of diagnoses and treatments in hepatoblastoma.

2. Progress and current situation in diagnosis of hepatoblastoma

2.1. Symbols of hepatoblastoma

The most common presentation of hepatoblastoma is asymptomatic celiac mass, the accompanying symbol includes ascites, febrile, jaundice, feeding intolerance and weight loss, caused by the mass effect upon the stomach or intestine (14,15). Some symbols containing pseudo precocious puberty and thrombocytosis could help to make a clinical diagnosis (16). The serum alphafeto protein (AFP) level is also an element in diagnosis of hepatoblastoma. The sensitivity and specificity of the abnormal increase of serum AFP in the diagnosis of hepatoblastoma were 98.0% (95%CI: 0.89-1.00) and 100% (95%CI: 0.88-1.00). The clinical diagnosis was consistent with the pathological diagnosis of hepatoblastoma (Kappa = 0.97, P < 0.001) (17). However, low-AFP level was highly associated with poor prognosis (18).

2.2. Imaging diagnosis of hepatoblastoma

2.2.1. Ultrasound

Ultrasound remains the first imaging study performed for screening and diagnosis of pediatric abdominal mass. By assessment the echo signal and significant mass effect on adjacent organs, ultrasound can confirm the hepatic mass origin (19). Hepatoblastoma can appear as a solitary mass, a dominant mass with satellite lesions, as multiple nodules throughout the liver or, rarely, a diffusely infiltrative mass involving the entire liver on sonography. Most tumors are hyperechoic relative to normal liver but are often nonhomogenous due to mesenchymal components. Calcifications may be present and appear as punctate or linear hyperechoic foci with posterior shadowing. Areas of internal hemorrhage and necrosis are not uncommon and will appear anechoic (19). Also, doppler ultrasound is sensitive to evaluate the invasion of hepatic and portal venous, which contributed to high-risk stratification in several studies conducted by international conjunction groups (20).

2.2.2. Computed Tomography (CT)

The CT presentation of hepatoblastoma depends on the histologic composition of the tumor and is highly variable. Calcification may be present in the epithelial pathological subtype and are usually small and fine, whereas in mixed mesenchymal-epithelial tumors the calcifications are coarse and extensive (19). After contrast injection, hepatoblastoma generally shows heterogeneous enhancement and is less enhanced than the surrounding normal liver. If imaging is performed in the arterial phase, there may be an enhanced peripheral margin. The tumor may involve one, two, three or all four hepatic segments. Although coronal and sagittal reconstructed CT images help to define the tumor margins, sometimes it is difficult to define the margins on CT. In such cases, MRI can provide additional information.

Since approximately 20% of portions of hepatoblastoma patients were diagnosed with lung metastasis initially, pulmonary CT was required and can be used to scan abdomen at the same time (3).

2.2.3. Magnetic Resonance Imaging (MRI)

MRI is more widely used in the diagnosis of hepatoblastoma due to its ability to reflect more accurately the location of the tumor in relation to the vital tissue vessels and to determine roughly the pathological type of the tumor by the presentation of many different sequences (21). Epithelial tumors are generally homogeneous, appearing as hypodense on T1-weighted images and dense on T2-weighted. Mixed epithelialmesenchymal tumors are usually heterogeneous due to varying amounts of internal haemorrhage, necrosis, fibrosis, calcification, cartilage and septa (19). However, MRI takes longer to perform and therefore sedation is usually required for paediatric patients.

2.3. Biopsy of hepatoblastoma

Though imaging tools played a vital role in diagnosis in hepatoblastoma, only biopsy can confirm it. It's obliged in children under 6 months old and over 3 years of age undergoing tumor biopsy, because various tumors could present at the former group and a high-AFP level may be attributed to the age of the child, and to tell if hepatoblastoma and hepatocellular carcinoma occurs in older children. To children between 6 months and 3 years old, diagnostic biopsy is controversial (*16*). Biopsy tissue can be obtained through percutaneous core, laparoscopic core or wedge, or open biopsies, which depend on the balance between the risk of bleeding and acquiring enough of target tissue. It's recommended to obtain five cores of tumor and one core of normal liver or at least three cores for pathological examination (*6*).

Since the forge of staging systems (PRETEXT, COG *et al*) and risk stratification were mature in recent years, histological subtype is raising great importance in formulating treatment protocols (8,9,18,22). Not only histological subtype, but also the results of immunohistochemical testing could guide the chemotherapy algorithms. The clinical meaning revealed by immunohistochemistry differs a lot. Integrase interactor 1(INI 1) negative epithelial hepatoblastoma with low serum AFP level may suggest a rhabdoid originated tumor and receive a compromised chemotherapy regimen. Comparison between PRETEXT stage I/II and stage III/IV have shown that CD44 is higher expressed in the latter (23). Abnormal expression of CD 90, CD133 and CD44 were associated with disease progression and decreased survival in hepatoblastoma (24). Studies concentrated on new immunohistochemical markers are conducted globally. A report from AHEP 0731 has shown that pretreatment percutaneous biopsy of pediatric liver tumors yielded the lowest frequency of clinically significant hemorrhaging requiring transfusion, without evidence of sacrificing diagnostic accuracy (10).

2.4. Hepatoblastoma risk stratifying staging system

The first risk stratifying system was pre-treatment extent of tumor system (PRETEXT system), reported by SIOPEL in 1992. Evan's risk stratification was adopted by Children's Oncology Group (COG), and the stratification was based on initial surgery. Since the advances applied in imagine techniques, PRETEXT system has been a hybrid to apply serial trails conducted by international cooperative groups. In 2017, four international cooperative groups (SIOPEL, COG, JPLT, GPOH) have collaborated to write a new staging system- CHIC-HS. CHIC-HS is a stratification based on PRETEXT system, and was used by ongoing hepatoblastoma trials.

2.4.1. PRETEXT staging system

The Société Internationaled' Oncologie Pédiatrique Epithelial Liver Tumor Study Group (SIOPEL) first described the pre-treatment extent of tumor system (PRETEXT system) in 1992 to stratify the risk stage for children diagnosed with hepatoblastoma prior to neoadjuvant chemotherapy (Figure 1). The PRETEXT system contains content concerning standardized imaging evaluation at the same time (25). A consequence of SIOPEL trials reported PRETEXT system stratified risk patients distinctly, and easily to be reproduced in clinical practice (13,22,26-29). The PRETEXT system was contributed by two components: the PRETEXT



Figure 1. PRETEXT staging. (I = one section involved, three sections tumour free; II= one or two sections involved, two sections tumour free; III = two or three sections involved, one section tumour free; IV = four sections involved).

group and annotation factors. The former depicted the intrahepatic extent of hepatoblastoma and the latter was used to reveal characters like vascular invasion (including portal vein or hepatic vein/ inferior vena cava), extrahepatic disease, multifocality, tumor rupture and metastatic disease (to both the lungs and lymph nodes).

PRETEXT system was revised several times since the first publication in 1992, and several trails conducted by Children's Oncology Group (COG), the International Childhood Liver Tumors Strategy Group (SIOPEL), and the Japanese Study Group for Pediatric Liver Tumor (JPLT, now part of the Japan Children's Cancer Group) have some differences in definitions of annotation factors.

In 2017, these organization wrote a common set of definitions to be used in future trials together (3). The modified PRETEXT annotation contains V: Hepatic or vena cava involvement, P: Portal vein involvement, E: Extrahepatic adjacent tissue involvement, M: Distal tissue involvement, C: Caudate lobe involvement, F: Intrahepatic multiple tumor nodules, R: Pre-diagnostic tumor rupture. These definitions will be used in the forthcoming Trial to Pediatric Hepatic International Tumor Trial (PHITT) (3).

2.4.2. Evan's surgical stage

In trial INT-0098, which was conducted by Children's Oncology Group (COG), presented Evan's surgical stage based on initial surgical intervention prior to neoadjuvant chemotherapy. With the development of imaging techniques, COG has used a staging system mixed with PRETEXT and Evan's system (Table 1).

2.4.3. PRETEXT: pre-treatment extent of tumor system

In order to create a standard staging system, SIOPEL, COG, JPLT and GPOH cooperated to summarize their clinical trial data. The Children's Hepatic Tumors International Collaboration (CHIC)has reviewed these data and formed CHIC-HS risk stratification (Table 2). The new system uses PRETEXT groups and PRETEXT annotation factors, as well as age and alpha-fetoprotein (AFP) levels, to determine treatment cohorts on the new Trial to Pediatric Hepatic International Tumor Trial (PHITT).

 Table 1. Evan's surgical stage

Stage	Specifics
I	Complete gross resection with clear margins
II	Gross total resection with microscopic residual disease at margin of resection
III	Gross total resection with nodal involvement or tumor spill or incomplete resection with gross residual intrahepatic disease
IV	Metastatic disease with either complete or incomplete resection

3. Treatments of hepatoblastoma

3.1. Pre/Post-operative chemotherapy

Since the apparent reduction of tumor volume caused by cisplatin-based chemotherapy was reported in the 1980s, neoadjuvant chemotherapy with sequential surgery became a paradigm of treatment of hepatoblastoma gradually (30,31). In consecutive trials conducted by SIOPEL, the children were treated with chemotherapy

Table 2. Risk stratification of CHIC-HS

Risk Stratification	Specifics			
Very low	PRETEXT I, M(-), VEGFR(-), resectable at diagnosis PRETEXT II, M(-),< 8 years, VEGFR(-), AFP > 1,000 ng/mL, resectable at diagnosis			
Low	PRETEXT I, M(-), VEGFR(-), non-resectable at diagnosis			
	PRETEXT II, M(-),< 8 years, VEGFR(-), AFP > 1,000 ng/mL, non-resectable at diagnosis			
	PRETEXT III, M(-), < 8 years, VEGFR(-), AFP>1,000 ng/mL			
Intermediate	PRETEXT I, M(-), < 8 years, VEGFR(+)			
	PRETEXT II, M(-), < 8 years, VEGFR(+), AFP > 1,000 ng/mL			
	PRETEXT III, M(-),< 8 years, VEGFR(+)/ AFP 100-1,000 ng/mL			
	PRETEXT IV, M(-), < 3 years, AFP>100ng/mL			
High	Any PRETEXT, M(+)			
	PRETEXT I, M(-), > 8 years, VEGFR(+)			
	PRETEXT II/III, M(-), <8 years, AFP ≤ 100 ng/mL			
	PRETEXT II/III, M(-), > 8 years			
	PRETEXT IV, M(-), < 3 years, AFP ≤ 100 ng/mL			
	PRETEXT IV, M(-), > 3 years			

prior to surgery (29). The COG believes that very low risk, low risk patients should have surgery first; medium to high-risk patients should have neoadjuvant chemotherapy in combination with surgery and adjuvant chemotherapy (32). GPOH and JPLT preferred to apply surgery to relatively early-stage patients and administer post-operative chemotherapy(9,33). Both GPOH and JPLT are now increasingly advocating the use of preoperative chemotherapy. However, patients suitable for surgery at initial diagnosis and undergoing surgery were recommended for postoperative chemotherapy by COG, GPOH and JPLT (7,9). The summarization of these collaborations is shown in Table 3.

3.1.1. SIOPEL

The SIOPEL initiative of cisplatin-based neoadjuvant chemotherapy in combination with surgery and postoperative chemotherapy has shown a significant improvement in patient prognosis (22). The first HB prospective clinical trial (SIOPEL-1) used a cisplatin + adriamycin regimen (PLADO) with a 5-year eventfree survival (EFS) and overall survival (OS) of 66% and 75%, respectively, for the entire group (29). In subsequent trials, SIOPEL-2 has stratified patients into standard-risk group and high-risk group depending on the PRETEXT system and lung metastasis. Cisplatin alone (CDDP 80 mg/m²) was shown to be comparable to cisplatin combined with adriamycin for the standard-risk group (3-year EFS (83% vs. 85%) and OS (95% vs. 93%) and relapse rate (15% vs. 12%) (29). For the treatment of patients in the high-risk group, the SIOPEL-4 study increased the preoperative cisplatin dose density from

Table 3. Summarization of chemotherapy of international collaborations

International collaborations	Risk stratification	PRETEXT staging and disease manifestations	Preoperative chemotherapy	Postoperative chemotherapy
SIOPEL-4	Standardize risk	PRETEXT I/II/III and AFP > 100 ng/mL	CDDP*4	C5V-DOXO*2
	High risk	PRETEXT IV or M,H,P,E,R, AFP < 100 ng/mL	CDDP*4 alternate CARBO/DOXO*3	C5V-DOXO alternate CARBO/DOXO*2
AHEP0731 (COG)	Very low risk	PRETEXT I with pure fetal histology hepatoblastoma	Ν	Ν
	Low risk	PRETEXT I/II, non-small-cell undifferentiated disease	Ν	C5V*2
	Intermediate risk	PRETEXT I/II with small-cell undifferentiated histology or PRETEXT III hepatoblastoma	C5V and DOXO*4-6	C5V-DOXO
	High risk	PRETEXT IV and Any stage disease with AFP <100 ng/mL	Vincristine (V) and Irinotecan (I)*2 and C5V-DOXO*6	-
HB99 (GPOH)	Standardize risk	Potentially resectable after chemotherapy	IPA*2-3	IPA
	High risk	Non-resectable Multifocal Vessel involvement Positive lymph nodes	Carboplatin + etoposide * 2	CDDP*1 alternate CARBO/ DOXO * 2
JPLT-2		PRETEXT I/II	Ν	CITA (50% dose)
		PRETEXT II	CITA*2	CITA (50% dose)
		PRETEXT III/IV OR PRETEXT I/II with	CITA+ITEC	CITA*2
		annotation	(high dose)	

CDDP: cisplatin; C5V: vincristine; DOXO: doxorubicin; CARBO: carboplatin; IPA: ifosfamide+cisplatin+doxorubicin, cisplatin and doxorubicin CITA: CDDP + 4'-O-tetrahydropyranyladriamycin ITEC: cisplatin, pirarubicin or pirarubicin, ifosfamide/carboplatin. 22. 9 mg/(m² -week) to 47. 5 mg/(m² -week), and after high-dose cisplatin + adriamycin preoperative chemotherapy and carboplatin + adjuvant chemotherapy, patients had an increase in complete remission rates of approximately 20% compared to SIOPEL3, with 3-year EFS and OS of 76% and 83%, respectively (22,34). The prognosis of patients in the high-risk group was significantly better than before, with 77% and 73% 3-year OS in patients with metastases or PRETEXT stage IV, respectively, suggesting that weekly application of cisplatin may improve patient survival (22). In SIOPEL IV, postoperative chemotherapy was applied to patients who underwent sequential surgery after neoadjuvant chemotherapy. The postoperative chemotherapy protocols were doxorubicin (20 mg/m²) and carboplatin6 mg/mL per min per day) (22).

3.1.2. COG

The COG initially favored a post-operative chemotherapy regimen based on Evans classification criteria. In COG-INT0098, a postoperative chemotherapy protocol based on cisplatin, fluorouracil and vincristine (C5V) regimen were applied to avoid adriamycin cardiotoxicity with improved prognosis (35). In 1993, the COG first demonstrated the efficacy of the C5V regimen, with a 5-year EFS of 90% in Evan's stage I and II patients and a poorer prognosis in later stage patients (36). Subsequent studies comparing C5V and cisplatin + adriamycin regimens found similar overall survival rates (5-year OS 69% vs. 72%), with the former having a slightly higher recurrence rate (5-year EFS 57% vs. 69%) but less toxic side effects (36). AHEP0731 further optimized the chemotherapy regimen for the low-risk group, suggesting that in children with completely resectable tumors, reducing the C5V regimen by 2 courses postoperatively would reduce drug accumulation and ensure efficacy, and reduce the total cisplatin dose by 1/2 (8). Also, the AHEP0731 study used vincristine/irinotecan for the pre-treatment of high-risk HB. The 3-year EFS and OS were 49% and 62%, respectively (37). In 2021, the COG suggested that the C5V regimen combined with adriamycin (C5VD regimen) could further improve outcomes in children with HB, with a 5-year EFS and OS of 88% and 95%, respectively, in children with unresectable disease at diagnosis (11).

3.1.3. GPOH

GPOH has led three clinical trials, HB89, HB94 and HB99, in which the indications for initial surgical procedures have become increasingly stringent (38-40). In GPOH 99, the protocol allowed the primary resection only in very small tumors confined to one liver segment on the liver margin, which was equal to PRETEXT I, and PRETEXT system used to stratify parallel patients (40). The German GPOH prospective studies of HB89, HB94 and HB99 using IPA (isocyclophosphamide + cisplatin + adriamycin), PA-cont (cisplatin + adriamycin continuous therapy) and Carbo/VP16 (carboplatin + etoposide) had 3-year OS of 75%, 77% and 89%, respectively, but the GPOH regimen did not outperform the SIOPEL and COG regimens over the same period. HB94 had a slightly improved prognosis (29% *vs.* 36%) in advanced, relapsed refractory HB with IPA and Carbo/VP16 (*33*). High-dose Carbo/VP16 chemotherapy combined with autologous HSCT had limited efficacy in the high-risk group, with a 5-year OS of only 58% (*7*).

3.1.4. JPLT

The first clinical trial of JPLT (JPLT-1) used a cisplatin + adriamycin regimen with 3-year and 6-year OS of 77. 8% and 73. 4%, and a 3-year EFS of < 50% after doubling the cisplatin dose in patients with advanced disease (stages IIIB and IV) (9,41). In JPLT-2, patients staged PRETEXT I/II were recommended to undergo surgery first, and remaining patients received cisplatin + pirarubicin (CITA) used as the first-line regimen; isocyclophosphamide, pirarubicin. VP-16 and carboplatin (ITEC) were used as the second-line regimen, with a 5-year EFS of 71. 6-84. 8%. However, ITEC second-line regimen and autologous stem cell transplantation has limited efficacy (9). The effectiveness and safety of the SIOPEL-4 regimen was confirmed by JPLT3-H (42).

3.2. Common chemotherapy adverse reactions and management

3.2.1. Cisplatin

Cisplatin is indispensable for HB treatment, but can cause irreversible Ototoxicity in children and reduce quality of life. In SR patients treated with cisplatin monotherapy, SIOPEL-6 found a significantly lower incidence of grade 1+ hearing loss in the sodium thiosulfate group compared to the control group (33% vs. 63%), with no difference in 3-year EFS and OS between the two groups, confirming that sodium thiosulfate significantly reduced cisplatin ototoxicity without compromising efficacy (43). This was corroborated by the results of the COG's ACCL0431 trial, which showed a 27.8% reduction in hearing loss in children with cancer in the sodium thiosulfate group (28.6% vs. 56.4%). However, the prognosis was worse in the sodium thiosulfate group in patients with metastases, suggesting that sodium thiosulfate may diminish the effect of cisplatin and may not be used in the high-risk group (44). Amifostine has a hearing protective effect but unfortunately does not work in HB (45).

3.2.2. Anthracyclines

The main side effects of chemotherapy with anthracyclines are cardiotoxicity, including acute

myocardial injury and chronic impairment of cardiac function. The former is transient and reversible myocardial localised ischaemia, which may manifest as panic, shortness of breath, chest tightness and precordial discomfort; the latter is irreversible congestive heart failure, which is related to the cumulative dose of the drug (46). Once cardiac function tests suggest an ejection fraction < 55% or an axis shortening fraction < 28%, anthracycline antibiotics may be continued if abnormal left heart function can be demonstrated to be related to bacterial infection, otherwise they should be suspended until the ejection fraction is \geq 55% or the axis shortening fraction is \geq 28% (47). Dexrazoxane and levocarnitine are chosen according to the dose of anthracycline used or the degree of myocardial damage (15).

3.3. Surgical treatment of hepatoblastoma

Surgery remains the most vital intergradient in the cure of hepatoblastoma even though chemotherapy has become sophisticated through these decades. The timing and extent of hepatectomy or liver transplantation contingent on the POSTTEXT classification (staged in the same way as PRETEXT but used to describe status after receiving neoadjuvant chemotherapy), response to neoadjuvant and tumor biology (3). The advent of many new techniques has also broadened the scope of resectable hepatoblastoma, making surgery safer and more effective.

3.3.1. Hepatectomy

On the timing of surgical resection of hepatoblastoma, this varies between collaborative groups. The International Childhood Liver Tumors Strategy Group (SIOPEL) recommends preoperative neoadjuvant chemotherapy for all staged children to reduce the extent of hepatic resection, avoid aggressive surgery and reduce surgical trauma (13). In the COG, GPOH and JPLT studies, an upfront resection strategy was adopted for patients with PRETEXT I/II and, according to the COG study, pure fetal hepatoblastoma with PRETEXT I can be cured with radical surgery (48,49). The COG surgical guidelines recommend: segmental or lobectomy for children with PRETEXT stages I and II; lobectomy or trilobectomy for children with POST-TEXT stages II and III without involvement of large vessels; and complex hepatectomy or liver transplantation for children with POST-TEXT stages III and IV with involvement of large vessels, which should be assessed by an experienced team with competence in liver transplantation (50-52). Although the protocols used by the various collaborative groups differed, the final outcomes were generally similar according to the Children's Hepatic tumors International Collaboration (CHIC) (18).

In the Chinese guidelines for the diagnosis and management of hepatoblastoma, the indications for

primary surgical resection are: (1) American Society of Anesthesiologists grade 1 to 2; (2) residual liver tissue greater than 35% of the original volume and functionally capable of meeting metabolic needs as assessed by imaging; (3) a single tumor lesion in PRETEXT stage I or II with adequate clearance (≥ 1 cm) from important vessels; (4) an anticipated microscopic single tumor lesion in PRETEXT stage I and II with sufficient clearance from important vessels (≥ 1 cm); (5) expected microscopic residual (COG stage II) without secondary surgery. (6) For children with PRETEXT stage III or IV, deferred surgery should be performed after neoadjuvant chemotherapy with a clear diagnosis on biopsy; (7) For children with POSTTEXT stage I or II or POST-TEXT stage III without significant vascular involvement (portal vein or inferior vena cava) after chemotherapy, lobectomy or segmental resection of the liver is feasible; (8) For children with PRETEXT stage I or II, lobectomy or segmental resection of the liver is feasible. (9) Children with PRETEXT stage IV and POSTTEXT stage III with inferior vena cava (V+) or portal vein (P+) involvement after chemotherapy should be transferred to a hospital with complex hepatic segmental resection or liver transplantation capability as soon as possible; (10) Children with single metastatic lesions in the lung or brain remaining after chemotherapy should be surgically resected for residual lesions.

The use of surgical adjuvant techniques also provides a guarantee of safety and effectiveness in hepatoblastoma surgery. Along with the development of laparoscopic techniques, laparoscopic liver tumor resection is becoming increasingly sophisticated. With the assurance of less trauma, less bleeding and faster postoperative recovery, laparoscopic surgery offers adequate safety and efficacy. In the JPLT-2 study, non-anatomical partial hepatectomy and incomplete tumor resection were suggested as risk factors associated with a high risk of recurrence. Combined with the use of intraoperative ultrasound, laparoscopic liver resection can accomplish precise resection of liver segments and complete removal of the lesion. However, due to the small abdominal space in paediatric patients, patient selection for surgery should be considered in relation to the location, size and response to chemotherapy of the paediatric tumor.

Indocyanine green (ICG) fluorescence imaging has been widely used in laparoscopic surgery and paediatric liver resection, and there are international reports of ICG being used in hepatoblastoma resection (53-55). Since healthy liver tissue rapidly clears ICG, while tumor tissue retains ICG, preoperative injection of ICG facilitates intraoperative determination of the resection line and identification of residual tumor (56). ICG (0.5-1 mg/kg) is currently administered intravenously 48-72 hours prior to surgery to ensure hepatic clearance (55). In addition, indocyanine green staining can be applied to indicate resection of distant metastases from hepatoblastoma. See 3.4 of this chapter for details. However, the following deficiencies remain when using indocyanine green for staining indication of hepatoblastoma. First, for hepatoblastoma with good differentiation, indocyanine green can maintain a good fluorescence image, while for special hepatoblastoma, indocyanine green does not maintain well. Second, most patients with hepatoblastoma received preoperative chemotherapy, and the activity of the tumor is significantly reduced, which also affects the absorption and excretion of indocyanine green by the tumor tissue (*57*).

With regard to the prognostic impact of positive postoperative pathological examination margins, although residual tumor was found to be a high-risk factor for recurrence in the JPLT-2 study, in the SIOPEL study, positive microscopically seen margins did not affect outcome with a median follow-up of 67 months, with local recurrence occurring in 3/58 (5%) patients with microscopically positive resection margins and 23/371 (6%) patients with complete resection. The 5-year overall and event-free survival rates were 91% and 86%, respectively (58,59). The more widely shared view is that in patients with hepatoblastoma treated with platinumbased protocols, even if a positive microscopic margin is found after surgery, there is no significant impact on patient survival. The results of some studies suggest that there is no significant difference in the prognosis of patients with positive margins even when compared to patients in complete remission after platinum-based therapy (59,60). The reasons for this phenomenon may be as follows: first, the positive margins of the patient's resected liver specimen may not mean that tumor cells remain in the patient's liver body because liver sections are routinely cauterized during liver surgery; second, even small amounts of residual tumor tissue are still more easily controlled or even in complete remission under the control of platinum-based chemotherapy regimens (59). In some cases of postoperative recurrence of non-R0 resection, this may also be due to the presence of potential metastases at the time of diagnosis. The survival was not significantly different even after postoperative distant metastases due to good control of distant metastases with platinum-based agents (60). This provides some theoretical basis for the acceptance of hepatectomy in patients with POSTTEXT stage III/IV. Indeed, studies by Joerg Fuchs et al. and El-Gendi A et al. have suggested a survival benefit for patients undergoing hepatectomy in POSTTEXT stage III, with 3-year overall survival rates of 86.6% for the former and 5-year overall survival rates of 80.7% for the latter (13,61). Although such clinical practice may be beneficial in diverting the need for allogeneic liver transplantation in advanced patients, the possibility of liver transplantation should always be considered. In addition, a surgical strategy of ex vivo liver resection and autotransplantation (ELRA) may be attempted for those who still have invasion of important tissue structures after chemotherapy treatment and whose growth location

is difficult to be directly resected. According to Kang *et al*, an autologous liver transplantation with ex vivo hepatectomy was performed in a 1.5-year-old female child. The patient's AFP level returned to normal rapidly after surgery and the perioperative period was uneventful, providing preliminary evidence of the potential feasibility of the ex vivo hepatectomy combined with the autologous liver transplantation technique for patients who are not suitable for conventional hepatectomy (*62*).

3.3.2. Liver transplantation

There is no unified indication for liver transplantation for hepatoblastoma in international collaborations, but liver transplantation should still be considered first for patients with PRETEXT stage III/IV, or with large vessel or bile duct invasion. Liver transplantation is a more complete eradication of the lesion than hepatectomy, but is limited by the adverse effects of immunosuppressive therapy and an insufficient number of donors, and has been commonly used as a salvage treatment for endstage HB. So, liver transplantation for hepatoblastoma can be divided into two options: primary liver transplantation and salvage liver transplantation. Salvage liver transplantation may be considered for remaining intrahepatic recurrences that occur after initial liver resection. Based on previous literature, the postoperative survival benefit of salvage liver transplantation is similar to that of initial liver transplantation (63). Also, the pathological type of hepatoblastoma, waitlist time, log-fold decrease in AFP and number of adjuvant chemotherapy cycles had a significant effect on the time to EFS after liver transplantation in patients with hepatoblastoma (63). Thanks to the use of preoperative chemotherapy and the maturation of surgical techniques, the survival prognosis of liver transplantation in patients with unresectable hepatoblastoma has been significantly improved and the number of liver transplants performed on patients with hepatoblastoma has increased more than 20-fold (64). Due to preoperative chemotherapy regimens and improved surgical techniques, liver transplantation for hepatoblastoma now has a 5-year survival rate of 60-80% (65). A restorative clinical study based on the Surveillance, Epidemiology, and End Results Program (SEER) database suggests that children with hepatoblastoma who undergo liver transplantation have a 5-year survival rate of 86.5% (66). In recent years, studies have confirmed that postoperative survival rates are significantly higher in children who have undergone first-stage liver transplantation than in children who have undergone recurrent remedial liver transplantation after hepatectomy. Therefore, a more positive attitude towards liver transplantation is required in clinical practice.

3.3.3. Assistive technology

Trans-catheter arterial chemo-embolization (TACE) may

be indicated for patients who have had a poor response to chemotherapy and are not candidates for liver resection or liver transplantation (67,68). Jiang et al. treated 17 patients with PRETEXT stage III-IV with the A combined with B approach, and 14 of them achieved good results. Tumor markers were reduced to normal (69). The results of another randomized controlled trial suggested that 110 patients with unresectable hepatoblastoma treated with High Intensity Focused Ultrasound (HIFU) combined with TACE regimen had higher survival rates of 100%, 84%, and 16% at 1, 3, and 5 years, respectively (70). The above results support that TACE and various treatment options in combination with TACE may have some efficacy in difficult-to-resect hepatoblastoma, leading to longer survival times. In addition, portal vein embolisation (PVE) or associating liver partition and portal vein ligation for staged hepatectomy (ALPPS) has the potential to promote normal liver volume gain and safeguard liver function in the perioperative period in patients who have insufficient future liver remnant (FLR) but still require liver resection. The world's first patient with hepatoblastoma treated surgically with ALPPS was reported in 2014 by Chan et al (71). The use of ALPPS in paediatric liver tumors is still in its infancy and has only been carried out in a small number of experienced paediatric hospitals, and is mostly reported as a case study (72,73). However, some studies now show that rapid tumor recurrence and metastasis may occur after ALPPS, which may be related to changes in the immune microenvironment within the liver (74).

3.4. Treatment of metastatic lesions

The most common distant metastatic organ for hepatoblastoma is the lung, with 20% of children having lung metastases at diagnosis. In patients with hepatoblastoma found at initial diagnosis and with pulmonary metastases, surgical resection of the still present pulmonary metastases after chemotherapy helps to prolong overall survival (13,75,76). According to the JPLT-2 and SIOPEL-3 studies, more than half of patients who received intensive neoadjuvant chemotherapy experienced complete remission of their lung lesions (13,77). For patients with complete remission of lung lesions who undergo resection of the primary lesion, the overall survival rate at 3 years can exceed 80% (78). Whereas in patients with residual lung lesions despite chemotherapy, residual lung lesions are a significant risk factor for reduced EFS and OS and undergoing lung nodule resection is a viable means of doing so. Wanaguru et al. reported on the resection of eight patients with hepatoblastoma with long-term curative results (76). Intraoperative identification and resection of lung metastases can now also be achieved with the aid of ICG fluorescent labelling. Kitagawa et al reported that ICG can detect lung lesions as small as 0.062 mm. In a study of 10 patients, all pathologically positive lesions

were significantly fluorescence positive (79). In contrast, survival data for pulmonary recurrence after surgery vary widely, but the basic treatment idea is also based on surgical options after chemotherapy or relying on chemotherapy alone for disease control, but in general, the prognosis for patients with this condition is relatively poorer than for patients with lung metastases at the time of initial diagnosis, perhaps due to the development of resistance to chemotherapy in postoperative recurrent tumors (80). The difference in survival of patients with recurrent lung disease, however, may be due to differences in patient metastasis, with shorter survival for patients who also have extra-pulmonary recurrent lesions compared to those with limited intrapulmonary recurrence (81,82). Currently, the common surgical approach for resection of lung lesions is irregular resection or wedge resection of the lung, rather than resection of the complete lung lobes or segments. Also, simultaneous and heterochronic resection is controversial in patients with metastatic lesions in both lungs (83). Although heterochronic surgery is less invasive, the interval between surgical procedures may affect the development and implementation of the patient's postoperative chemotherapy regimen. The procedure is also more invasive and more likely to affect the patient's respiratory function, requiring more careful assessment of the patient's surgical and respiratory tolerances. In addition, radiofrequency ablation can be used for the treatment of pulmonary metastatic lesions (84).

3.5. Treatment of recurrent hepatoblastoma

The most common sites of recurrence of hepatoblastoma are intrahepatic recurrence and pulmonary metastases. Recurrence of hepatoblastoma is relatively common in patients who are not sensitive to first-line therapy, with less than 12% of patients in complete remission to first-line therapy experiencing recurrence, according to the SIOPEL study and combined treatment with chemotherapy and surgical removal of the tumor is essential for long-term survival (85). Chemotherapy as well as surgery is still recommended for the treatment of recurrent hepatoblastoma. In the aforementioned SIOPEL study, 31 of 59 patients with recurrence achieved a secondary complete remission and 15 of 21 patients with local recurrence in the liver were treated with radical surgery (85). Salvage liver transplantation may also be considered for those with complex localised recurrent lesions in the liver that make reoperation difficult. However, the long-term survival of salvage liver transplantation is currently poor, with a 5-year survival rate of only about 30%-40% compared to the 5-year overall survival rate of over 80% for primary liver transplantation (86,87). Management of metastatic lung lesions with the same chemotherapeutic and aggressive surgical approach does not achieve similar results as in intrahepatic recurrences. In the SIOPEL series, a

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second remission could be achieved by resection in 15 of 27 patients with pulmonary recurrence (85). Shi et al reported the surgical experience of 10 patients with pulmonary recurrence, one of whom had bilateral pulmonary metastases. eight were effectively treated by pulmonary metastasectomy for long-term survival (81). Multiple thoracotomies can be repeated as needed to remove pulmonary recurrences to prolong diseasefree interval. However, its value in prolonging longterm overall survival remains to be demonstrated. For patients with recurrent hepatoblastoma after initial liver transplantation, re-hepatectomy is still an effective treatment. Liu et al reported that 18 patients with recurrent hepatoblastoma after liver transplantation underwent hepatic resection and significant prolonged survival time was observed (88).

4. Outlook

The efforts of international collaborations have led to significant advances in the treatment of hepatoblastoma, with significant increases in cure rates and long-term survival for children. However, there are still issues to be addressed.

As hepatoblastoma is a relatively rare type of tumor, the etiology of hepatoblastoma still needs to be further investigated. Although several studies have suggested that low birth weight and tobacco intake during pregnancy are risk factors for the development of hepatoblastoma (89). However, no epidemiological models have been successfully constructed to guide the primary prevention of hepatoblastoma. With unprecedented close collaboration and information sharing among international clinical research groups on hepatoblastoma, it is expected that future research on the etiological mechanisms of hepatoblastoma will be deepened and a preventive mechanism for the disease will be constructed from an etiological perspective.

In addition, despite promising improvements in survival rates for children with hepatoblastoma due to advances in chemotherapy and surgical techniques, there are still some children who are not sensitive to conventional chemotherapy regimens or whose tumors have recurred and metastasized after surgery. In the treatment of hepatocellular carcinoma, targeted combination immunotherapy regimens have shown significant efficacy and may also be useful in subsequent clinical trials for the treatment of recurrent or refractory hepatoblastoma (90). Small clinical trials have found that sorafenib (SFN) and irinotecan (CPT-11) resulted in remission in approximately 80% of patients with relapsed/refractory HB, and the combination of the two drugs still holds promise for partial response (PR) in patients with single agent resistance (91). Some phase I studies by the COG have shown the effectiveness of Aurora kinase inhibitors and the multireceptor tyrosine kinase inhibitor pazopanib in HB

(92). In immunotherapy, case reports have shown that immunotherapy with pabolizumab controlled HB disease progression for up to 22 months (93). Studies on the efficacy of GPC3, CAR-T cells for AFP or the humanized antibody codrituzumab in HB are ongoing (92). The limited inhibitory effect of anti-PD-1 monoclonal antibodies on HB may be related to the low mutational load of the tumor, and further studies are needed to determine whether the prognosis of HB can be improved by mutation screening or in combination with conventional chemotherapy (93).

5. Conclusion

Advances in diagnostic techniques and treatment options have led to survival benefits for children with hepatoblastoma. In light of the advancements in imaging technology, the diagnosis, preoperative assessment, and staging of hepatoblastoma have become more accessible, thus facilitating treatment modalities and surgical strategizing. New chemotherapy regimens are increasingly looking at ways to reduce the side effects of chemotherapy in addition to seeking higher rates of disease remission. Meanwhile, advances in surgical techniques have expanded surgical indications to further achieve a better survival benefit.

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Review

The effect of the female genital tract and gut microbiome on reproductive dysfunction

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SUMMARY Microorganisms are ubiquitous in the human body; they are present in various areas including the gut, mouth, skin, respiratory tract, and reproductive tract. The interaction between the microbiome and reproductive health has become an increasingly compelling area of study. Disruption of the female genital tract microbiome can significantly impact the metabolism of amino acids, carbohydrates, and lipids, increasing susceptibility to reproductive tract diseases such as vaginitis, chronic endometritis, endometrial polyps, endometriosis, and polycystic ovary syndrome. The gut microbiome, considered an endocrine organ, plays a crucial role in the reproductive endocrine system by interacting with hormones like estrogen and androgens. Imbalances in the gut microbiome composition can lead to various diseases and conditions, including polycystic ovary syndrome, endometriosis, and cancer, although research on their mechanisms remains limited. This review highlights the latest advancements in understanding the female genital tract and gut microbiomes in gynecological diseases. It also explores the potential of microbial communities in the treatment of reproductive diseases. Future research should focus on identifying the molecular mechanisms underlying the association between the microbiome and reproductive diseases to develop new and effective strategies for disease prevention, diagnosis, and treatment related to female reproductive organs.

Keywords microbiome, female genital tract, gut, reproductive disease, dysbiosis

1. Introduction

In recent decades, a focus of research in public health and translational medicine has been the human microbiome. Billions of microorganisms, including bacteria, archaea, fungi, and viruses, colonize the human body, affecting various aspects of human health such as growth, digestion, nutrient absorption, immune regulation, and metabolism (1,2). Imbalances in human microorganisms have been linked to diseases including dental caries, malnutrition, gastrointestinal ulcers, diabetes, cancer, depression, allergic asthma, and autoimmune diseases (3). Over the past two decades, the human microbiome has become a focus of research in public health and translational medicine. With advances in next-generation sequencing technology and related bioinformatic tools, the US and Europe conducted the Human Microbiome Project (HMP) and the Human Intestinal Tract (MetaHIT). These two large-scale human microbiome-related studies have brought about major advances in the entire field.

The intestinal and female genital tract (FGT) harbor

stable microbial communities. The FGT, encompassing the vagina, cervix, endometrium, fallopian tubes, and ovaries, possesses a distinct microbiome, constituting around 9% of the total bacterial count in women (4). However, the FGT is not static, but rather a dynamically balanced ecosystem affected by factors including age, lifestyle, hormone levels, and environmental influences (5). The human symbiotic microbiota, exemplified by the gut microbiota, is often referred to as the "second genome" of the human body and is closely connected to female reproductive diseases. The gut microbiome is considered an extended endocrine organ, crucial in the reproductive endocrine system, interacting with hormones like estrogen and androgens throughout a woman's life (6). Disruptions to this microbiome, such as through epigenetic modifications, nervous system changes, and metabolic imbalances, can interfere with zygote formation, hinder embryo implantation and development, and increase susceptibility to diseases (7), significantly impairing reproductive capacity and pregnancy. Imbalances in the FGT and gut microbiome

composition can lead to the onset of reproductive-related diseases, including vaginitis, polycystic ovary syndrome (PCOS), endometriosis (EMs), chronic endometritis (CE), and endometrial polyps (EPs) (8,9).

This review delves into the interaction between the FGT and gut microbiome. It also examines the link between microbiome imbalance and reproductive diseases, emphasizing potential pathogenesis and therapeutic applications.

2. Characteristics of female microbiome

2.1. Female reproductive tract microbiome

The FGT consists of the upper genital tract (UGT), consisting of the fallopian tubes, ovaries, uterus, and endocervix, and the lower genital tract (LGT), consisting of the ectocervix and vagina. The use of highthroughput sequencing technology has provided deeper insights into the distribution of the FGT microbiome. In comparison to the LGT, the UGT exhibits lower bacterial density but higher diversity. Both domestic and international studies have indicated that the colonization of bacterial communities in the lower third of the vagina, posterior fornix, cervix, uterine cavity, fallopian tubes, and peritoneum in women of childbearing age undergoes continuous changes. Samples taken from various parts of the vagina and cervix have shown low species diversity, with *Lactobacillus* dominating (10). However, the FGT is highly dynamic and influenced by factors such as age, lifestyle, hormone levels, and the menstrual cycle (Figure 1).

2.1.1. Vaginal-cervical microbiome

The composition of the vaginal microbiome is closely

related to reproductive health. In 2011, Ravel et al. (11) used 16srRNA sequencing technology to classify the community status types (CST) in the vagina of healthy women into five types based on the dominant species and pH level of Lactobacillus. CST-I, CST-II, CST-III, and CST-V involve the dominant species Lactobacillus crispatus (26.2%), L. gasseri (6.3%), L. iners (34.1%) and L. jensenii (5.3%), respectively. The abundance of Lactobacillus in CST-IV is low, while the abundance of specific anaerobic bacteria (Dialister, Prevotella, Atopobium, Gardnerella, and Sneathia) is high. A recent study based on a large sample dataset subsequently subdivided CST-IV into 7 subtypes, dominated by different non-lactobacilli species (12). This indicated that Streptococcus vaginalis may produce other end products of fermentation in the vagina and not just lactic acid as traditionally thought, and it may be related to elevated vaginal PH. Some studies have shown that CST-I tends to be the most stable, while CST-IV is prone to change. The vaginal microbiota dominated by L. crispatus is more likely to first transform into the vaginal microbiome dominated by L. iners or mixed Lactobacillus, rather than directly transitioning to complete dysregulation of the microbiome (13,14). Vaginal microorganisms interact with each other and are regulated by the host organism, which in turn regulates the host's local immune function. Some microorganisms interact with the host genome to maintain a relatively independent ecological environment (15). The female vaginal microbiome is dynamically changing due to multiple factors. At present, menstruation is generally believed to lead to changes in certain CST types, but the change in individual microbial community types does not necessarily accompany an increase in bacterial diversity (16). Srinivasan et al. (17) reported that during menstruation, the abundance of Gardnerella and L. iners in the vagina increased in 81%



Figure 1. Female reproductive tract microbiome. The upper genital tract (UGT) consists of the fallopian tubes, ovaries, uterus, and endocervix, while the lower genital tract (LGT) consists of the ectocervix and vagina. Compared to the LGT, the UGT exhibits less bacterial density but higher diversity. The FGT can be influenced by various factors, including age, lifestyle, hormone levels, and the menstrual cycle.

of subjects, but the abundance of other Lactobacillus spp. decreased, and the microbiome gradually returned to a stable state before menstruation. Although the altered CST pattern has been described during menstruation, its relationship to reproductive health has not been fully determined. Gajer et al. (18) monitored the dynamic changes in the vaginal microbiome in 32 healthy women and they found that CST-I and CST-II are relatively stable and that the transformation of these two types is usually related to menstruation - the transition to CST-III dominated by L. iners during menstruation, which quickly returns to its original state after menstruation. The normal vaginal microbiome can prevent urogenital tract diseases (such as vaginitis, pelvic inflammatory disease, sexually transmitted diseases, and urinary tract infections) by sticking to the vaginal epithelium, preventing the invasion of pathogenic microorganisms, producing H₂O₂, bacteriocin and biosurfactants to maintain the acidic environment in the vagina and other mechanisms (Table 1).

In women of childbearing age, the composition of the cervical microbiome is usually similar to that of the vaginal microbiome (25). Punzón-Jiménez et al. (9) found that Lactobacilli accounted for 97.56% of cervical mucus according to qPCR detection, with L. iners and L. crispatus being the most abundant species. Pelzer et al. (26) reported that the highest content detected in cervical specimens is Lactobacillus spp., followed by Gardnerella spp., Veillonella spp., Prevotella spp., Sneathia spp., or Fusobacterium spp. In recent years, research on the cervical microbiome has mainly focused on its relationship to cervical cancer. The high diversity of species in the cervical microbiome and specific genera (such as Gardnerella spp.) are associated with the risk of human papilloma virus (HPV) infection in women (27). Persistent high-risk HPV infection increases the risk of cervical intraepithelial neoplasia (CIN) and even cervical cancer. Some taxa are associated with a vaginal microbiome imbalance, such as Gardnerella, L. iners, Mycoplasma, Sneathia, and Fusobacterium. These are reported to be risk factors for CIN and cervical cancer, inducing Toll like receptor 4 signaling, NF-κB activation and upregulation of pro-inflammatory cytokines (such as γ -interferon and IL-1), promoting the progression

of cervical lesions by promoting inflammation and disrupting the cervical mucus barrier (28-30).

2.1.2. Endometrial microbiome

The endometrium plays a crucial role in female reproductive function. Despite the conventional belief that the uterus is a sterile environment, the endometrium has a unique microbial community (31). The bacterial load in the uterus is estimated to be 100 to 10,000 times less than that in the vaginal microbiome (32). Given the inertia but differences in the composition of endometrial and vaginal microbiota, the source of the endometrial microbiota is still controversial. Some researchers believe that microorganisms colonize the uterus through the vagina and cervix, but the vaginal microbiota is not a persistent source of endometrial microbiota and may be influenced by multiple factors (33). Another hypothesis suggests that uterine microbiota colonization involves multiple pathways such as gastrointestinal microbiota migration and blood transmission of respiratory and oral bacteria (34).

Thus far, most studies have reported that the uterine microbiota mainly consists of Lactobacilli (35,36). However, results of different studies in terms of the composition of the uterine microbiota are not consistent. Moreno et al. (36) found that Lactobacillus still accounts for the highest proportion (30.6%) in the endometrial microbiota and that there are also bacterial genera such as Bifidobacterium, Gardnerella, Macrosporidium, Prevotella, and Streptococcus. This is similar to the conclusions of Mitchell et al. (37), which found that the most common bacteria species in the uterine cavity were L. iners, and that Gardnerella, Bacillus mirabilis, and L. plantarum were detected in more than 40% of subjects. In contrast, Chen et al. (38) contends that the biomass of lactic acid bacteria is 1,000 times lower than that of the vagina and no longer dominates the endometrial environment, with Pseudomonas spp., Acinetobacter spp., Vaginococcus spp., and Sphingobium spp. being important components. Numerous studies have also shown that differences in the uterine microbiome may be related to different physiological or pathological states of the body. In 25 uterine samples from patients

Table 1. Types of vaginal microbiomes and the possible mechanisms by which they prevent reproductive and urinary diseases

CST	Vaginal PH	Dominant species	Role in reproductive diseases	References
Ι	4.0 ± 0.3	L. crispatus	Possible mechanisms for preventing reproductive and urinary diseases:	(11,12,17)
II	5.0	L. gasseri	Adhere to vaginal epithelium to prevent the invasion of pathogenic	(12,17)
III	4.4	L. iners	microorganisms	(17-19)
			Produce H ₂ O ₂ , bacteriocins, and biosurfactants to maintain an acidic	
IV A	5.3 ± 0.6	Gardnerella Atopotella	environment in the vagina	(20-22)
		Campylobacter	Activates the NF- κB cascade	
IV B		Atopobium Bifidobacteria	Adhesins that promote epithelial colonization	
		Prevotella	Produce hemolysin to promote cytotoxicity	
V	4.4	L. jensenii		(23,24)

undergoing a hysterectomy for uterine fibroids, Winters *et al.* (39) found that the endometrial microbiome mainly consisted of *Acinetobacter*, *Clostridium*, *Pleuromonas*, and *Pseudomonas*.

2.1.3. Ovarian and fallopian tubal microbiome

The human ovaries and fallopian tubes are not always sterile and can be colonized by microorganisms (30). A study reported that 34.4% of women have microbial colonization in the follicular fluid (FF) (40). Previous studies have also reported that in infertile women, FF colonization rates range from 24% to 37%, with colonization rates of 40% and 32% in the left and right ovaries, respectively (41). Pelzer et al. (42) conducted a microbial culture of the FF obtained from 71 women undergoing sssisted reproductive technology (ART) during embryo retrieval and found microbial colonization in the FF, including L. iners, Actinomyces spp., Corynebacterium aurimucosum, Fusobacterium spp., Peptoniphilus accharolyticus, Peptostreptococcus spp., Propionibacterium spp., Puccinia, Staphylococcus, and Candida parapsilosis.

Pelzer et al. used a microbial culture and NGS technology to analyze 16 female fallopian tube samples and confirmed that there was microbial colonization in the female fallopian tubes mainly consisting of Staphylococcus spp., Enterococcus spp., and Lactobacillus (43). Other common bacteria include Pseudomonas, Burkholderia spp., and Propionibacterium spp.. The right fallopian tube mainly has *Staphylococcus*, and the left fallopian tube mainly has Lactobacillus, Enterococcus, and Pasteurella (43). In analyzing the microbial community of fallopian tubes in patients with chronic salpingitis, Wang et al. (44) found that samples with salpingitis fluid contained a more abundant microbial composition, while samples with salpingitis pus were more likely to exhibit a single dominant bacterium. A study on laparoscopic examinations of 26 patients with acute salpingitis showed that gonococci were isolated from the fallopian tubes of 19% of patients, and 38% of patients had aerobic and/or anaerobic bacteria present in the fallopian tubes (45). Understanding the composition of these microbial communities may help propose alternative treatment options for patients undergoing salpingectomy due to certain pathological conditions.

2.1.4. FGT microbiome throughout the entire lifecycle

The reproductive tract microbiome of an individual undergoes changes throughout its lifetime, and especially during infancy, and then changes again in old age. Due to the presence of microbial colonization in the uterine cavity, the maternal microbiome has been assumed to be the main contributor to provide microbial strains to newborns through vertical transmission (46). The vaginal microbiome of newborns born naturally is similar to that of the mother, but colonies of microorganisms are only temporary, and the infant continues to obtain microorganisms from different maternal sources after birth (47). Many studies on the transmission of maternal microbiota have focused on the gut, skin, or oral microbiota of newborns (47,48). Because the pH level of the infant's vagina is neutral or alkaline and there is a lack of Lactobacilli, any microorganisms that are transferred at birth cannot survive (49). Only in early adolescence do common species in the vaginal microbiome of women of childbearing age (such as L. crispatus, L. iners, and Gardnerella) dominate the vaginal microbiome (50). Throughout a woman's life, the vaginal microbiota is not always dominated by Lactobacilli. During childhood, anaerobic bacteria and Escherichia coli dominate. After puberty, the increase in estrogen leads to the production and accumulation of glycogen, allowing Lactobacillus to maintain a dominant position in women of reproductive age. During the perimenopausal period, the proportion of Lactobacilli decreases again due to the decrease in endogenous estrogen. The vaginal microbiome in the premenopausal and perimenopausal stages consists of Firmicutes, while the postmenopausal stage is dominated by Aspergillus, Anaplasma, and Actinobacteria (51). A cross-sectional study (52) involving 70 patients showed that in the vaginal microbiome of premenopausal women, Lactobacilli accounted for 71.98%, and nonoptimal microbiome accounted for 16.87%, while in postmenopausal women those proportions were 10.08% and 26.78%, respectively. The proportion of lactic acid bacteria in postmenopausal women is significantly low, while microbial diversity and vaginal pH are significantly high. A study has shown that Lactobacillus levels and lower vaginal pH levels can be maintained in women who receive hormone replacement therapy during perimenopause (4). In addition to age and hormone levels, the composition of the vaginal microbiome is also influenced by various factors, such as race, gestational age, sexual activity, stress, and dietary factors. An epidemiological study has shown that the abundance of Lactobacillus is related to race; compared to African/ Hispanic women, Caucasian/Asian women have higher levels of Lactobacillus (19). A cohort study showed that as the gestational age increased, the relative abundance of the thick-walled portal increased. In addition, a new microbiome (Atopobium, Aerococcus, Gemella, Sneathia, Parvimonas, Gardnerella, and Megasphaera) was observed in the vaginal microenvironment during early pregnancy. By mid-pregnancy, the number of this new vaginal microbiota has sharply decreased, replaced by abundant Lactobacilli (53).

Due to the limited availability of upper reproductive tract specimens from children and adolescent women, the microbial sources and differences between them and adult women are still unclear. There are differences in the microbiome colonizing the fallopian tubes of premenopausal women and postmenopausal women (54), indicating that sex hormones may play a regulatory role in the microbiome colonization of the female UGT.

2.2. Gut microbiome

2.2.1. Overview of the gut microbiome

There are approximately 10¹⁴ bacterial colonies in the human gut, including over 1,000 species of bacteria, that can provide various benefits to the host, such as enhancing the immune system and supporting intestinal function (55). In addition, the gut microbiome regulates host metabolism through various pathways and it participates in the regulation of the female reproductive endocrine system. The gut microbiome is dominated by five bacterial phyla: Firmicutes, Bacteroidetes, Proteobacteria, Actinobacteria, and Verrucomicrobia, accounting for approximately 90% of the total gut microbiome (56). Approximately 200 genera of Firmicutes in the human gut are dominated by Clostridium (95%). The Bacteroidetes phylum mainly consists of the genera Bacteroides and Prevotella, while there is relatively small number of the Actinobacteria phylum, which mainly manifests as the genus Bifidobacterium (57). The relationship between the human microbiome and host is a mutual one. The composition and functional changes or destruction of gut microbiome caused by various factors are related to the development and progression of various diseases (58).

2.2.2. Gut microbiome-The foundation of an endocrine organ

The gut microbiome is a complex microbial community that not only plays a crucial role in gut microecology but also has significant impacts on external organs. These impacts extend to areas such as the host's mental state and neurological function, via the braingut axis, as well as insulin secretion and resistance, and participation in processes such as depression, autoimmune diseases, and cardiovascular diseases (59). The decrease in the abundance of the gut microbiome leads to a significant increase in lipopolysaccharides, thereby increasing intestinal permeability and activating the NF-kB signaling pathway, stimulating the release of pro-inflammatory factor tumor necrosis factor (TNF)-α, interleukin (IL)-8, and IL-6. Activated c-Jun amino terminal kinase and IkB kinase regulate serine phosphorylation of insulin receptor substrates, thereby inhibiting insulin signaling and leading to insulin resistance (IR) (60). The gut microbiome and its metabolites can act on TLRs and NLRs in the intestinal wall, inducing the production of TNF- α , IL-1, and IL-6, as well as locally resident and migrating antigenpresenting cells and circulating adaptive immune cells, causing a systemic immune response and trigger systemic autoimmune diseases (61). The gut microbiome

can be viewed as a substantial endocrine organ based on a variety of key findings. Evidence of their direct effects comes from the ability of their produced and metabolized metabolites to reach the circulatory system and impact numerous organ and system functions throughout the host's body (62). Unlike other endocrine systems or organs that typically produce only a small number of hormone molecules, the gut microbiome has the potential to synthesize hundreds of functional metabolites (63). In fact, the complexity of the gut microbiome colonizing mammals actually exceeds that of the brain. Moreover, many hormones that microorganisms synthesize also function as neurotransmitters within the host's central nervous system. For example, several Lactobacilli synthesize γ -Aminobutyric acid, the most important inhibitory transmitter in the brain, while specific bacterial strains produce monoamines such as norepinephrine, dopamine, and serotonin (64,65). In the reproductive endocrine system, the gut microbiome plays an important physiological role by complex interaction with insulin, estrogen, androgen and other hormones.

2.2.3. Gut microbiome and estrogen regulation

Reproductive hormones play a direct role in regulating the reproductive activities of female animals. In recent years, many researchers have contended that further research on the regulation of reproductive microorganisms and sex hormones is needed, while the gut microbiome has been proven to have direct or indirect regulatory effects on sex hormones. Estrogen, a steroid reproductive hormone, undergoes metabolism via enterohepatic circulation. As a result, numerous studies have focused on its interaction with the gut microbiome, which was first identified over three decades ago by Adlercreutz et al. (66). The study in question found that supplementation with antibiotics led to a reduction in estrogen levels in women. Estrogen undergoes metabolism in the liver, which includes hydroxylation and coupling. Following this, some conjugated estrogen is excreted via urine, while some also enters the intestines and is eliminated through feces (67). The gut microbiome plays a critical role in regulating estrogen levels via the secretion of β -glucuronidase (GUS), which transforms conjugated estrogen into deconjugated estrogen (68) (Figure 2). The enterohepatic circulation of estrogens and their reabsorption are also regulated by the gut microbiome. Estrogen binds to the ligand binding region of receptors (ER α and ER β) in the nucleus, causing conformational changes and promoting cell growth, apoptosis, proliferation, adhesion, and signal transduction through pathways such as MAPK, PI3K, and Src kinase (69). However, the imbalance of the gut microbiome may lead to decreased GUS activity, resulting in lower circulating estrogen levels, and ultimately lead to the development of obesity and cardiovascular disease. In addition, estrogen increases



Figure 2. Gut microbiome and estrogen. Estrogen migrates in the blood, reaches the liver, and is inactivated by metabolism into conjugated estrogen. Some is excreted through urine and some is excreted through feces. The gut microbiome mainly secretes β -glucuronidase, which converts conjugated estrogen into deconjugated estrogen that enters the hepatic circulation through intestinal reabsorption.

circulating estrogen levels by reducing the abundance of bacteria producing glucuronidase, *i.e.* increasing the proportion of *Firmicutes/Bacteroidetes*, thereby increasing the interaction with ER α and ER β , leading to endometrial cancer (EC), cancer breast cancer, EMs, and other diseases (70). Therefore, optimal GUS activity is essential for maintaining estrogen levels in women.

The gut microbiome may affect female sex steroid hormone levels through the production of shortchain fatty acids (SCFAs), such as abundant acetate, propionate, and butyrate. According to Lu *et al.* (71), the synthesis of progesterone and estradiol in pig granulosa cells can be regulated by butyrate through the cAMP signaling pathway. Recent research has shown that enteric-derived butyrate can cause non-alcoholic fatty liver disease due to an estrogen deficiency in premenopausal women (72). While a correlation between the gut microbiome and the endocrine system has been reported, the mechanisms of interaction, and particularly those relating to progesterone, remain poorly understood.

3. Role of female dysbiosis in reproductive and gynecological diseases

3.1. FGT dysbiosis in reproductive and gynecological diseases

Lactobacillus is dominant in the normal FGT microbiome. It produces active compounds, facilitates coaggregation based on cell wall molecules, promotes the integrity of the epithelium, and regulates immune responses. The disruption of the FGT microbiome significantly affects the metabolism of amino acids, carbohydrates, and lipids, thereby increasing disease susceptibility. Therefore, the interaction between the

microbiome, metabolites, and host in the reproductive tract microenvironment is crucial for maintaining the balance of the reproductive tract. Dysbiosis in the FGT microbiome has been linked to a variety of gynecological disorders, including vaginitis, CE, EPs, EMs, and PCOS (Figure 3).

3.1.1 FGT dysbiosis and vaginitis

Vaginitis is characterized by inflammation of the vaginal mucosa and submucosal connective tissue, and the condition can manifest in several different forms. The most prevalent types of vaginitis include bacterial vaginosis (BV), vulvovaginal candidiasis (VVC), and trichomoniasis vaginitis. BV is the most commonly observed vaginal infectious disease affecting women of childbearing age. This condition is marked by the overgrowth of anaerobic bacteria, primarily Xenobacteria, Gardnerella, and human Mycoplasma. A longitudinal study conducted by Vodstrcil et al. (73) on 52 young Australian women found that Gardnerella was more likely to be detected in sexually active women, implicating sexual activity as an important risk factor for BV. Moreover, sexual activity increased the diversity of vaginal microbiome evolution in women both with and without BV, which could increase the pathogenic potential of the microbiome. Unfortunately, current treatments have a high rate of recurrence (> 50% rate of recurrence within 6 - 12 months) due to potential factors such as reinfection from sexual partners or endogenous sources, biofilm formation, or the failure for appropriate Lactobacillus bacteria to take hold (74). BV is closely linked to the metabolites present in the reproductive tract. In fact, researchers have found that alterations in specific metabolites (such as maltose, nicotinate, malonate,



Figure 3. The relationship between FGT dysbiosis and diseases. *Lactobacillus* is dominant in the normal FGT microbiome. It produces active compounds, facilitates coaggregation based on cell wall molecules, promotes the integrity of the epithelium, and regulates immune responses. FGT dysbiosis increase the risk of diseases such as vaginitis, CE, EPs, EMs, and PCOS.

acetate, and nicotinamide adenine dinucleotide) can serve as metabolic markers, distinguishing individuals with BV from healthy individuals (75). Following successful treatment, these BV-associated metabolites decrease significantly. Given this, metabolic analysis of the reproductive tract is considered crucial to the identification and diagnosis of BV. According to a study conducted by McMillan et al. (76), an increase in 2-hydroxy isovale rate and γ -hydroxy but yrate in the vagina, as well as a decrease in lactate and tyrosine, are the most reliable indicators of BV. Nevertheless, further research is necessary to fully understand the effects of metabolites on both the microbiome and host immunity. The vaginal mucosa is an important line of defense for local immunity that can resist pathogen invasion by rapidly shedding epithelial cells and secreting cytotoxic cytokines. The imbalance of the gut microbiome activates the NF-kB pathway through Toll-like receptors, leading to increased release of pro-inflammatory cytokines and epithelial cell damage (77). Lactobacillus is able to inhibit HeLa cell apoptosis caused by pathogens, thus protecting epithelial cells (78).

VVC is the second most frequently occurring vaginitis following BV. Studies have estimated that around 10% to 15% of asymptomatic women carry *C. albicans* in their vaginas, and approximately 70% to 75% of women experience VVC at some point in their lives, impacting millions of women every year (79). A recent *in vivo* study indicated that colonization by *Lactobacillus* may not necessarily lower the risk of VVC, while colonization by *L. crispatus* can even lead to an increased risk of *C. albicans* colonization (80,81). Despite the association between VVC and the vaginal microbiome, whether specific *Lactobacillus* species are associated with this condition is still unknown. Further research

is necessary to identify any potential links. Chlamydia trachomatis (CT) is a widespread sexually transmitted infection among women age 15-49, with global rates of infection ranging from 1.5% to 7% (82). Lactic acid present in the genital tract acts as a critical inhibitor of CT infection. Nevertheless, the L. iners species produces far less lactic acid than other Lactobacillus spp., making women with L. iners as the dominant flora particularly susceptible to CT infection (83). In addition, certain individuals with CT infections may have an abundance of anaerobic bacteria in their genital tract, such as Gardnenella, Prevotella, Megalococcus, and Rosella. In comparison to healthy controls, reproductive tract metabolites from individuals infected with CT demonstrated only a slight decline in several amino acids and biogenic amines (18). Upon experiencing CT reinfection or chronic infection, activated helper T cell (Th) - 1, Th2, and Th17 cells can stimulate tissue destruction, fibrosis, and scarring, ultimately contributing to pelvic inflammation (84).

3.1.2. FGT dysbiosis and CE and EPs

CE is a distinct alteration in the population of endometrial microorganisms present in the uterine cavity, predominantly caused by bacterial pathogens such as *Streptococcus, Escherichia coli, Enterococcus faecalis, Mycoplasma*, and other bacteria like tuberculosis bacilli and viruses (85). A study conducted by Liu *et al.* (85) found that CE is linked to a significant increase in the prevalence of 18 groups of bacteria within the endometrial cavity. Moreover, the relative abundance of *Lactobacillus* was notably higher in individuals with CE in comparison to those without CE (80.7% vs. 1.89%), while there was a lower prevalence of *L. crispatus* in the CE microbiome. Antibiotic therapy administered to patients with CE has demonstrated an ability to markedly enhance reproductive outcomes, indicating a crucial correlation between the host and colonizing bacteria (86). In cases of CE, microbial infections, including those caused by Gram-negative bacteria, can trigger potent immune responses that may trigger B-cell entry into the endometrial stroma, subsequently leading to the aberrant expression of various pro-inflammatory molecules. Other studies have also found that Streptococcus pyogenes infects the human endometrium by limiting innate immune responses (87). Concurrently, endometrial microvascular endothelial cells express adhesion molecules and chemokines associated with B-cells in CE, resulting in alterations to the uterus's receptivity and unfavorable pregnancy outcomes (88). In addition, Chen et al. (89) found that endometrial microorganisms can interfere with glucose and lipid metabolism processes through the PWY-7347 and SUCSYN-PWY metabolic pathways to regulate immune cells, thereby affecting endometrial receptivity.

EPs are likely triggered by several factors, including genetics, endocrine imbalances, immune inflammation, irregular cell proliferation/apoptosis, angiogenesis, oxidative stress, and an imbalanced FGT microbiome. The composition of the LGT microbiome can markedly heighten the likelihood of developing EPs. A study conducted by Marchenco et al. (90) indicated that women with vaginal microbiome disorders are 3.5 times more susceptible to BV than healthy people. In addition, Kovalenko et al. (91) suggested that vaginal Gardnerella, commonly associated with BV, may fuel the emergence of EPs. Similarly, Horban et al. (92) found that 93.6% of individuals living with recurring BV had endometrial lesions, comprising 42% of all pathology results diagnosed as EPs. Fang et al. (93) examined the differences in the composition of the endometrial microbiome between patients experiencing EPs and healthy women, and they found that the bacterial diversity of the endometrial microbiome was higher in EPs patients than in their healthy counterparts. EPs patients exhibited higher ratios of endometrial Lactobacillus, Bifidobacteria, Gardnerella, Streptococcus, Alternaria, and Prevotella but lower proportions of Pseudomonas, Enterobacteriaceae, and Sphingosine. In specific terms, the proportion of Lactobacillus was significantly elevated in EP patients (38.64% vs. 6.17%), indicating that vaginal bacteria in individuals with EPs may also proliferate in the uterine cavity (93). When an intrauterine infection or changes in the microbiome of intrauterine colonization occur, immune cells can interact with microorganisms through pattern recognition receptors, recruiting circulating B cells to the endometrial stroma and stroma regions, reducing the antiviral and fungal infection function of natural killer cells, and severely reducing the abnormal immune microenvironment inside the uterine cavity,

affecting sperm fertilization and embryo implantation (94). Nonetheless, there is still a need for further research concerning specific alterations in the microbial composition and pathogenic microbial species associated with EPs.

3.1.3. FGT dysbiosis and EMs

Despite the incidence of EMs increasing yearly to 5% - 15% (95), the pathogenesis of this condition remains unclear. In a cohort study conducted by Lin et al. (96) involving 79,512 patients with reproductive tract infections, the incidence of EMs was significantly higher compared to that in the control group. In addition, reproductive tract infections were identified as an independent risk factor for EMs, markedly increasing the likelihood of patients with a reproductive tract infection developing endometriosis (96). Moreover, Akiyama et al. (97) performed NGS analysis on the cervical mucus in women with and without EMs, and they found that the quantity of Enterobacteriaceae and Streptococcus in the cervical mucus of the EMs group was substantially higher than that of the control group, irrespective of the various phases of the menstrual cycle, except for the primary Lactobacillus species. Yang et al. (98) observed accumulation of several less abundant genera in the vaginal and cervical microbiome of EM patients, such as Fannyhessea, Prevotella, Streptococcus, Bifidobacterium, Veillonella, Megasphaera, and Sneathia. The microbial imbalance of EMs can promote disease progression through immune activation, impaired intestinal function of cytokines, changes in estrogen metabolism and signal transduction, and abnormalities in the homeostasis of progenitor cells and stem cells (99). Despite these findings, further research is required to clarify the mechanistic aspects that link these bacteria to the pathophysiology of endometriosis. Endometrial microbial infections may harm the contractility of the uterus and facilitate the implantation of retrograde endometrial cells (100), thus promoting the progression of this disease.

3.1.4. FGT dysbiosis and PCOS

The pathological and physiological mechanisms underlying PCOS are relatively intricate, encompassing multifaceted interactions within multiple mechanisms and pathways. Several studies have shown that the level of the *Lactobacillus* genus, and specifically *L. curlicus*, in the reproductive tract of PCOS patients is lower compared to that in the control group (101). In addition, PCOS patients also exhibit an increased abundance of species such as *Gardnerella*, *Chlamydia*, and *Prevotella* in the cervical canal, whereas the vaginal microbiome is enriched in species such as *Prevotella*, *Ageophilia*, and *Mycoplasma*, unlike in the control group (101). A Kyoto Encyclopedia of Genes and Genomes analysis showed that oxidative phosphorylation, amino acid metabolism, and N-glucan biosynthesis were upregulated in the LGT of PCOS patients (102). These changes are beneficial to the colonization of several pathogenic bacteria (such as Gardnerella) but not to the growth of *Lactobacillus* (103).

Currently, the treatment for PCOS primarily involves Diane-35 (ethinylestradiol cyproterone). Reviews of the relevant literature have indicated that using hormonal contraception can decrease the risk of BV (103). The use of hormonal contraceptives can regulate the local inflammatory response of BV, which is significantly associated with high levels of IL, TNF, INF-r, IL-2, and IL-4 in contrast to the normal vaginal microbiome (103). These findings suggest that the use of hormone contraceptives may impact the immune system of the reproductive tract.

3.2.Gut dysbiosis in reproductive and gynecological diseases

The gut mucosal layer provides a vital protective barrier against microbial invasion. However, gut dysbiosis can disrupt the normal mucosal layer, leading to the increased incidence of various gynecological diseases, including PCOS, EMs, cancer, and obesity (Figure 4).

3.2.1. Gut dysbiosis and PCOS

PCOS is a multifactorial endocrine and metabolic disorder, and the gut microbiome is implicated in various metabolic activities in the human body. Indeed, exploring alterations in the gut microbiome of PCOS patients has become a focus of research in recent years. Notably, Torres *et al.* (104) found that both the α diversity (overall species richness) and β diversity (microbial community composition) of the

gut microbiome in PCOS patients decreased compared to those in healthy women. In addition, they identified an increased abundance of specific gut microbiome in PCOS patients such as Streptomyces and Candella (104). Interestingly, these changes in the gut microbiome appear to be correlated with increased serum androgen levels in PCOS patients (104). In a mouse model of PCOS induced with dihydrotestosterone, the relative abundance of anaerobic bacteria in animals with a high dose of androgens increased (105). Multiple components of the gut microbiome can assist in the synthesis and transformation of androgens by synthesizing enzymes for androgen metabolism. Actinobacteria and Proteobacteria can degrade androgens (106). Due to its genome encoding 20a- hydroxysteroid dehydrogenase, Clostridium subtilis is involved in the conversion of glucocorticoids into androgens (107). However, the limitation of these studies lies in the lack of in-depth evaluation of the mechanism underlying the interaction between the gut microbiome and androgens. The observed decrease in gut microbiome diversity may contribute to decreased activity of the GUS, resulting in reduced circulating estrogen levels, and therefore a decrease in active estrogen receptors. As a result, this decrease in estrogen receptor activity may increase the risk of a variety of metabolic diseases including obesity, metabolic syndrome, and cardiovascular diseases, as well as a decrease in cognitive ability (108). Regarding the changes in microbiome composition observed in PCOS patients, several studies have reported an increase in the genus Bacteroides, which is consistent with findings from rodent models of PCOS. In contrast, the abundance of Bifidobacterium and Faecalibacterium apparently decreased in PCOS patients (109,110).

IR is common in women with PCOS, and the incidence of IR varies from 25% to 70% (111). Zhang et



Figure 4. The relationship between gut dysbiosis and diseases. The gut mucosal layer is a protective barrier. When the gut is invaded by microorganisms, the normal mucosal layer is destroyed. Gut dysbiosis increases the risk of diseases such as PCOS, EMs, cancer, and obesity.

al. (110) also noted that the levels of acetate, propionate, and butyrate in the gut of PCOS patients decreased significantly compared to that in healthy women. Specifically, reductions of around 30% to 66% were observed. However, following probiotic treatment, the abundance of *Lactobacillus* in the gut of PCOS patients increased significantly, and SCFA levels in the intestines also increased. Overall, insulin secretion also increased (110). The gut microbiome has been found to impact insulin sensitivity *via* branched-chain amino acids such as leucine, isoleucine, and valine (112). This illustrates the complex and intimate relationship between PCOS and the gut microbiome. Further research is required to explore the potential mechanisms underlying the pathogenesis of PCOS in relation to the gut microbiome.

3.2.2. Gut dysbiosis and EMs

Endometriosis, an estrogen-dependent chronic inflammatory disease, has garnered significant attention due to its potential correlations with the gut microbiome. Mounting evidence suggests a link between the gut microbiome and the incidence of endometriosis. Svensson et al. (113) performed 16S rRNA sequencing on the gut microbiome of patients with EMs and healthy controls, and their results showed that compared to the healthy control group, the gut microbiome of patients with endometriosis showed lower levels of a and β diversity. Moreover, Svensson *et al.* (113) found significant variations in the abundance of twelve bacteria across the classes Bacilli, Bacteroidia, Clostridia, Coriobacteriia, and Gammaproteobacteria in the feces of patients with endometriosis. Similarly, Ata et al. (114) noted an increase in the number of Escherichia coli and Shigella, both belonging to the Enterobacteriaceae family, in the gut microbiome of patients with stage III-IV endometriosis.

Gut dysbiosis could potentially result in immune disorders, inflammatory reactions, and abnormal estrogen metabolism, and these factors may play significant roles in the emergence of endometriosis (115). Wei et al. (116) showed that Gram-negative bacteria can increase the number and volume of lesions and the number of macrophages in a mouse model of EMs by producing GUS. Other researchers have shown that there are significant differences in the gut microbiome in EMs patients compared to normal individuals, and the levels of expression of inflammatory factors, nuclear factors-kB p65, and cyclooxygenase-2 increased in EM patients (117). This suggests that an imbalance of the gut microbiome activates the inflammatory pathway of the gut-brain axis and participates in the progression of EMs. Moreover, disruption of the gut microbiome may lead to increases in the levels of specific neuroactive metabolites, including glutamate and aminobutyric acid. As a result, these metabolites can activate brain neurons (such as GnRH neurons) and increase estrogen

production in the ovaries *via* the hypothalamic-pituitaryovarian axis (118). Consequently, increased exposure to estrogen - caused by gut microbiome imbalances - may represent a significant risk factor for the development and progression of endometriosis.

3.2.3. Gut dysbiosis and EC

Over the past 20 years, the incidence of EC has continued to increase and affect younger women (119). Studies have shown that changes in the ratio of Firmicutes/ Bacteroidetes can increase GUS active bacteria, increase estrogen levels, and enhance estrogen receptor binding, thereby promoting endometrial hyperplasia and the development of EC (72). In EC, estrogen upregulates the production of pro-inflammatory mediators such as IL-6 and TNF- α , which in turn synergistically upregulate the expression of enzymes involved in ovarian steroid production (17β-hydroxysteroid dehydrogenase, aromatase, and estrone sulfate esterase), thereby forming a feedback loop (120). An in vitro study showed that Atopobium vaginae and Porphyromonas somerae promote EC development by inducing the expression of inflammatory cytokines and chemokines (TNF-a, IL- 1α , IL-1 β , and IL-1 7α) in endometrial cells (121). The specific mechanisms underlying the disruption of normal homeostasis by gut microbiota leading to EC, as well as the competition between microorganisms for nutrition, signal transduction between microorganisms and hosts, and the impact of microbial metabolites, all require further research.

4. Use of microbial therapy

4.1. Dietary interventions

In recent years, interventions involving the FGT and gut microbiome as a treatment for female reproductive tract diseases has become a focus of research. More recently, nutrition has been recognized as another factor affecting women's reproductive health. Neggers *et al.* (*122*) and Tohill *et al.* (*123*) first demonstrated the role of malnutrition in BV and other gynecological infections in women of childbearing age. In 2007, Neggers *et al.* (*122*) described the subclinical deficiency of iron and vitamin D during pregnancy as associated with an increased risk of BV. A large cross-sectional study (*123*) subsequently confirmed that lower serum concentrations of vitamins A, C, E, and β -carotenoids were associated with BV, while lower iron levels were associated with increased *Candida* plaque measurement.

Although there is little understanding of the mechanisms by which nutrition affects female reproductive tract homeostasis, studies on gut microbiome in other parts of the body have revealed the impact of diet on bacterial community composition and function, with profound impacts on diseases such as obesity, metabolic disorders, immune diseases, and cancer (124). In addition, the intestine is known to serve as the ultimate host of BV-related lactic acid bacteria and bacteria (125). Eating fiber-rich foods is important for the immune system by boosting the diversity of the microbiome, which boosts anti-inflammatory abilities. A high-fat diet is linked to a decrease in *Bacteroides* and *Coprobacillus* levels, while a low-fat diet promotes α diversity of the gut microbiome. Moreover, the concentration of SCFAs in the high-fat diet group is notably lower than that of the low-fat diet group. High-fat diets are also associated with an enrichment of arachidonic acid in feces and an increase in plasma proinflammatory factors (126).

An important parameter in the pathogenesis of PCOS is the presence of advanced glycosylation end products (AGEs). Research has confirmed that an unhealthy diet in PCOS patients can lead to an inflammatory state, inducing oxidative stress and stimulating androgen synthesis in ovarian tissue, leading to an increased inflammatory response and ultimately forming a vicious cycle (127). In contrast, a high-fiber diet based on polyunsaturated fatty acids can increase insulin sensitivity and thus alleviate hyperandrogenism (128). The impact of vitamin D on the diversity of the gut microbiome has been validated in multiple studies. Supplementing vitamin D increases the overall diversity of the gut microbiota and increases the proportion of Firmicutes/Bacteroidetes, thereby maintaining intestinal homeostasis (129). In vitro and animal studies have shown that dietary vitamin D supplementation contributes to the regression of endometriosis lesions with reduced invasion and proliferation (130).

4.2. Probiotics

The efficacy of probiotics in the treatment of microbial disorders has been reported in several studies (131-133). Currently, the available probiotics can be classified into three categories: Lactobacillus, Bifidobacteria, and Grampositive cocci, such as Streptococcus and Lactococcus. Studies have revealed that probiotics help regulate gut microbiome, treat metabolic disorders, and restore gut microbiome damaged by a high-fat diet to a healthy state (131). Chenoll et al. (132) isolated Lactobacillus rhamnosus BPL005 from vaginal samples and cocultured it with a primary endometrial epithelial cell model with the colonization of Atopobium vaginae, Propionibacterium acnes, Gardnerella vaginalis, and Streptococcus agalactiae. They noted a significant reduction in Propionibacterium acnes and Streptococcus agalactiae, suggesting that microbial agents have the potential to facilitate improved reproductive health. Studies have demonstrated that the combination of a vaginal lactobacillus preparation is more effective in curing vaginal infectious diseases and decreasing the rate of recurrence compared to antibiotic treatment alone (133).

Probiotics have been proven to treat other

reproductive diseases, including those not transmitted by microbial pathogens. A study in human subjects revealed that, compared to the control group, PCOS patients who received probiotic supplements for 12 weeks experienced an increase in sex hormone binding protein, a decrease in their hirsutism score and extremely low density lipoprotein levels, and improvement in insulin sensitivity (134). Zhang et al. (110) found that oral administration of Bifidobacterium lactis V9 can alleviate PCOS by increasing the release of gastrin and peptide YY, thereby restoring sexual hormones at the brain level in a manner similar to normal hormone levels. In addition, probiotic therapy is also quite effective in the treatment of endometriosis. Animal experiments have shown that oral Lactobacilli can reduce the growth of mouse EM lesions by increasing IL-12 and NK cell activity (135). Itoh et al. (136) also found that oral probiotics can activate NK cells in the body and inhibit the development of EM lesions. A randomized controlled trial found that oral Lactobacilli can alleviate pain related to EMs in women (137). In addition, probiotics have been found to improve the fertilization rate, pregnancy success rate, and offspring survival rate of several animals by altering the activity of the microbiota, promoting nutrient absorption and digestion, and improving the immune system (138,139).

4.3. Fecal microbial transplantation(FMT)

Fecal microbiota transplantation (FMT) is a rapidly evolving therapy that aims to reconstruct a patient's dysbiotic microbiota with the beneficial fecal microbiota of a healthy individual. In recent years, FMT has displayed great potential for the treatment of female reproductive tract diseases. A study in a rat model of induced PCOS confirmed that after FMT treatment, the estrus cycle of PCOS rats improved, androgen biosynthesis decreased, ovarian morphology returned to normal, and the intestinal microbiota composition was characterized by an increase in Lactobacilli and Clostridium and a decrease in Prevotella (140). Preclinical mouse models suggest that short-chain fatty acids derived from the gut microbiota can prevent the progression of endometriosis, thereby reducing EMrelated pain (141). Despite the lack of clinical data, FMT is a potential treatment option for endometriosis due to its beneficial effect in reducing EM-related pain. In breeders, FMT can regulate increased hormone secretion, intestinal health, and ovarian function through SIRT1related cell apoptosis and cytokine signaling pathways (142). In addition to animal models, prospective data should be obtained from laboratory studies for further research in humans.

5. Methods of studying the microbiome

Early microbiology research relied on optical microscopy

and microbial culture techniques, but microbial culture took a long time and the results obtained were incomplete and unrepresentative, posing numerous obstacles to microbiology research (143). In recent years, molecular biology theory and techniques have greatly promoted the innovation of microbial classification and identification and expanded our understanding of microbial structure and function. From the perspective of genetic evolution, people classify and identify microorganisms at the molecular level, making the classification of microorganisms increasingly refined and precise. The main techniques used are: denaturing gradient gel electrophoresis, temperature gradient gel electrophoresis, terminal-restriction fragment length polymorphism, temporal temperature gradient gel electrophoresis, single-strand conformation polymorphism, western blot hybridization, quantitative PCR, and 16S rRNA library detection (144). However, the above methods all have the drawbacks of low throughput (fewer samples can be analyzed and fewer data can be obtained) and high cost, precluding their widespread use by ordinary laboratories.

Sequencing is the most commonly used technique in modern molecular biology research. With the completion of the Human Genome Project, research has entered the era of functional genomics. Conventional Sanger sequencing can no longer meet the requirements of large-scale gene sequencing. After more than 30 years of development, next generation sequencing (NGS) has arrived. At present, NGS has become the mainstream method for classifying and identifying bacteria by detecting the sequence of 16S rRNA genes in bacteria. 16S rRNA widely exists in prokaryotic cells. In the process of bacterial evolution, the evolution of rRNA genes is relatively conserved. A large amount of information is retained, facilitating amplification and sequencing, and is considered to be the most ideal yardstick to measure the evolutionary history of life. The unique advantages of 16S rRNA enable bioinformatic analysis of the generated sequences within a relatively short sequencing range (V1-V9), effectively distinguishing bacterial communities (145). Understanding the composition and function of microorganisms helps to understand the potential ecological adverse states represented by microbial species or community types. Future research on metabolome composition may reveal complex interactions between species and host microorganisms.

6. Conclusion

A balanced and healthy microbiome is crucial for maintaining reproductive health as it assists in protecting the host from pathogens, enhancing reproductive potential, and reducing the likelihood of adverse pregnancy outcomes. Implementing effective measures, such as addressing dysbiosis, monitoring dynamic changes in the microbiome, and bolstering levels of beneficial bacteria, can significantly improve reproductive health. To gain a comprehensive understanding of all microbial species undergoing modifications in reproductive pathology, an essential task is to conduct large-scale longitudinal studies encompassing bacteria, fungi, and viruses. As further research on the FGT and gut microbiome unfolds, microbial therapy has the potential to serve as a prospective approach to enhance female reproductive health.

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Original Article

Risk factors for postoperative recurrence of pT2-3N0M0 esophageal squamous cell carcinoma and patterns of its recurrence

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- SUMMARY This study aimed to explore the patterns of postoperative recurrence in patients with pT2-3N0M0 esophageal squamous cell carcinoma (ESCC) and to identify the risk factors for the recurrence. Patients with pT2-3N0M0 ESCC who were treated at our hospital from January 2010 to August 2019 were divided into three categories: those with anastomotic recurrence, those with lymph node recurrence, and those with hematogenous metastasis. The sites of initial recurrence and metastasis were counted and potential risk factors were analyzed using univariate and multivariate Cox proportional hazard regression. Four hundred and eighty-five patients with pT2-3N0M0 ESCC were ultimately included, 176 (36.29%) of whom experienced tumor recurrence or metastasis. Cox multivariate analysis revealed that the postoperative T-stage, procedure, tumor location, and degree of differentiation were independent risk factors for postoperative recurrence (P < 0.05). The median time of recurrence was 38 months, and the most common site of recurrence was the lymph nodes in 126 patients (71.59%), followed by hematogenous metastasis in 73 patients (41.47%), and anastomotic recurrence in 21 patients (11.93%). 119 patients (67.61%) experienced recurrence within 36 months, with a probability of recurrence of 84.09% within 5 years, and recurrence remained relatively unchanged after 5 years. The proportion of postoperative lymph node recurrence and hematogenous metastasis in patients with pT3N0M0 ESCC was significantly higher than that in patients with pT2N0M0 ESCC (P < 0.05). At higher tumor locations in the body, the proportion of lymph node recurrence increased (P < 0.05). In conclusion, postoperative T-stage, procedure, tumor location, and degree of differentiation were independent risk factors for postoperative recurrence in pT2-3N0M0 ESCC, with regional lymph node recurrence being the most common pattern, emphasizing the importance of regional lymph nodes in this context.
- *Keywords* pT2-3N0M0 esophageal squamous cell carcinoma (ESCC), postoperative recurrence, risk factor, regional lymph node

1. Introduction

Esophageal cancer (EC) is a common malignant tumor of the digestive system in China. Fifty percent of patients have confirmed EC each year, and more than 90% of EC is squamous cell carcinoma, which has been a major public health problem (1). Radical resection combined with systemic lymph node dissection was the standard treatment for ESCC, and regional recurrence and distant metastasis were largely responsible for postoperative treatment failure (2). A study has reported that positive lymph nodes were the key factor affecting postoperative recurrence and survival status in patients with ESCC, but patients with ESCC and negative lymph nodes also exhibited a high probability of postoperative recurrence (approximately 30%) (3). Therefore, the indicators that may affect postoperative recurrence and prognosis in patients with ESCC and negative lymph nodes, and pT2-3N0M0 in particular, need to be studied further.

Currently, studies on risk factors for recurrence in patients with ESCC and negative lymph nodes after radical esophagectomy are conflicting. Several studies have found that the prognosis for patients with ESCC with negative lymph nodes was influenced by the T-stage and the degree of tumor histological differentiation (4,5). A crucial task has been to determine the risk factors for postoperative recurrence of EC. Patients with high-risk factors need to be screened for recurrence, postoperative adjuvant treatment needs to be actively provided, and regular monitoring needs to be enhanced.

To investigate the risk factors affecting postoperative recurrence of pT2-3N0M0 ESCC, we conducted a

study at the First Affiliated Hospital of Anhui Medical University. We analyzed demographic and pathological data from patients with pT2-3N0M0 ESCC who underwent radical surgery. This study also analyzed the patterns of postoperative recurrence in order to provide a reference for postoperative monitoring and treatment of patients with ESCC.

2. Patients and Methods

2.1. Patient selection

Information on patients who underwent radical surgery at this Hospital from January 2010 to December 2020 was screened. To allow for a sufficient frequency of follow-up, we ultimately included 485 patients with pT2-3N0M0 ESCC and summarized all patient data. All patients provided informed consent at the time of surgery, including consent to publish and report their data.

The inclusion criteria were as follows: 1) Received radical surgery (R0 resection); 2) The postoperative pathological diagnosis was squamous cell carcinoma; 3) The postoperative pathological staging was pT2-3N0M0 (according to the 8th edition of the AJCC TNM staging system); 4) Having complete postoperative pathological data; 5) Did not undergo any anti-tumor treatment before surgery, including chemotherapy, radiotherapy, immunotherapy, tumor intervention therapy, or laser therapy; and 6) Information on recurrence is available.

The exclusion criteria were as follows: 1) Age under 18 and over 85; 2) Lack of complete postoperative clinical and pathological data; 3) Lack of specific information on postoperative recurrence; 4) Have a history of malignant tumors in the past, or have been found to have primary malignant tumors in other locations during follow-up; 5) Cervical esophageal cancer or gastroesophageal junction tumor; and 6) Progression-free survival (PFS) of less than 3 months.

2.2. Diagnosis of recurrence

The diagnostic criteria for lymph node recurrence included: 1) Enhanced computed tomography (CT) or magnetic resonance (MR) imaging indicating a short axis of ≥ 10 mm or the presence of ≥ 3 affected lymph nodes in the same area, or necrosis or capsule invasion of lymph nodes; 2) Affected lymph nodes found in the tracheoesophageal sulcus, regardless of size, accompanied by hoarseness or vocal cord paralysis; 3) Dynamic imaging revealed changes in lymph nodes, such as a significant increase in lymph nodes; 4) There is a clear diagnosis of cancer metastasis based on puncture cytology or pathological biopsy; 5) Positron emission tomography (PET) revealed a standardized uptake value (SUV) of ≥ 2.4 .

Diagnosis criteria for anastomotic recurrence: 1)

Clear diagnosis based on gastroscopy and pathology; 2) Results of PET were positive and indicative of recurrence based on the patient's symptoms.

Hematological metastasis occurred in the lungs, liver, bone, and other areas, mainly due to new lesions discovered through imaging studies, such as CT, ultrasound, MR, or PET.

We only counted the sites that were first identified as recurrence or metastasis. If there were 2 or more sites with recurrence or metastasis and the interval was within 1 month, those were all recorded. If different sites of recurrence or metastasis were found in an interval longer than 1 month, only the first recurrence or metastasis was recorded.

2.3. Regional lymph nodes

Based on the Japan Esophagus Society (JES) standard lymph node anatomy and the range of lymph node drainage areas in the abdominal cavity of patients with gastric cancer, the sites where lymph node recurrence first occurred were statistically classified as cervical lymph node area recurrence, mediastinal lymph node area recurrence, or abdominal lymph node area recurrence (6,7).

The specific scope was as follows: 1) Neck lymph nodes: 100-104 groups of lymph nodes; 2) Mediastinal lymph nodes: Uniformly including the upper, middle, and lower mediastinal lymph nodes, this is a group of 105-112 lymph nodes; 3) Abdominal lymph nodes: 1-16 groups of lymph nodes.

2.4. Follow-up

All patients were followed up immediately after surgery, and the deadline was December 2021. The follow-up methodology mainly involved retrieving information from the outpatient or inpatient system. Several patients were contacted by telephone to obtain more detailed and accurate information on diagnosis, treatment, and recurrence. The frequency of follow-up was once every 2-4 months within 2 years after surgery, once every 6 months within 2-5 years after surgery, and once every 1 year after 5 years after surgery. The postoperative followup included an esophageal barium swallow or radioactive iodine uptake study, imaging studies of the neck, chest, and abdomen, and CT and MR. Ultrasound of the neck or abdomen could also be performed. If abnormalities were found, further examination was required. Based on the patient's specific circumstances and symptoms, a bone scan, PET, gastroscopy, endoscopic ultrasound, puncture cytology, or biopsy pathology examination could be performed as necessary to assist in diagnosis.

2.5. Statistical analysis

The software IBM SPSS Statistics (version 27.0;

IBM Crop, Armonk, NY, USA) and R Foundation for Statistical Computing, Vienna, Australia (version 4.2.2) were used for statistical analysis. Counts used a chi square test or Fisher's exact probability test. The relevant pathological factors that affect postoperative recurrence were first analyzed using univariate and multivariate Cox regression. Disease-free survival (DFS) was defined as the period from the date of esophageal cancer surgery to the date of tumor recurrence or death at any location, or until the last follow-up date. Overall survival (OS) was defined as the time from when radical surgery for esophageal cancer was undergone to the time of death or last follow-up for any reason. All time events were estimated using Kaplan-Meier analysis and were compared using the log-rank test. P < 0.05 was considered statistically significant.

3. Results

3.1. Characteristics of patients

We ultimately enrolled 485 patients with pT2-3N0M0 ESCC, and measured 13 relevant variables, including patient age, sex, T-stage, procedure, the degree of differentiation, the location of the primary tumor, the diameter (long and short axes) of the tumor, the number of lymph nodes dissected, postoperative adjuvant treatment, vessel invasion, perineural invasion, and carcinoma nodules. Up to the last follow-up, 309 of 485 patients with ESCC (63.71%) did not experience tumor recurrence or metastasis, while 176 patients (36.29%) experienced tumor recurrence or metastasis. The median time of recurrence was 38 months (ranging from 3 to 141 months), and 119 patients (67.61%) experienced recurrence within 36 months.

Considering the patient's recurrence status, patients were divided into two groups and a statistical analysis of the included factors was performed. Except for the procedure, T-stage, location of the esophageal tumor, degree of differentiation, and postoperative adjuvant treatment plan, there were no significant differences in the research factors between the groups (P < 0.05). The baseline data of all patients are shown in Table 1.

Until the last follow-up, the median duration of follow-up was 56 months (range: 3-144 months). Of the 485 enrolled patients, 286 survived, 199 experienced tumor recurrence or death. The median OS of all patients was 57 months (range 5-141 months), and the median OS of patients in the recurrence group was 49 months (range 5-140 months). The survival curves of the two groups are shown in Figure 1.

3.2. Cox regression analysis

Cox univariate analysis indicated that the T-stage, procedure, the degree of differentiation, tumor diameter, and postoperative adjuvant treatment were risk factors for postoperative recurrence (P < 0.05), while other factors did not impact recurrence significantly.

Multivariate Cox analysis revealed that the T-stage, procedure, tumor location, and degree of differentiation were independent risk factors for postoperative recurrence (P < 0.05). As can be seen in Table 2, the risk of postoperative recurrence in patients with pT3N0M0 ESCC was significantly higher than in patients with pT2N0M0 ESCCs (HR = 5.21, 95% CI 2.70-7.33, P < 0.01). In terms of procedure selection, the risk of postoperative recurrence caused by open esophagectomy (OE) was 1.48 times higher than that of minimally invasive esophagectomy (MIE) (HR = 1.48, 95% CI 1.07-2.03, P = 0.02), and the combination of MIE and OE did not impact postoperative recurrence. Compared to ESCC in the upper thoracic region, the risk of recurrence in the middle and lower thoracic regions decreased by 42% (P = 0.03) and 54% (P = 0.01), respectively. Compared to poorly differentiated ESCC, the risk of recurrence decreased by 46% (P = 0.04).

3.3. Patterns of postoperative recurrence

The results of this study depict that the time of recurrence ranged from 3 months to 141 months (median time of recurrence: 24 months), and 176 patients with pT2-3N0M0 ESCC experienced recurrence or metastasis. The rate of recurrence was 36.29%. There were 126 patients with lymph node recurrence (71.59%), 73 with hematogenous metastasis (41.47%), and 21 with anastomotic recurrence (11.93%). Several patients also experienced concurrent recurrence and metastasis. The majority of patients experienced recurrence within 3 years (67.61%), with a probability of recurrence of 84.09% within 5 years. After that, recurrence was basically unchanged.

Among lymph node recurrence, mediastinal lymph nodes were most often affected (13.20%), followed by the cervical lymph nodes (10.31%) and abdominal lymph nodes (5.98%). In hematogenous metastases, lung metastasis was the most common (5.36%), followed by bone metastasis (4.54%), liver metastasis (3.51%), and other metastases such as brain metastasis, pleural metastasis, and malignant serous effusion (3.92%). Some patients also experienced multiple organ metastases at the same time. The specific distribution is detailed in Table 3 and Figure 2.

3.4. Analysis of recurrence patterns

Multivariate analysis shows that both the T-stage and tumor location were independent risk factors for PFS. The two indicators' impact on OS was further analyzed. Results indicated that the T-stage was a high-risk factor affecting OS (P < 0.01), while the location of tumor did not impact OS significantly (Figure 3).

As shown in Table 4, compared to patients with

Characteristics	Total ($n = 485$)	Group with recurrence ($n = 176$)	Group without recurrence ($n = 309$)	P value
Sex				0.23
Male	367 (75.67%)	139 (78.98%)	228 (73.79%)	
Female	118 (24.33%)	37 (21.02%)	81 (26.21%)	
Age				0.72
\leq 55 years	66 (13.61%)	21 (11.93%)	45 (14.56%)	
56-66 years	248 (51.13%)	92 (52.27%)	156 (50.49%)	
> 66 years	171 (35.26%)	63 (35.80%)	108 (34.95%)	
T-stage			`	< 0.01
T2N0	386 (75.59%)	98 (55.68%)	288 (93.20%)	
T3N0	99 (20.41%)	78 (44.32%)	21 (6.8%)	
Procedures	× /			0.04
MIE	240 (49.48%)	76 (43.18%)	164 (53.07%)	
OE	198 (40.82%)	85 (48.30%)	113 (36.57%)	
MIE and OE	47 (9.69%)	15 (8.25%)	32 (10.36%)	
Location				0.01
Upper thoracic region	40 (8.25%)	20 (11.36%)	20 (6.47%)	
Middle thoracic region	326 (67.22%)	125 (71.02%)	201 (65.05%)	
Lower thoracic region	119 (24.54%)	31 (17.61%)	88 (28.48%)	
Differentiation				0.04
Poorly differentiated	106 (21.86%)	43 (24,43%)	63 (20, 39%)	
Moderately differentiated	326 (67.22%)	122 (69.32%)	204 (66.02%)	
Well-differentiated	53 (10.93%)	11 (6.25%)	42 (13.59%)	
Tumor diameter (long axis)	()			0.05
< 3 cm	234 (48.25%)	74 (42.05%)	160 (51,78%)	
> 3 cm	251 (51.75%)	102 (57.95%)	149 (48.22%)	
Tumor diameter (short axis)	201 (011/0/0)	102 (070070)	115 (1012270)	0.89
< 3 cm	417 (85.98%)	152 (86 36%)	265 (85 76%)	
> 3 cm	68 (14 02%)	24 (13 64%)	44 (14 24%)	
Vessel invasion	00 (11.0270)	21(15.6176)	(11.2170)	0.19
Ves	33 (6 80%)	8 (4 55%)	25 (8 09%)	0.17
No	452 (93 20%)	168 (95 45%)	284 (91 19%)	
Perineural invasion	452 (55.2070)	100 (55.4570)	204 (91.1970)	0.33
Ves	19 (3 92%)	9 (5 11%)	10 (3 24%)	0.55
No	466 (96 08%)	167 (94 89%)	299 (96 76%)	
Carcinoma nodules	400 (90.0070)	107 (54.0570)	255 (50.7070)	0.90
Ves	16 (3 30%)	6(341%)	10 (3 24%)	0.90
No	468 (96 49%)	169 (96 02%)	200 (96 76%)	
Pesected lymph nodes	100 (00.1070)	109 (90.0270)	255 (50.7070)	0.20
< 15	325 (67 01%)	112 (62 649/)	212 (68 029/)	0.29
< 15 > 15	160(22,000%)	64(26260/)	215(08.9570) 06(21070/)	
≥ 1.5	100 (32.9970)	04 (30.30%)	90 (31.07%)	< 0.01
Surgery only	268 (55 26%)	80 (45 459/)	199 (60 949/)	< 0.01
Dedicthereny	40 (10 10%)	00 (43.4370) 18 (10 220/)	100(00.0470) 21(10.029/)	
Chamatharary	47 (10.1070) 127 (20 250/)	10(10.23%)	51(10.05%)	
Dadioahamatharary	13/(20.2370) 21/(6/2007)	09(59.2070)	00(22.0170)	
Kaulochemotherapy	51 (0.39%)	9 (3.11%)	22 (1.12%)	

Table 1. Baseline characteristics of included patients



Figure 1. OS curves for patients in the group with recurrence and the group without recurrence.

Characteristics	Univariate analysis			Multivariate analysis		
Characteristics	HR	95%CI	P value	HR	95%CI	P value
Sex						
Male	1.00					
Female	0.79	0.55-1.13	0.20			
Age						
\leq 55 years	1.00					
56-66 years	1.13	0.70-1.82	0.61			
> 66 years	1.33	0.81-2.19	0.26			
T-stage						
T2N0	1.00			1.00		
T3N0	5.88	4.30-8.03	< 0.01	5.21	2.70-7.33	< 0.01
Procedures						
MIE	1.00			1.00		
OE	1.49	1.09-2.03	0.01	1.48	1.07-2.03	0.02
MIE and OE	0.96	0.55-1.67	0.88	1.15	0.66-2.07	0.63
Location						
Upper thoracic region	1.00			1.00		
Middle thoracic region	0.69	0.43-1.12	0.13	0.58	0 35-0 95	0.03
Lower thoracic region	0.45	0.26-0.79	< 0.01	0.46	0.25-0.83	0.01
Differentiation	0110	0120 0179	0101	0110	0.20 0.00	0.01
Poorly differentiated	1.00			1.00		
Moderately differentiated	0.94	0.66-1.33	0.71	0.86	0.61-1.24	0.43
Well-differentiated	0.44	0.22-0.86	0.02	0.54	0.27-1.07	0.04
Tumor diameter (long axis)			0102	0101	0127 1107	0101
< 3 cm	1.00			1.00		
> 3 cm	1.35	1.00-1.82	0.04	1.12	0.82-1.54	0.47
Tumor diameter (short axis)			0101		0102 110 1	0117
< 3 cm	1.00					
> 3 cm	1.07	0.69-1.64	0.78			
Vessel invasion		,	0170			
Yes	1.00					
No	0.62	0.31-1.274	0.19			
Perineural invasion			0117			
Yes	1.00					
No	0.83	0.68-1.61	0.40			
Carcinoma nodules	0102	0100 1101	0.10			
Ves	1.00					
No	0.90	0 44-2 24	0.98			
Resected lymph nodes	0.90	0.11 2.21	0.90			
< 15	1.00					
>15	0.98	0.68-1.41	0.91			
Postoperative treatment	0.90	0.00 1.41	0.91			
Surgery only	1.00			1.00		
Radiotherany	1.00	1 42-2 71	0.01	1 31	0 93-1 84	0.12
Chemotherany	1 31	0 78-2 18	0.30	1.03	0.60-1.76	0.12
Radiochemotherany	1.09	0.54-2.16	0.82	0.85	0.42-1.72	0.51
Каспосненюшегару	1.02	0.3-2.10	0.02	0.05	0.72-1.72	0.05

Table 2. Univariate and multivariate Cox analysis of variables affecting the postoperative recurrence of pT2-3N0M0 ESCC

T2 ESCC, the rate of recurrence in patients with T3 ESCC was significantly high (P < 0.01). In terms of hematogenous metastasis, the total probability of postoperative hematogenous metastasis in T3 ESCC was higher than that in T2 ESCC. Patients with ESCC in the T3 stage exhibited a higher proportion of bone metastasis and other metastasis, but there were no significant differences in the proportion of liver metastasis and lung metastasis. The probability of anastomotic recurrence in ESCC in the T3 stage was slightly higher than that in the T2 stage, but the difference was not statistically significant (P = 0.05).

Similarly, the patterns of recurrence were analyzed at different locations (Table 5). The results indicated that the proportion of mediastinal lymph node recurrence varied depending on the location of the tumor. As the location moved up, the proportion of lymph node recurrence increased (P < 0.05). However, there were no statistical differences in different regional lymph nodes. Pulmonary and bone metastases were the most common types of hematogenous metastasis, but statistical analysis revealed that there were no significant differences in the proportion of hematogenous metastasis and anastomotic recurrence after surgery in different locations (P < 0.05).

4. Discussion

The current study found that the postoperative T-stage, procedure, location, and degree of differentiation were

independent risk factors for postoperative recurrence in patients with pT2-3N0M0 ESCC. The T-stage was an important basis for defining pathological staging of EC, revealing the depth of longitudinal infiltration of the tumor. Multiple studies have shown that the T-stage was a risk factor for postoperative recurrence and poor prognosis of ESCC (4,8). The current study indicated that patients with pT3N0M0 ESCC had a significantly higher rate of recurrence than patients with pT2N0M0 ESCC, which was consistent with other studies. Considering the continued advancement of endoscopic surgery technology, MIE surgery had gradually become more accepted, but OE surgery was still the main procedure. There is continuous debate about the clinical safety and effectiveness of the two surgeries, as their pros and cons are still not entirely clear (9). Some studies have shown that MIE was able to clear a wider range of lymph nodes than OE and was safer. Postoperative pulmonary complications and perioperative mortality rates were also lower (10,11), which is supported by the current study.

 Table 3. Number and proportion of patients with different forms of recurrence

Recurrence	Patients.	Proportion
Anastomotic recurrence	21	4.33%
Lymph node recurrence	126	25.98%
Cervical lymph nodes	50	10.31%
Mediastinal lymph nodes	64	13.20%
Abdominal lymph nodes	29	5.98%
Hematogenous metastases	73	15.05%
Liver metastasis	17	3.51%
Lung metastasis	26	5.36%
Bone metastasis	22	4.54%
Other metastases	19	3.92%
Lymph node recurrence and anastomotic recurrence	10	2.06%
Lymph node recurrence and hematogenous metastases	41	8.45%
Anastomotic recurrence and hematogenous metastases	5	1.03%
Anastomotic recurrence, hematogenous metastases, and lymph node recurrence	4	0.82%

A study has reported that the further down the legion is located, the greater the incidence of postoperative lymph node recurrence and hematogenous metastasis (12). The results of this study indicate that, compared to the upper thoracic region, the prognosis for a tumor in the upper thoracic region decreased by 42% and 54% (P <0.05) in the middle and lower thoracic regions. Complete resection of a tumor located in the upper thoracic region is more difficult to achieve due to the limitations of the complex anatomical structure of the neck. Other studies have pointed out the difficulty of thoroughly clearing lymph nodes during surgery in patients with upper thoracic ESCC due to postoperative complications such as aspiration, chylothorax, and recurrent larvngeal nerve injury caused by neck lymph node dissection (13,14). The poorer the degree of differentiation, the higher the risk of postoperative recurrence or metastasis (15,16). In this study, postoperative pathology revealed a lower risk of recurrence in well-differentiated than poorly differentiated ESCC (HR = 0.54, P < .05), while there was no significant difference in moderately differentiated ESCC.

Vessel invasion was a histopathological feature associated with invasiveness and was closely associated with the increased risk of tumor metastasis. A study (17)found that in patients with negative lymph nodes, vessel invasion and the T-stage were independent predictors for survival and DFS (P < 0.001), but it was not the same for patients with positive lymph nodes. Carcinoma nodules are often reported in gastrointestinal cancer, and especially in colorectal cancer or gastric cancer, and they are believed to be closely related to prognosis (18). There are few studies on cancer nodules in EC. The current study indicated that the aforementioned factors did not impact recurrence in patients with pT2-3N0M0 ESCC (P < 0.05). Given the sample size of patients with pT3N0M0 ESCC was relatively small in this study, further confirmation in a larger sample is still required in the future.

The current results revealed that age, sex, the tumor diameter, and the number of lymph nodes dissected



Figure 2. Pie chart of the distribution of different types of recurrence.
Recurrence	Total (<i>n</i> = 485)	T2 stage ($n = 386$)	T3 stage ($n = 99$)	P value
Lymph node recurrence	126 (25.98%)	69 (17.88%)	57 (57.58%)	< 0.01
Cervical lymph nodes	50 (10.31%)	25 (6.48%)	25 (25.25%)	< 0.01
Mediastinal lymph nodes	64 (13.20%)	36 (9.33%)	28 (28.28%)	< 0.01
Abdominal lymph nodes	29 (5.98%)	18 (4.66%)	11 (11.11%)	0.03
Hematogenous metastases	73 (15.05%)	44 (11.40%)	29 (29.29%)	< 0.01
Liver metastasis	17 (3.51%)	12 (3.11%)	5 (5.05%)	0.36
Lung metastasis	26 (5.36%)	19 (4.92%)	7 (7.07%)	0.45
Bone metastasis	22 (4.54%)	11 (2.85%)	11 (11.11%)	< 0.01
Other metastases	19 (3.92%)	10 (2.59%)	9 (9.09%)	0.01
Anastomotic recurrence	21 (4.33%)	13 (3.37%)	8 (8.08%)	0.05

 Table 4. Distribution of the postoperative recurrence of ESCC in different T-stages



Figure 3. Kaplan-Meier curves for independent risk factors affecting OS. A, T-stage; B, Site.

Table 5. Distril	bution of the	postoperative	recurrence of	ESCC in	different lo	cations
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Recurrence	Upper thoracic region $(n = 40)$	Middle thoracic region ($n = 326$)	Lower thoracic region $(n = 119)$	P value
Lymph node recurrence	15 (37.50%)	89 (27.30%)	22 (18.49%)	0.04
Cervical lymph nodes	6 (15.00%)	33 (10.12%)	11 (9.24%)	0.57
Mediastinal lymph nodes	8 (20.00%)	46 (14.11%)	10 (8.40%)	0.12
Abdominal lymph nodes	3 (7.50%)	18 (5.52%)	8 (6.72%)	0.82
Hematogenous metastases	6 (15.00%)	52 (15.95%)	15 (12.61%)	0.68
Liver metastasis	1 (2.50%)	11 (3.37%)	5 (4.20%)	0.86
Lung metastasis	3 (7.50%)	17 (5.21%)	6 (5.04%)	0.82
Bone metastasis	2 (5.00%)	16 (4.91%)	4 (3.36%)	0.78
Other metastases	1 (2.50%)	15 (4.60%)	3 (2.52%)	0.54
Anastomotic recurrence	3 (7.50%)	15 (4.60%)	3 (2.52%)	0.34

were not risk factors for postoperative recurrence of pT2-3N0M0 ESCC. These findings differed with the results of previous studies (19, 20). This may be due to the high heterogeneity of patients enrolled from different hospitals, thus resulting in inconsistent results. Previous studies have reported that EC postoperative adjuvant therapy, as a necessary treatment to prevent local recurrence and improve prognosis, was especially recommended for stage III-IV ESCC or patients with positive lymph nodes (21). According to the NCCN guidelines, providing postoperative adjuvant treatment is not recommended for patients with pT2-3N0M0 ESCC. However, clinicians may choose to provide postoperative adjuvant treatment based on the individual characteristics of patients. A study has shown that, compared to simple surgery during the same period, postoperative

adjuvant radiotherapy reduced the rate of metastasis and local recurrence of pT3N0M0 ESCC (P = 0.001) and improved 5-year DFS and OS (22). In the current study, some patients received adjuvant treatment after surgery. Univariate analysis indicated that postoperative adjuvant chemotherapy reduced the risk of postoperative recurrence, but such impact did not reach statistical significance in multivariate analysis, which perhaps was due to the small sample size.

This study has several strengths. First, this study explored the pattern of postoperative recurrence in patients with pT2-3N0M0 ESCC and identified the risk factors for the recurrence as previous studies have reported mixed results in this field. Second, a prospective cohort study design was used as it is the strongest research design in observational studies. Finally, patients enrolled in this study were relatively homogeneous because they were from the same hospital.

However, this study also has some limitations. First, this is a single center study, with limited generalizability. Second, comprehensive and systematic evaluation of factors that affect recurrence or metastasis in patients with pT2-3N0M0 ESCC was difficult as only a small set of risk factors were considered in this study. In a future study, imaging parameters and highly sensitive and specific biomarkers will be linked to further explore the risk factors for postoperative recurrence in EC, which may provide practical diagnostic and treatment strategies for patients with pT2-3N0M0 ESCC.

In conclusion, the current results indicated that the postoperative T-stage, procedure, tumor location, and degree of differentiation were independent risk factors affecting postoperative recurrence in patients with pT2-3N0M0 ESCC. Results also revealed that regional lymph node recurrence was the most common recurrence in EC patients, which often occurred within 3 years. These results indicate that the clinical monitoring of EC patients with the high-risk factors mentioned above, and especially those involving regional lymph nodes, should be enhanced.

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Original Article

Feasibility of novel intraoperative navigation for anatomical liver resection using real-time virtual sonography combined with indocyanine green fluorescent imaging technology

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SUMMARY To analyze the feasibility and clinical effect of novel intraoperative navigation of real-time virtual sonography (RVS) combined with indocyanine green (ICG) fluorescent imaging technology in anatomical liver resection (ALR) for hepatocellular carcinoma. The clinical data of 41 patients who underwent ALR using RVS intraoperative navigation combined with ICG fluorescent imaging technology in the Department of Hepatobiliary Surgery of Peking University International Hospital from January 2020 to May 2022 were retrospectively analyzed. RVS was applied to guide the surgical plane through fusing real-time intraoperative ultrasound images with corresponding preoperative CT or MRI images. Operation methods, operation time, intraoperative blood loss, operative margin, hospital stay and postoperative complications were analyzed. The 1-year overall survival rate and tumor-free survival rate of patients were followed up by outpatient review or telephone calls. ALR surgery was performed on each of 41 patients. There were no deaths during perioperative period and postoperative complications occurred in 7 cases (17.1%). The postoperative pathological examinations demonstrated all cases of hepatocellular carcinoma and negative operative margins. The 41 patients were followed up for 12 to 20 months, with a median follow-up time of 14 months. The overall survival rate 1 year after surgery was 100.0% (41/41), 3 patients (7.3%) experienced tumor recurrence, and the tumor-free survival rate of 1 year after surgery was 92.7% (38/41). In conclusion, novel intraoperative navigation of RVS combined with ICG fluorescent imaging technology is safe and feasible in anatomical segmental hepatectomy of hepatocellular carcinoma.

Keywords hepatocellular carcinoma, hepatectomy, real-time virtual sonography, Indocyanine green

1. Introduction

Hepatocellular carcinoma (HCC) is one of the most common malignant tumors in the world, and liver resection is still one of the most effective radical treatments for HCC (1). However, the overall prognosis of patients with HCC after surgery is poor, and the rate of 5-year recurrence exceeds 60% (2). Due to the characteristics of biological behavior of HCC metastasizing through the portal vein, *Makuuchi* proposed the concept of anatomical liver resection (ALR), which refers to the complete resection of the tumor lesion and the invaded portal vein branches, including the resection of hepatic subsegment, hepatic subsegment or combined hepatic subsegment with scattered micrometastasis (1,3). Theoretically, ALR is considered to be the most ideal surgical method for the treatment of HCC in terms of tumor eradication, which may reduce the risk of tumor recurrence and improve the overall survival. ALR intends to maximize the benefits with minimal trauma through the surgical operation procedure as well as the perioperative management, and precise intraoperative navigation of the surgical plane is one of the most critical and difficult points while performing the surgery.

The working principle of Indocyanine green (ICG) fluorescent imaging technology is that ICG would bind to the liver parenchymal cells in the body, then the positive staining method which punctures the portal vein of the target liver segment under guidance of intraoperative ultrasound (IOUS) or the negative staining method which ligates the portal vein of the target liver segment and injects it into the peripheral vein are applied, so ALR is able to be performed based on the fluorescent imaging boundary of the area where the portal vein is located (4). However, ICG, with its limitations, is applicable only to superficial lesions since it cannot penetrate the deep layer of the liver with its only 5-10mm in depth. Meanwhile it may stain nontarget liver segments through communicating blood vessels over time, and lead to the surgical resection plane deviating from the intended plane. Real-time virtual sonography (RVS) technology could simultaneously display real-time IOUS images and corresponding fusion images of real-time IOUS and preoperative CT/ MRI side by side on the monitor. Three-dimensional reconstruction software is used to color-mark the target blood vessels and the planned liver resection lines before the surgery, and the RVS system then uses the ultrasound image and the synchronized color CT/MRI fusion image as navigation (5). Now RVS has been applied to radiofrequency ablation treatment of liver tumors (6) according to a number of literature reviews while currently RVS plus ICG fluorescent imaging technology for ALR have not been reported yet. This study focuses on the application of RVS intraoperative navigation combined with ICG fluorescent imaging technology in ALR, and intends to describe it in detail and to clarify its feasibility and safety.

2. Materials and Methods

2.1. Research subjects

We retrospectively analyzed the clinical data of 41 patients who underwent ALR using RVS intraoperative navigation combined with ICG fluorescent imaging technology at the Department of Hepatobiliary Surgery, Peking University International Hospital from January 2020 to May 2022. Among them, there were 26 males and 15 females, aged (59.8 \pm 11.6) years old. The inclusion criteria included: (i) Patients with HCC from a single tumor adopted surgical treatment for the first time;

(ii) Upper abdominal contrast-enhanced CT or MRI were performed before the surgery, and RVS intraoperative navigation combined with ICG fluorescent imaging was performed for ALR; (iii) Preoperative assessment of liver function Child-Pugh was in grade A. The exclusion criteria included: (i) Radiotherapy, chemotherapy, interventional therapy and other treatments applied for hepatocellular carcinoma within 4 weeks before the surgery; (ii) Allergy to ICG or iodine; (iii) Preoperative imaging examinations indicating tumor embolus in the main portal vein, common hepatic duct, hepatic vein, or inferior vena cava; (iv) Extrahepatic invasion or metastasis found in the surgery; (v) Organic disease of important organs occurring in heart, lung, kidney, brain, etc. This study was approved by the Ethics Committee of Peking University International Hospital and conforms to the provisions of the Declaration of Helsinki (as revised in 2013). Written informed consent was obtained from each patient before the surgery.

2.2. RVS system

The RVS intraoperative navigation system is a combination of intraoperative ultrasound and electromagnetic tracking technology (5,7), which includes an ultrasound examination system (HI VISION Ascendus, Hitachi, Tokyo, Japan), a convex-type intraoperative ultrasound probe (EUP-O732T, 4.0~10.0 MHz; Hitachi, Tokyo, Japan), an electromagnetic tracker (trakSTAR, Ascension, USA), an electromagnetic generator (Ascension, USA) and electromagnetic sensor (Ascension, USA). An electromagnetic generator was installed on the right front of the patient, and the spatial position of the ultrasound probe was detected using a sterile electromagnetic sensor (Figure 1). A dynamic contrastenhanced CT or MRI scanning, with a thickness of 1.0 mm, was performed for all patients before the surgery, then CT or MRI images were converted into the format



Figure 1. Real-time virtual sonography (RVS) system, including ultrasound examination system, ultrasound probe, electromagnetic tracker, electromagnetic generator and electromagnetic sensor.

of digital imaging and communications in medicine (DICOM), and three-dimensional reconstruction was done through 3D simulation software (Toshiba, Tokyo, Japan) while the data of liver parenchyma, liver vessels and tumors were extracted. The DICOM data were then input into the RVS system.

2.3. Procedure

The round ligament and the falciform ligament of liver are incised after performing an exploratory laparotomy. RVS system then is started and adjusted according to the following procedure: (i) selecting the CT image of the sagittal part of the portal vein, display and fix it on the left side of the RVS screen; (ii) selecting the IOUS image about the same location as the left image, and display it on the right side of the RVS screen, pressing the start button to synchronize the left and right images. At this point, the synchronization of images is a rough match only, and the complete matching requires another two intrahepatic anatomical points to conduct image synchronization; (iii) selecting the hepatic vein or portal vein branches near the tumor and the tumor center as anatomical points to conduct image synchronizations as specified above until the hepatic vein or portal vein branches near the tumor are matched accurately (Figure 2).

2.4. Surgical operation

After the accurate spatial position registration, the liver is kept in a relatively stable position, RVS intraoperative navigation combined with ICG fluorescent imaging technology is then applied to determine the boundaries of surgical resection of liver segments or subsegments, and the resection line is marked with electrotome. The liver parenchyma is dissected by Pringle and clamp technique. During the process of liver segments resection, the resection plane is observed intermittently by RVS to verify its correctness and to confirm the adequate surgical margins and preservation of key vessels (Figure 3).

2.5. Observation indicators

Observation indicators include the operation method, operation time, intraoperative blood loss, location of tumor, pathological results, surgical margins, hospital stay, postoperative complications, and application of RVS intraoperative navigation combined with ICG fluorescent imaging technology during the operation. Postoperative complications were graded by the Clavien-Dindo system (8). The one-year overall survival rate and tumor-free survival rate of the patients were followed up by outpatient review or telephone calls with the follow-up deadline as of May 2023.

2.6. Statistical analysis

SPSS 22.0 (SPSS, Chicago, IL) was used for data processing. The measurement data conforming to the normal distribution is represented as the mean \pm standard error and the measurement data conforming to the non-normal distribution is represented as median with range.



Figure 2. The adjusting procedure of real-time virtual sonography (RVS) system. (A) Adjust and match the CT image of the sagittal part of the portal vein (R1 in left image) and the intraoperative ultrasound image (R1 in right image). (B) Adjust and match the CT image of the middle hepatic vein (R1 in left image) and the intraoperative ultrasound image (R1 in right image). (C) Adjust and match the CT image of the tumor (S1 in left image) and the intraoperative ultrasound image (R1 in right image). (C) Adjust and match the CT image of the tumor (S1 in left image) and the intraoperative ultrasound image (S1 in right image). (D) The fusion image (left image) and the intraoperative ultrasound image (right image) were observed after adjusting and matching procedure. Right hepatic vein (RHV), middle hepatic vein (MHV), left hepatic vein (LHV), right portal vein (RPV), left portal vein (LPV) and inferior vena cava (IVC) were marked with white arrows.



Figure 3. Anatomical liver resection (ALR) of segments 8 and 4b was performed by real-time virtual sonography (RVS) combined with indocyanine green (ICG) fluorescent imaging technology. (A) Fluorescent staining of segment 8 and segment 4b of liver. (B) The fusion image (left image) and the intraoperative ultrasound image (right image) were observed in RVS system. Tumor was marked with green in the left image. Middle hepatic vein (MHV), portal vein of segment 8 (P8), dorsal branch of portal vein of segment 8 (P8v), and inferior vena cava (IVC) were marked with white arrows. (C) The resection plane of liver. (D) Frontal view of the specimen.

3. Results

3.1. Clinical characteristics of included patients

The clinical characteristics of included patients are summarized in Table 1. According to ECOG (Eastern Cooperative Oncology Group) performance status, 39 patients (95.1%) scored 0 and 2 patients (4.9%) scored 1 out of 41 patients. The 15-minute retention rate of ICG for each patient was less than 10% and all patients were classified as stage I in accordance with China liver cancer staging (CNLC). All 41 patients had open surgery of ALR.

3.2. Information of anatomic hepatic segmentectomy

The surgical procedures of patients are summarized in Table 2. Among them, there was 1 case of segment II resection (2.4%), 1 case of segment III resection (2.4%), 4 cases of segment IV resection (9.8%), 5 cases of segment V resection (12.2%), 10 cases of segment VI resection (24.4%), 7 cases of segment VII resection (17.1%), 6 cases of segment VIII resection (14.6%), 1 case of segments IVb+VIII resection (2.4%), and 1 case of segments V+VIII resection (2.4%). The perioperative outcomes of patients are shown in Table 3. The operation time of 41 patients was (417.3 ± 123.1) min, the intraoperative blood loss was 390.0 (250.0, 500.0) ml, and 5 cases (12.2%) received intraoperative blood transfusions. The hospital stay of 41 patients was (15.1 ± 2.9) days. No perioperative deaths occurred. Postoperative complications occurred in 7 cases (17.1%), of which 4 cases (9.8%) were ascites, 1 case (2.4%)

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Parameters	Total $(n = 41)$
Age, years (median, IQR)	61 (50–66)
< 60	18 (43.9%)
≥ 60	23 (56.1%)
Sex, n (%)	
Female	15 (36.6)
Male	26 (63.4)
ECOG performance, n (%)	
0	39 (95.1)
1	2 (4.9)
Child-Pugh score, n (%)	
А	40 (97.6)
В	1 (2.4)
ICGR-15, % (median, IQR)	5.6 (4.0-7.0)
HBV infection, n (%)	
Positive	38 (92.7)
Negative	3 (7.3)
AFP, ng/mL (median, IQR)	73.5 (2.9–755.2)
< 20	19 (46.3)
≥ 20	22 (53.7)
CNLC stage, n (%)	
Ia	32 (78.0)
Ib	9 (22.0)
Tumor diameter, cm (median, IQR)	4.0 (2.4–5.0)

Abbreviation: AFP, alpha fetal protein; CNLC, China liver cancer staging; ECOG, Eastern Cooperative Oncology Group; ICGR, indocyanine green rate; IQR, inter quartile range.

was incision infection in Clavien-Dindo grade I, 1 case (2.4%) was postoperative bleeding, and 1 case (2.4%) was pulmonary infection in Clavien-Dindo grade II. Postoperative pathological examinations indicated hepatocellular carcinoma, including 6 cases (14.6%) of Edmondson-Steiner grade I, 24 cases (58.5%) of grade II, and 11 cases (26.8%) of grade III, and the surgical

Table 2. The operative procedures of patients

Operative procedure	Total $(n = 41)$
Segmentectomy, <i>n</i> (%)	
S2	1 (2.4)
S3	1 (2.4)
S4	4 (9.8)
S5	5 (12.2)
S6	10 (24.4)
S7	7 (17.1)
S8	6 (14.6)
Multisegmentectomy, n (%)	
S4b+8	1 (2.4)
S5+8	1 (2.4)
Hemihepatectomy, n (%)	
S2+3+4	3 (7.3)
S5+6+7+8	2 (4.9)

Abbreviation: S, segment, defined by Couinaud's nomenclature.

margins of all patients were negative. 41 patients were followed up for 14 to 22 months, with a median followup time of 14 months. The overall survival rate of 1 year after surgery was 100.0% (41/41). There were 3 patients (7.3%) with tumor recurrence after the surgery, and the tumor-free survival rate of 1 year after surgery was 92.7% (38/41).

3.3. Safety and feasibility

(i) Intraoperative situation: RVS intraoperative navigation combined with ICG fluorescent imaging technology does not interfere with the surrounding environment, and is able to guide the puncture of portal vein of liver segment and the operation plane of segmental hepatectomy accurately. The resection plane under RVS navigation was consistent with that of the preoperative plan in each case. (ii) *Postoperative situation*: there were 7 patients (17.1%) with postoperative complications. According to the Clavien-Dindo system classification, 5 cases (12.2%) were in grade I, 2 cases (4.9%) were in grade II and no perioperative death occurred. It is safe and feasible to apply RVS intraoperative navigation combined with ICG fluorescent imaging technology in ALR.

4. Discussion

In 1985, Makuuchi *et al.* (9-11) proposed the concept of ALR including anatomic segmental and subsegmental liver resections based on the theory of Couinaud's liver segment. Makuuchi is the first to put forward the IOUS for surgery of ALR, and also to practice liver segmental staining, dissection of glisson's sheath (extrathecal dissection) and other surgical methods, which then created an era of precise liver resection.

HCC tends to metastasize along the portal vein in the liver segments where the tumor is located (12). ALR not only removes the tumor but also removes the liver

Table 3. The perioperative outcomes of patients

Perioperative outcomes	Patients $(n = 41)$	
Intraoperative outcomes		
Operation time, min (median, IQR)	400.0 (345.0-450.0)	
Pringle time, min (median, IQR)	30.0 (25.0-45.0)	
Operative blood loss, mL (median, IQR)	390.0 (250.0-500.0)	
Intraoperative blood transfusion, n (%)	5 (12.2)	
Negative resection margin, n (%)	41 (100.0)	
Postoperative results		
Postoperative hospital stay, days	14.0 (10.0-19.0)	
(median, IQR)		
90-day mortality, <i>n</i> (%)	0	
R0 resection, n (%)	41 (100.0)	
Hepatocellular carcinoma, n (%)	41 (100.0)	
Microvascular invasion, n (%)	22 (53.7)	
Edmondson-Steiner grade, n (%)		
Ι	6 (14.6)	
II	24 (58.5)	
III	11 (26.8)	
IV	0	
Cases of recurrence, n (%)	3 (7.3)	
The 1-year overall survival, n (%)	41 (100.0)	
The 1-year disease-free survival, n (%)	38 (92.7)	
Type of complications		
Postoperative hemorrhage, n (%)	1 (2.4)	
Incision infection, n (%)	1 (2.4)	
Seroperitoneum, n (%)	4 (9.8)	
Lung infection, n (%)	1 (2.4)	
Clavien-Dindo Classification, n (%)		
Ι	5 (12.2)	
II	2 (4.9)	
III	0	
IV	0	

Abbreviation: IQR, inter quartile range.

segment of the portal vein branch where the tumor is located, which can reduce the risk of metastasis (13). The theory of tumor blood flow drainage proposed by Sakon *et al.* (14) also demonstrated that the recurrence of liver cancer is the direct spread of tumor through portal vein blood flow. Retrospective studies have also been reported that anatomic hepatectomy reduces the risk of recurrence of local tumor and has a better prognosis than non-anatomic hepatectomy (2,15).

In anatomic hepatectomy, it is crucial to determine the surgical resection plane. Traditional ALR mainly relies on blocking the portal vein of the target liver segment to display the ischemic line on the liver surface, and exposing the hepatic veins throughout the entire operation under IOUS to determine the surgical resection plane. However, due to the irregular boundaries between the liver segments and the variation of intrahepatic vessels, the plane of hepatectomy and the extent of resection are often not accurate enough during the liver resection. Staining with ethylene blue can be used to assist in judging the plane of hepatectomy, but with shortcomings including short imaging time, unclear field of view, and rapid clearance. ICG has been widely used in cholangiography and tests of reserved liver function, and has been gradually applied in anatomic hepatectomy (16). ICG fluorescent imaging technology can display

the resection range of liver segments and tumor boundaries, which allows for a more accurate anatomic hepatectomy (17). Nevertheless, ICG fluorescent imaging technology also has certain limitations: (i) Fluorescent signal interference: ICG can diffuse through the rami communicantes between liver segments, thus affects the judgment of the surgical resection plane; (ii) Poor imaging of deep tumors: since the fluorescent signal of ICG can only penetrate 5-10 mm of liver tissue, ICG usually does not provide enough image for deep tumors (18).

RVS fuses the images of ultrasound and CT/MRI, and thus is able to combine the good spatial resolution of CT/MRI with the advantages of real-time dynamic observation of ultrasound (19). Adopting the method of spatial magnetic positioning, RVS is able to achieve realtime correspondence between ultrasound images and CT/ MRI images through image position registration, and then the IOUS and fusion images are simultaneously displayed on the RVS operation interface (20). On the basis of image fusion, the RVS system uses the electromagnetic sensor fixed on the ultrasound probe and the electromagnetic generator of the navigation system to precisely match the image of ultrasound with CT/MRI to realize free tracking of spatial positioning. It can make any section displayed on the same screen or fused in real time, simulate the scope and plane of liver resection, identify the location of the tumor and its surrounding duct structure during the surgery to guide the plane of liver resection in real time for performing ALR.

Studies have shown that RVS's ability to distinguish liver cancer from surrounding normal tissues is better than IOUS, with a better detection rate for small lesions (21). RVS can use different colors to mark the simulated images of liver tumors, portal veins, hepatic veins, and normal liver tissues, and determine the tumor boundary which cannot be clearly distinguished by IOUS, to guide the resection plane in real time through the fusion images (22). Real-time navigation of RVS during the surgery makes up for limitations of ICG fluorescent imaging, and most importantly, it is a bridge between preoperative CT/ MRI and IOUS which helps the surgeons in planning and adjusting the optimal surgical plan during the surgery.

There are two main issues concerned when using the RVS systems: (i) whether the initial position markers remained accurate; and (ii) whether the position registration procedure is too complex and timeconsuming. The accuracy of position registration is the foundation of the RVS system, without it, RVS cannot perform accurate surgical navigation. Surgical operations easily lead to changes in the position and shape of the liver, which makes it more difficult for RVS to match the scanning planes of CT/MRI and IOUS during surgery, and it is almost impossible to intraoperatively register the position of the entire liver. Nevertheless, the target area for ALR is usually limited to within the liver segments or to an area around the tumor, so it is not necessary to record the entire liver but only the location near the target area with acceptable accuracy. According to our experience, we suggest the following points that are helpful in position registration: (i) The electromagnetic generator should be placed as close as possible to the operating bed (20-70 cm), otherwise the registration accuracy may be affected; (ii) Appropriate intraoperative detection points of IOUS need to be selected. The detection point of ultrasound must be set on the liver surface when conducting the intraoperative scanning. We prefer to choose the round ligament of the liver, which is easy to be identified and of which the position is fixed; (iii) Portal vein branches or hepatic veins near the tumor are recommended as important landmarks; (iv) For more precise adjustment, it is recommended to select the tumor center as the marking point and accurately match the direction and angle of the hepatic vein or portal vein near the tumor. The accuracy of position matching can be maximized through the above practices, thereby obtaining accuracy of image matching. It is noted that accurate image matching is not a simple process, and the time for spatial position registration could be significantly reduced with improvement of operating proficiency and skills, to achieve satisfactory accuracy.

However, the RVS system also has some limitations. First, the magnetic field is susceptible to bending by magnetic materials during the surgery. Therefore, magnetic materials should not be placed between the electromagnetic sensor and the electromagnetic generator, medical tweezers, scissors, metal tractors and other magnetic materials should be placed 5~10 cm away from the electromagnetic sensor. Second, with the development of laparoscopic technology, liver surgery tends to gradually become minimally invasive, RVS has yet to be used in laparoscopy, and it is expected that an update of equipment or devices will enable RVS to be used in laparoscopic anatomic hepatectomy in the future.

For this study, there are some limitations because it is an exploratory study without a control group, and may affect the credibility of the conclusion. Thus, prospective randomized controlled trials may need to be carried out for the sake of a high grade of evidence.

We evaluated the safety and feasibility of RVS intraoperative navigation combined with ICG fluorescent imaging technology for hepatectomy in our study. This novel intraoperative navigation uses ICG fluorescence imaging to determine the surface boundary of hepatectomy while the plane of liver resection can be modified in real time through RVS to make up for the shortcomings of ICG fluorescence imaging, thus helping to determine a clear route of hepatectomy, reducing intraoperative bleeding and preserving the normal liver parenchyma to the greatest extent, so as to achieve the goal of anatomic segments or subsegments hepatectomy.

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Brief Report

Pal power: Demonstration of the functional association of the *Helicobacter pylori* flagellar motor with peptidoglycan-associated lipoprotein (Pal) and its preliminary crystallographic analysis

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SUMMARY The bacterial flagellar motor is a molecular nanomachine, the assembly and regulation of which requires many accessory proteins. Their identity, structure and function are often discovered through characterisation of mutants with impaired motility. Here, we demonstrate the functional association of the *Helicobacter pylori* peptidoglycan-associated lipoprotein (*Hp*Pal) with the flagellar motor by analysing the motility phenotype of the Δpal mutant, and present the results of the preliminary X-ray crystallographic analysis of its globular C-terminal domain *Hp*Pal-C. Purified *Hp*Pal-C behaved as a dimer in solution. Crystals of *Hp*Pal-C were grown by the hanging drop vapour diffusion method using medium molecular weight polyethylene glycol (PEG) Smear as the precipitating agent. The crystals belong to the primitive orthorhombic space group P1 with unit cell parameters a = 50.7, b = 63.0, c = 75.1 Å. X-ray diffraction data were collected to 1.8 Å resolution on the Australian Synchrotron beamline MX2. Calculation of the Matthews coefficient ($V_{\rm M}$ =2.24 Å³/Da) and molecular replacement showed that the asymmetric unit contains two protein subunits. This study is an important step towards elucidation of the non-canonical role of *H. pylori* Pal in the regulation, or function of, the flagellar motor.

Keywords peptidoglycan-associated lipoprotein, bacterial flagellar motor, motility, Helicobacter pylori, crystals

1. Introduction

More than 50% of the world's population carry Gramnegative pathogenic bacteria *Helicobacter pylori* in their stomach (1). The presence of *H. pylori* has been causatively linked to chronic gastritis and gastric and duodenal ulcers; furthermore, untreated *H. pylori* infections can lead to the development of gastric cancer (2-4). In fact, *H. pylori* infections are the main cause of cancer ascribed to infectious agents, accounting for 0.8 million cancer cases in 2018 alone (5). In terms of cancer-related deaths, gastric cancer holds the fourth position (6).

The pathogenesis of *H. pylori* infection is partly attributed to the secretion of bacterial toxins, cytotoxinassociated gene product A (CagA) and vacuolating cytotoxin A (VacA), which induce a pathological transformation of the epithelial layer (7-9). It is not fully understood why the host's immune system is unable to eradicate *H. pylori* and how it manages to persist in the highly acidic stomach lining. What is known is that *H. pylori* produces enzymes that facilitate adaptation to the very low pH of the stomach (10), protect against the host's immune system by digesting innate immune peptides (11), eliminate reactive oxygen species produced by white blood cells (12), or mask outer surface bacterial proteins with sugars (13).

It is also well understood that *H. pylori* requires motility in order to colonize the host and to attain full infection level (14). *H. pylori* swims through the dense mucous layer in the stomach by means of its flagella and it uses chemotaxis to move into nutrientrich areas and towards small molecules that its can use to defend itself from elimination by host complement (14-16). Cryo-electron tomography studies showed that the molecular nanomachine at the base of the flagellum, the bacterial flagellar motor, is wider and significantly more complex in *H. pylori* compared to

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the motors in *Escherichia coli* and *Salmonella* (17). The H. pylori motor structure appears to be reinforced by a periplasmic scaffold made of proteins (17). The exact function of the scaffold is not yet known, but it has been proposed that it may stabilize the forcegenerating MotA/MotB stator units and support the wider stator ring to produce a larger turning force (18). It is also possible that it serves to regulate the stator function, or, perhaps, forms an extension of the stator itself. The flagellar motor is an example of a biological nanomachine that self-assembles from many different proteins; it was hypothesized that the binding energy released upon incorporation of the MotA/MotB complexes into the periplasmic scaffold drives their activation through conformational changes (19,20) that open the stator's proton channel.

Recent advances in the field of cryo-electron tomography led to the discoveries of a similarly complex architecture of polar flagellar motors in many other bacteria (18). However, progress in establishing the molecular make-up of the discovered periplasmic scaffolds has been slow, partly because identification of additional motor components through bioinformatic analyses alone may be challenging due to gene recombination events. New putative motor components are often discovered by investigating the underlying molecular mechanisms responsible for impaired motility in strains produced by random or targeted mutagenesis. It was recently reported that deletion of the gene encoding peptidoglycan-associated lipoprotein (Pal) in uropathogenic or enterohemorrhagic E. coli produced mutants with lower motility as judged by the migration diameter on 0.3% agar plates (21,22). Since Pal has never been directly implicated in the function or regulation of the flagella motor, we wished to examine the motility phenotype of the respective H. pylori mutant. We assessed the effect of inactivation the pal gene in H. pylori strain SS1 on migration in semi-solid agar and on linear swimming speed in liquid medium. Having established that mutants swim slower than wild-type (WT) cells, we performed cloning, purification, crystallization and the preliminary X-ray crystallographic analysis of the C-terminal outer membrane protein A (OmpA)-like globular domain of H. pylori Pal (HpPal-C). This is an important step towards elucidation of its role in the regulation, or function of, the flagellar motor.

2. Materials and Methods

2.1. Insertional inactivation of pal in H. pylori strain SS1

SS1 $\Delta pal::kan$ mutant strain was created by replacing the middle part of the *pal* gene (locus tag HPYLSS1_01070) with the *Campylobacter coli* kanamycin resistance gene *aphA3* (encoding aminoglycoside 3'-phosphotransferase, Genbank ID HG515011.2). A DNA fragment containing aphA3 (795 bp), flanked by H. pylori chromosomal DNA sequences corresponding to 200 bp upstream plus the first 100 bp of the pal gene at the 5' end, and the last 100 bp plus 200 bp downstream of the pal gene at the 3' end, was synthesized and ligated into the pUC18 vector by GenScript (USA). The SS1 Apal::kan mutant was generated by natural transformation method and selection on Columbia blood agar (Oxoid) plates supplemented with 5%(v/v) defibrinated horse blood and an antibiotic mixture comprising 10 µg/ mL kanamycin, 10 µg/mL vancomycin, 2.5 U/mL polymyxin B, 5 µg/mL trimethroprim (all antibiotics from Sigma-Aldrich). The mutation was verified by Sanger sequencing.

2.2. Semisolid agar motility assay

Brucella broth plates were prepared with 0.4%(w/ v) bacteriological agar (Oxoid), 7%(v/v) fetal bovine serum (Gibco), 40 µg/mL triphenyl tetrazolium chloride (Sigma, UK), and H. pylori-selective antibiotics (10 µg/mL vancomycin, 2.5 U/mL polymyxin B, 5 µg/ mL trimethroprim, plus 10 µg/mL kanamycin for the *Apal::kan* mutant). *H. pylori* SS1 WT or mutant strains were cultured overnight in BB10 (Brucella broth (Becton Dickinson) supplemented with 10 µg/mL vancomycin and 10%(v/v) foetal bovine serum (plus 10 µg/mL kanamycin for the mutant) under microaerobic conditions generated using the CampyGen (Oxoid) system. Five μL of the overnight culture adjusted to an OD₆₀₀ nm of 0.74 was inoculated into agar, and the plates were incubated under microaerobic conditions at 37°C for 7 days. The diameter of the migration halos was measured, and the values averaged over 7 biological repeats.

2.3. Measurement of swimming speeds

For optical microscopy filming of bacteria swimming in liquid media, strains were cultured overnight in BB10, inoculated into fresh pre-warmed BB10 to an optical density at 600 nm (OD600) of 0.05 and grown for a further 2-3 hrs. To observe the cells swimming behaviour, 10 µL of the cell suspension was placed in a EVE cell counting slide (EVS-050) and imaged using a Leica DMi8 microscope (Leica Microsystems, Germany) fitted with a Scientific CMOS K8 camera in bright-field mode at 20× magnification. Five 30-sec time-lapse videos (16 frames per second; fields of view picked randomly) were captured for both wild type (WT) and Δpal cultures, in three independent biological replicates for WT and 2 replicates for Δpal . The timelapse videos were analysed using ImageJ v. 1.53. A total of 66 cells (WT) and 60 cells (Δpal) that swam in linear fashion for at least 0.5 sec were tracked manually using

the MTrack plug-in to allow calculation of the mean straight swimming speed. A two-sample Student's *t*-test was performed to determine statistical significance of the observed swimming speed differences between the WT and $\Delta pal::kan$ mutant.

2.4. Gene cloning and overexpression

The amino acid sequence of *H. pylori* Pal (Uniprot ID A0A1U9IUR5) was analysed for the presence of signal peptides and disordered regions using the servers SignalP 6.0 (https://services.healthtech.dtu.dk/services/ SignalP-6.0/#6.0) (23) and DISOPRED3 (http://bioinf. cs.ucl.ac.uk/disopred) (24), respectively. The codonoptimized coding sequence for the C-terminal outer membrane protein A (OmpA)-like globular domain of H. pylori Pal (HpPal-C, amino-acid residues 66-179) was synthesized and ligated into the pET151/ D-TOPO vector (Invitrogen) by GenScript (Piscataway, USA) to produce an *Escherichia coli* expression vector that adds an N-terminal His₆ tag, V5-epitope and a tobacco etch virus (TEV) protease cleavage site. E. coli BL21(DE3) cells were transformed with the expression vector and grown at 37°C in LB medium supplemented with 50 mg/L ampicillin. Overexpression of HpPal-C was induced with 1 mM isopropyl-D-1thiogalactopyranoside at an OD_{600} of 0.6-0.8, the cells were grown for a further 4 hrs and then harvested by centrifugation at 6,000 g for 15 min.

2.5. Purification and oligomeric state analysis

Recombinant HpPal-C was purified by following the procedure modified from that described in (25). The cell lysate was loaded onto a 5-mL Ni-NTA affinity column (Cytiva) pre-equilibrated with 20 mM Tris-HCl pH 8.0, 500 mM NaCl and 15 mM imidazole. The column was washed with 100 mL of 20 mM Tris-HCl pH 8.0, 500 mM NaCl, 40 mM imidazole and the protein was eluted with the buffer containing 20 mM Tris-HCl pH 8.0, 500 mM NaCl and 500 mM imidazole. TEV was added (Invitrogen), and the sample was dialyzed overnight at 4°C against the buffer containing 20 mM Tris-HCl pH 8.0, 150 mM NaCl, 2 mM DTT, 1% (v/v) glycerol to cleave the tag off, producing the HpPal-C protein comprising residues 66-179 (the C-terminal domain) of HpPal plus six additional residues from the TEV cleavage site (GIDPFT). The protease, tag and uncleaved protein were removed by passing the sample through the Ni-NTA column, and the protein was further purified using a HiLoad 16/600 Superdex 75 prep grade gel filtration column (Cytiva) equilibrated with 10 mM Tris-HCl pH 8.0, 150 mM NaCl. Protein concentration was determined using the Bradford assay (26), and SDS-PAGE was used to ascertain the degree of protein purity.

The calibration curve for the gel filtration column

was established by fitting the retention volumes (V_R) and molecular weights (MW) of calibration standards listed in the manufacturer's manual (*https://cdn. cytivalifesciences.com/api/public/content/digi-11217pdf*) to the equation MW = A × exp(-B × V_R) (27). The resulting standard curve MW = 957.6 × exp(-0.048 × V_R) was used to determine the oligomeric state of *Hp*Pal-C in solution.

2.6. Crystallisation

HpPal-C was concentrated to 15 mg/mL and subjected to 20-min centrifugation at 17,000 g to remove insoluble particles and aggregates. The crystallization screening was carried out by the sitting-drop vapourdiffusion method using an automated Phoenix crystallization robot (Art Robbins Instruments) and commercial screens LFS, LMB, BCS, MIDAS (Molecular Dimensions), Crystal Screen HT, and PEG/ Ion HT (Hampton Research). 100 nL protein solution was combined with an equal volume of reservoir solution and equilibrated against 50 µL reservoir solution in a 96-well Art Robbins CrystalMation Intelli-Plate (Hampton Research). Rod-like crystals appeared after one day in condition B6 of the BCS screen, which contained 25%(w/v) PEG Smear Medium and 100 mM Bicine pH 9.3. Following optimization, larger crystals were produced using drops containing 1 μ L protein solution (13.2 mg/mL) mixed with 2 μ L reservoir solution (25%(w/v) PEG Smear Medium, 100 mM Bicine pH 8.7) and equilibrated against 500 µL reservoir solution at 293 K.

2.7. X-ray diffraction data collection and processing

For data collection, crystals of HpPal-C were briefly soaked in a cryoprotectant solution, prepared as the reservoir solution supplemented with 15%(v/ v) glycerol, and flash-frozen by plunging in liquid nitrogen. X-ray diffraction data from a cryocooled crystal were collected to 1.8 Å on the MX2 beamline of the Australian Synchrotron. The data were processed and scaled using *XDS* (28) and *AIMLESS* (29) from the Collaborative Computational Project, Number 4 (*CCP4*) suite (30). Data collection and processing statistics are summarized in Table 1.

2.8. Molecular replacement

To identify an appropriate model for molecular replacement, we conducted a sequence-similarity search against the crystal structures deposited in the RCSB Protein Data Bank. The three most similar sequences were those of Pals from *Burkholderia cenocepacia* (PDB ID 5n2c (31)), *Burkholderia pseudomallei* (PDB ID 4b5c (32)) and *Acinetobacter baumannii* (PDB ID 4g4x). Molecular replacement with these structures

 Table 1. Data collection and processing. Values in parentheses correspond to the highest resolution shell

Diffraction source	MX2 beamline, Australian Synchrotron
Wavelength (Å)	0.95
Temperature (K)	100
Detector	Dectris EIGER 16M
Total rotation range (°)	80
Space group	P2 ₁ 2 ₁ 2 ₁
a, b, c (Å)	50.7, 63.0, 75.1
α, β, γ (°)	90, 90, 90
Mosaicity (°)	0.05
Resolution range (Å)	48.26-1.79 (1.83-1.79)
Total No. of reflections	69,134 (4.093)
No. of unique reflections	22,855 (1,348)
Completeness (%)	98.6 (98.7)
Multiplicity	3.0
< <i>I/</i> σ(<i>I</i>)>	8.4 (1.8)
CC _{1/2} (%)	99.7 (80.7)
R _{merge}	0.054 (0.425)

as search models and preliminary refinement were performed using Phaser (33) and Phenix (34).

3. Results and Discussion

3.1. *H. pylori* SS1 Δpal mutant shows a significant motility defect in semisolid agar

To examine whether *H. pylori* Pal is required for motility, we generated an isogenic Δpal mutant strain lacking functional Pal by replacing the middle part of the gene with the kanamycin resistance gene *aphA3*. We first compared motility of the WT and mutant cells using the semisolid agar plates assay, where a small, set amount of the strain to be tested is stabbed into the thickness of the agar and the diameter of the bacterial migration halo is measured after several days. The ability of *H. pylori* mutants lacking Pal to migrate through semisolid (0.4%) agar was drastically reduced compared to wild type (WT) strain (Figure 1A). We concluded that Pal promotes migration of bacteria on a semisolid agar surface.

3.2. *H. pylori* SS1 Δpal mutants are unable to achieve WT linear swimming speeds in liquid media

We recognise that although the diameter of the halos in soft agar plate assays strongly correlates with migration ability, it is also influenced by the growth rate and chemotaxis artefacts. Therefore, to further characterize the motility phenotype of the *H. pylori* Δpal strain, we filmed bacteria swimming in liquid media (BB10) using bright-field optical microscopy and measured their linear swimming speeds. The mean straight swimming speeds for the WT cells and Δpal mutants were 97 ± 16 μ m/sec and $88 \pm 13 \mu$ m/sec, respectively (Figure 1b). The reduction in the linear swimming speed caused by elimination of Pal was small (9%) but statistically significant (p < 0.01). The flagella in *H. pylori* Δpal mutants have normal morphology (35). The observed linear speed reduction is therefore likely caused by the reduction in the rotational speed of the flagellar motor. Our observation thus indicates that the loss of the cellular function of *H. pylori* Pal impacts on the generation of force in the flagellar motor.

3.3. Cloning, overexpression, purification and biochemical characterisation of the C-terminal globular domain of *H. pylori* Pal (*Hp*Pal-C)

Bioinformatic analysis of *H. pylori* Pal revealed that is contains a signal peptide and a lipobox recognisable by the signal peptidase II (Figure 2A), identifying it as a lipoprotein. Secondary structure prediction and homology searches suggested that *Hp*Pal contains a C-terminal OmpA-like globular domain (*Hp*Pal-C, residues 66–179) connected to the lipid anchor by a flexible, unstructured tether (19–65). The globular domain *Hp*Pal-C was over-expressed in BL21(DE3) cells from the pET151/D-TOPO vector and purified using Ni-NTA affinity and size exclusion chromatography to > 98% electrophoretic homogeneity based on Coomassie Blue staining of the SDS-PAGE gel (Figure 2B).

It migrated on SDS-PAGE with an apparent molecular weight of ~13.5 kDa, which is close to the value calculated from the amino-acid sequence (13.0 kDa). When subjected to size exclusion chromatography, HpPal-C eluted as a single symmetrical peak with the retention volume of 72.6 mL (data not shown). Estimation of the particle weight based on the calibration of the size exclusion column using globular proteins of a known mass gave the value of approximately 29.4 kDa, which suggested that HpPal-C is a dimer in solution under the tested conditions.

3.4. Crystallisation and preliminary crystallographic analysis

Crystals of *Hp*Pal-C (Figure 2C) were obtained using screening by sparse matrix sampling. An X-ray diffraction data set was collected from a single cryocooled crystal on beamline MX2 at the Australian Synchrotron (AS) to a resolution of 1.8 Å. Autoindexing of the diffraction data using *XDS* and analysis of axial systematic absences indicated that the crystal belonged to the primitive orthorhombic space group $P2_12_12_1$, with unit-cell parameters a = 50.7, b = 63.0, c = 75.1Å, $\alpha = \beta = \gamma = 90^\circ$. The average $I/\sigma(I)$ value was 8.4 for all reflections (resolution range 48.3–1.8 Å) and 1.8 in the highest resolution shell (1.83–1.79 Å). The *R*merge value for intensities was 0.054 (0.425 in the highest resolution shell), and these data were 99% complete (99% completeness in the outer shell as well).



Figure 1. *H. pylori* SS1 Δpal mutant shows motility defects both in semi-solid and liquid media. (A) Soft agar motility assay of *H. pylori* SS1 WT and $\Delta pal::kan$ mutant with visualisation aided by a colorimetric metabolic activity indicator triphenyl tetrazolium chloride. Brucella broth plates were prepared with 0.4%(w/v) bacteriological agar, 7%(v/v) fetal bovine serum, 40µg/mL triphenyl tetrazolium chloride, and *H. pylori*-selective antibiotics (10µg/mL vancomycin, 2.5 U/mL polymyxin B, 5µg/mL trimethroprim). (B) Swimming speeds of *H. pylori* SS1 WT and Δpal in liquid media BB10. For each strain, the speeds of individual cells, the mean value (97 ± 16µm/sec for WT, 88 ± 13µm/sec for the mutant) and the standard deviation are shown. **p < 0.01.



Figure 2. Production and preliminary crystallographic analysis of the C-terminal globular domain of *H. pylori* Pal (*Hp*Pal-C). (A) Schematics of full-length *H. pylori* Pal, showing N-terminal signal peptide, lipobox, site of cleavage by signal peptidase II (SPII), disordered tether and the C-terminal globular OmpA-like domain (residues 66-179) that was produced and crystallised in this study. (B) Coomassie Blue-stained 15% SDS-PAGE gel of Ni-NTA purified His-tagged *Hp*Pal-C (lane 2) and *Hp*Pal-C after tag cleavage and gel filtration chromatography (lane 3). (C) Crystals of *Hp*Pal-C. Scale bar corresponds to 0.1 mm. (D) Representative portion of the electron density map of the molecular replacement solution after preliminary XYZ, B refinement. The contour level is 1σ .

Calculation of the Matthews coefficient (V_M) (36) suggested that the asymmetric unit most likely contains 2 molecules (V_M =2.24 Å³/Da). In agreement with this, a molecular replacement (MR) search, performed using the structures of Pals from *B. cenocepacia*, *B. pseudomallei* and *A. baumannii* as search models, yielded solutions that contained 2 subunits. One round of XYZ, B refinement of the solution based on *A. baumannii* Pal (log likelihood gain function = 291) resulted in the largest decrease of R/Rfree values (to 0.365/0.408) of the three models. Inspection of the electron density map revealed good agreement with the partially refined MR solution (Figure 2D). Exhaustive refinement in Phenix with iterative model rebuilding in Coot (37) are in progress.

3.5. Discussion

The canonical Tol-Pal system in the bacterial cell wall comprises the cytoplasmic membrane proteins TolA, TolQ and TolR, the periplasmic protein TolB and the outer membrane protein Pal (38). Pal, bound via its N-terminal anchor to the outer membrane, and via its C-terminal OmpA-like domain to the peptidoglycan, is important for the integrity of the outer membrane. In some bacteria, including *E. coli*, the Tol-Pal system plays an important role in cell division, by promoting the constriction of the outer membrane (39) and peptidoglycan restructuring at the septum (38).

Although *H. pylori* Pal shares 38% amino acid sequence identity with the well-characterised Pal

component of the E. coli Tol-Pal system, H. pylori does not have homologs of the inner membrane components of this system (TolA, TolQ or TolR) (35). This suggests that H. pylori may possess a non-canonical TolB/ Pal system that has a different primary function. A previous study of the Δpal (HP1125) mutant of nonmotile *H. pylori* strain 26695 (35) pointed to a possible association of Pal with the flagellar motor, although the results were not conclusive. However, recent reports of E. coli pal mutants with reduced motility in semi-solid agar (21,22) also pointed to the possible involvement of Pal in the regulation or function of the flagellar motor. In this study, we performed preliminary X-ray crystallographic analysis of Pal from H. pylori and evaluated its requirement for H. pylori motility in both liquid and semi-solid media. Under both conditions, inactivation of the *pal* gene produced flagellated cells with reduced motility. These results demonstrate the functional association of HpPal with the flagellar motor. We note that the motility defects were more prominent in semi-solid agar, and only a modest reduction in the linear swimming speed was observed in liquid medium. Although it remains to be established if HpPal is an integral component of the periplasmic scaffold of the H. pylori flagellar motor, our results suggest that HpPal plays a novel, non-canonical role by regulating the function of the motor in response to surface contact or increased viscosity. Our observation that, in contrast to other characterised Pals that are monomeric in solution (40,41), HpPal behaves as a dimer, may be related to this different role.

Pals have been studied extensively as potential targets for new therapeutics for several reasons. i) In some bacteria, e.g. Caulobacter crescentus (42), pal is essential. *ii*) A fraction of the Pal molecules become exposed on the surface of bacteria, which has been exploited in the design and evaluation of many vaccine candidates (38,43). iii) In A. baumannii, the surfaceexposed Pal interacts with host fibronectin (43); blocking this interaction with small molecules may offer a new strategy to combat bacterial infections. *iv*) Pal was also shown to be important for production of biofilm (43). v) In addition, importance of Pal for persister cell formation during antibiotic treatment of E. coli has been demonstrated (44). vi) Furthermore, E. coli Pal was shown to be required for the production of the capsular polysaccharide and resistance to serum (45). vii) Finally, A. baumannii Pal was found to contribute to virulence by regulating the twitching motility (43). The latter finding about the role of Pal in the type IV pili-mediated motility is particularly interesting because the results of our study suggest that Pal can also regulate flagellar motor-mediated motility, which adds yet another facet to the role of this enigmatic protein. The purification, crystallisation and preliminary X-ray diffraction analysis of recombinant HpPal-C presented in this study is an important step

towards elucidation of the non-canonic *Hp*Pal function and exploration of its therapeutic potential.

In conclusion, *H. pylori* SS1 Δpal mutant strain showed a significant motility defect in semisolid agar. *The* Δpal mutants were also unable to achieve WT linear swimming speeds in liquid media. Cloning, overexpression, purification and biochemical characterisation of the C-terminal globular domain of *H. pylori* Pal (*Hp*Pal-C) allowed us to perform its preliminary X-ray crystallographic analysis. The outcomes of this work pave the way to future studies aimed at elucidation of the role of *Hp*Pal in the regulation, or function of, the flagellar motor.

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Immunity debt: Hospitals need to be prepared in advance for multiple respiratory diseases that tend to co-occur

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SUMMARY As SARS-CoV-2 transitions from a pandemic to an endemic presence, a significant rise in respiratory diseases such as influenza and Mycoplasma pneumonia is challenging healthcare systems weakened by the impact of COVID-19. This commentary examines the global resurgence of respiratory pathogens, heightened by the post-pandemic "immunity debt", through an analysis of WHO surveillance data and national health reports. Findings reveal a substantial increase in respiratory illnesses, notably among children, compounded by a shortage of pediatricians and growing antimicrobial resistance. This underscores the need to improve hospital preparedness, optimize clinical responses, and enhance public health strategies to effectively navigate the impending peak of concurrent respiratory infections.

Keywords immunity debt, influenza, mycoplasma pneumonia, respiratory infection, hospital preparedness

As the novel coronavirus SARS-CoV-2 (the cause of COVID-19) gradually transitions from a pandemiccausing pathogen to a common endemic virus, respiratory infectious pathogens such as influenza viruses, respiratory syncytial virus, and *Mycoplasma pneumoniae* have become prevalent again. Healthcare facilities already hit hard by the COVID-19 pandemic are now facing new challenges from the upsurge in respiratory illnesses.

Many countries are repaying their post-COVID-19 "immunity debt", and China is no exception

According to the predictions and assessments of numerous public health experts worldwide, nonpharmaceutical interventions (NPIs) during the COVID-19 pandemic have led to a widespread deficiency in adaptive immunity, which many scholars refer to as "immunity debt" or "immunity gap" (1-3). In other words, a lack of adaptive immunity in the population is very likely to lead to outbreaks of various respiratory diseases. This situation has already occurred in several countries, including the US, France, Australia, and Canada (4). The World Health Organization's (WHO's) surveillance data on global influenza clearly substantiates that contention; In contrast to the low prevalence of influenza during the COVID-19 pandemic(5,6), since the start of 2022, several countries have experienced at least two waves of influenza outbreaks, and the number

of influenza cases is significantly higher than before the outbreak of COVID-19 in 2020 (Figure 1). At the same time, the prevalence of common respiratory viruses has greatly exceeded their baseline levels before the COVID-19 pandemic, leading to a rapid increase in cases in a short period of time (7).

Multiple respiratory diseases that tend to co-occur are the key problem

The seasonal flu epidemic is unquestionably coming in China. Some scholars proposed preparing in advance for the simultaneous epidemic of COVID-19 and influenza in 2022, but China is now facing multiple respiratory virus epidemics (8). Since mid-October of this year, the incidence of influenza-like illnesses in China has increased compared to the same period over the past three years, with a surge in pediatric visits to many hospitals. The daily outpatient volume has doubled, reaching more than 13,000 people at Tianjin Children's Hospital, with pediatric wards at full capacity and lines forming (9). Data obtained from The Third People's Hospital of Shenzhen, China shows that the number of children with a fever has increased by more than 50% in the past month, and more than 90% of children in hospital are infected with Mycoplasma pneumoniae. The weekly influenza surveillance report from the Chinese Center for Disease Control and Prevention for week 46 of 2023 shows that positivity according to



Figure 1. Status of current influenza infections from 01/2019 to 11/2023. (A), Global data on influenza infections from 01/2019 to 11/2023. **(B)** Data on influenza infections in the United States of America from 01/2019 to 11/2023. **(C)** Data on influenza infections in China from 01/2019 to 11/2023. **(D)** Data on influenza infections in Australia from 01/2019 to 11/2023. *Data source:* FluNet (*http://www.who.int/tools/flunet*) (16).

influenza virus testing continued to rise in November, predominantly involving the A(H3N2) subtype, followed by the B(Victoria) lineage. By November 19th, there were 205 reported outbreaks of influenza-like illnesses (ILI) nationwide. Sentinel hospitals in China's southern provinces reported that the percentage of ILI was 6.4%, which is higher than the previous week's level (5.5%). At the same time, sentinel hospitals in northern provinces reported that the percentage of ILI was 6.2%, which is higher than the previous week's level (5.0%) (10).

Announcements from Beijing, Tianjin, Changchun, and some southern cities in China have indicated that there has been a significant increase in the incidence of respiratory infectious diseases. The proportion of cases of Mycoplasma pneumonia in children with pneumonia has markedly increased, with many patients presenting with co-infections of multiple pathogens.

Respiratory diseases that overlap in prevalence put tremendous pressure on the administration of many hospitals

On November 22, the WHO requested that China provide detailed information regarding the increase in respiratory diseases and the cluster of pediatric pneumonia mentioned in related reports. The next day, the WHO stated that data from the Chinese Center for Disease Control and Prevention indicated that the current peak of pediatric pneumonia is attributed to known pathogens, including influenza viruses, Mycoplasma pneumoniae, and respiratory syncytial viruses (11, 12). The National Health Commission of China released information predicting that influenza will peak nationwide during the winter and spring, and Mycoplasma pneumoniae infections will continue to occur at high rates in certain regions for some time. This winter and coming spring, China may face a situation where COVID-19, influenza, Mycoplasma pneumoniae infections, and other respiratory diseases overlap in prevalence (13).

Given the current pressure pediatric patients are placing on many Chinese hospitals, the shortage of pediatricians is a problem that needs to be urgently addressed. In addition, there is a widespread epidemic of *Mycoplasma pneumoniae* in children, and clinicians have warned that azithromycin resistance among children with mycoplasma pneumonia could be as high as 90%. This has once again made the public aware that incidence of macrolide-resistant Mycoplasma pneumoniae (MRMP) is so high that azithromycin has gradually been relegated to a second-line clinical drug. Even research published in JAMA in 2022 warned of a high incidence of MRMP globally (*13*). This was particularly true in the Western Pacific, where that incidence was 53.4%, but China had the highest rate of MRMP at 79.5%.

Prioritization of hospital preparedness for respiratory infections

The cooccurrence of multiple respiratory diseases due to several pathogens, the shortage of pediatricians, and increased drug resistance represent complex challenges to healthcare administration. According to our predictions, the peak period of overlapping multiple respiratory infections has not yet been reached, so preparations and responses by hospitals are the priorities.

Adaptability in clinical protocols: Clinical treatment regimens need to be tailored to the diverse etiologies of respiratory infections. Given that acute respiratory infections represent a significant cause of pediatric and geriatric morbidity and mortality worldwide, preemptive clinical intervention is imperative to forestall the progression to critical illness within these vulnerable cohorts.

<u>Pharmacological sensitivity and efficacy</u>: Emphasis must be placed on the judicious selection of antimicrobials in therapeutic management. Notwithstanding the prevalent use of azithromycin for pediatric co-infections with *Mycoplasma pneumoniae*, increasing resistance underscores the need for vigilant monitoring of drug efficacy.

<u>Nosocomial infection control</u>: Enhancing infection control protocols is essential to minimizing the incidence of iatrogenic infections, particularly during patient influxes. Upholding fundamental prophylactic standards and implementing strict contact isolation practices are critical to mitigating nosocomial transmission.

Resource allocation in response to the pathogen <u>burden</u>: The cooccurrence of multiple respiratory pathogens necessitates the pre-emptive allocation of medical personnel and the stockpiling of medicinal supplies and facilities to accommodate patients. Hospitals should formulate preemptive logistics and communication strategies to effectively manage the anticipated patient surge.

Future strategies for hospitals to manage respiratory infectious diseases

<u>A robust mechanism for an effective response</u>: Research on and improvements in emergency preparedness and response frameworks are required, and this includes vaccines and novel pharmacological treatments (14). The expeditious improvement of clinical infrastructure and the of comprehensive expansion of clinical treatment capacity are also of paramount importance.

Enhanced pathogen surveillance: Prior to the appearance of novel pathogenic entities, surveillance systems need to be continually improved, ensuring prompt pathogen identification. This involves continuous improvement of monitoring methodologies and the enhancement of early detection and warning capabilities.

<u>Improved health education</u>: Prioritizing health education is quintessential to alleviating public trepidation and the consequent overtaxing of healthcare systems (15). This initiative should incorporate the provision of timely, accurate, and impartial information, along with interpretations of relevant policies, to facilitate communication with the general population.

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Development of a novel cholesterol tag-based system for transmembrane transport of protein drugs

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SUMMARY The main technological difficulties of developing an intracellular (transmembrane) transport system for protein drugs lie in two points: *i*) overcoming the barriers in the cellular membrane, and *ii*) loading enough protein drugs, and particularly high-dose proteins, into particles. To address these two technological problems, we recently developed a novel cholesterol tag (C-Tag)-based transmembrane transport system. This pilot study found that the C-Tag dramatically improved the cellular uptake of Fab (902-fold, *vs.* Fab alone) into living cells, indicating that it successfully achieved transmembrane transport. Moreover, C-Tag-mediated membrane transport was verified using micron-scale large unilamellar vesicles (LUVs, approximately 1.5 μm)-based particles. The C-Tagged Fab was able to permeate the liposomal bilayer and it greatly enhanced (a 10.1-fold increase *vs.* Fab alone) into the LUV-based particles, indicating that the C-Tag loaded enough proteins into particles for use of high-dose proteins. Accordingly, we established a novel C-Tag-based transmembrane delivery, and this might be a useful technology for drug development in the future.

Keywords protein drug, cell membrane, transmembrane transport, cholesterol tag, intraparticle delivery

1. The main difficulties in delivery of therapeutic protein drugs into the cytoplasm

Expression and regulation of proteins in living cells play a crucial role in biological processes, involving almost all forms of cellular physiology and disease progression (1-4). In terms of diagnosis and treatment of some refractory diseases, a crucial task is to explore the cytosolic targets associated with cell necrocytosis, energy metabolism, and protein expression (5). During the development of a novel therapy, we sometimes need to deliver therapeutic proteins or drugs from extracellular fluid to the cytoplasm (6). However, cytosolic delivery of therapeutic proteins is usually hampered by cell membrane obstruction, endocytic sequestration, and lysosomal breakdown, which present notable barriers for approaching those intracellular targets (7-9). Hence, delivering therapeutic proteins/drugs into the cytoplasm is a challenge during the development of

novel strategies to fight against these refractory diseases (10,11). Thus far, several physical technologies have been developed to address this problem. Approaches like direct microinjection of biologics into cytosols using a microinjector are plausible, but these approaches suffer from quite low throughput (12). High-throughput approaches, like squeezing and electroporation, have to punch transient pores at the cell membrane in order to establish temporary channels for material exchange between the extracellular and intracellular environments. However, these approaches suffer from uncontrollable material exchange, along with potential cell toxicity (13,14). Other intrinsic cellular mechanisms such as endocytosis have also been considered. Many chemical agents, such as liposomes, polymers, and cellpenetrating peptides (CPPs), are commonly delivered mostly into cells via endocytosis. Nevertheless, such endocytotic action is fundamentally regarded as a cellular self-defense mechanism, the basic function

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Figure 1. Schematic diagram of the novel C-Tag-based transmembrane transport system. The novel C-Tag-based transmembrane transport system addressed two technological difficulties: (A). Transporting proteins into cells; (B). Loading high-dose proteins into particles. The CB moiety of C-Tag non-covalently anchors onto the protein surface, and the cholesterol motif facilitates protein insertion into the hydrophobic lipid bilayers of cell membranes (or LUVs). Due to the noncovalent nature of C-Tag, the protein-tag complex embedded between the bilayers would separate, precluding the presence of the hydrophilic protein within the hydrophobic bilayer. Eventually, the proteins escape from the membrane and enter the cytoplasm (or LUV cavity), achieving protein transmembrane transport. Created with Biorender.com. CB: Coomassie blue; C-Tag: cholesterol tag; DPPC: 1,2-dipalmitoyl-sn-glycero-3-phosphocholine; DSPE-PEG: 1,2-distearoyl-sn-glycero-3-phosphoethanolamine-N-[carboxy(polyethylene glycol)-2000], LUVs: large unilamellar vesicles.

of which is to prevent intact foreign biomolecules from entering the cytoplasm (15,16). Thus, inducing such endocytotic action might not be able to maintain the biological activity of the delivered drugs. Thus, such "endocytotic action" should be avoided when developing novel delivery vehicles/systems/strategies to transport active therapeutic proteins into cytosolic targets because of their "inactivation". Lipidbased vehicles are the most common class of FDAapproved micro-nano particles, and they have a simple formulation and involve self-assembly, biocompatibility, and bioavailability (15). By incorporating a stimuliresponse and cationic design, such lipid-based particles might also facilitate endosomal escape and fulfill potent protein internalization, which might be conveniently used in the scenario of disease treatment (17). Nevertheless, conventional lipid-based nanoparticles cannot sufficiently encapsulate cargo proteins due to uncontrollable particle assembly and an amphiphilic protein structure, hence limiting their further use in cytosolic protein delivery and personalized precision medicine (18). Accordingly, the aforementioned technologies have certain drawbacks and are far from satisfactory. Development of a novel delivery system is an urgent task for treating some refractory diseases (15, 19), but the main technological difficulties lie in two points: i) The difficulty of achieving satisfactory intracellular (transmembrane) transport (the problem of "Transporting proteins into cells") and *ii*) The difficulty of filling the delivery vehicle with high-dose proteins

(the problem of "Loading particles with high-dose proteins"). To address these two technological problems, we recently developed a novel cholesterol tag (C-Tag)based transmembrane transport system (Figure 1).

2. Establishment of a novel C-Tag-based transmembrane transport system

A novel C-Tag-based transmembrane transport system was developed to achieve transmembrane delivery of protein drugs into cytoplasm with complete biological activity, along with ability to fill the delivery vehicle with high-dose proteins.

To overcome the first technological problem to achieve intracellular delivery, a cholesterol-based protein delivery tag was established by conjugating a Coomassie blue (CB) molecule with two copies of cholesterol (Figure 2A). Cholesterol is a natural component of eukaryote cell membranes, and CB can non-covalently bind to the protein surface. As shown as in Figure 1, the C-Tag can anchor onto the protein surface and facilitate permeation of the protein directly into cells without generating any transient pores or reducing drug activity (19). C-Tag therefore can serve as a promising tool to pull linked proteins into the cell bilayer and eventually transported proteins into the cytoplasm rather than via endocytosis (Figure 1A). Our previous study suggested that compact proteins are highly amenable to transmembrane delivery, whereas large proteins tend to enter cells via endocytosis (19,20). Hence, the compact Fab fragments (~55 kDa) of



Figure 2. Verification of the C-Tag-based transmembrane transport system. (A). The structural formula of the noncovalent cholesterol tag (C-Tag). C-Tag consisted of a CB G250 and two copies of cholesterol molecules. **(B)** and **(C)**. Fluorescent images and quantitative analysis verified the efficiency of intracellular (transmembrane) transport of proteins in this system. HeLa cells (a human cervical carcinoma cell line) were used in experiments. Fab was labeled with Alexa Fluor488® (green), and lysosomes were stained with LysoTracker Red (red). Bar: 20 μm. **(D)**. Size and morphology of the micron-scale LUVs. **(E)**. The LUVs were stained with the lipophilic tracer Dil (red). Bar: 10 μm. **(F)** and **(G)**. Evaluating the efficiency of filling the LUVs with high-dose proteins. Fab was labeled with Alexa Fluor488[®] (green), and the LUVs were stained with Dil (red). Bar: 10 μm.

antibodies might be optimal candidates for the validation of C-Tag-mediated cytosolic delivery since Fab is known to engage in antigen recognition along with binding during the immune response. As shown in Figure 2B, the tagged Fab displayed bright and homogeneous intracellular fluorescence without apparent punctate bright spots or lysosome co-localization (manifestations of endocytosis, protein drugs may aggregate in the lysosome and be inactivated by enzymolysis). These results indicated a special pattern of Fab distribution within the cytoplasm *via* direct membrane permeation rather than endocytosis in the living cells. Importantly, the tagged Fab achieved a 902-fold increase in protein internalization (*vs.* Fab alone) and little Fab distribution in lysosomes, so endocytic sequestration and subsequent lysosomal hydrolysis were fundamentally avoided (Figure 2C). Thus, the C-Tag effectively avoids endocytosis and induces cytosolic delivery of proteins, thus providing a novel but useful pathway to achieve effective transmembrane transport of protein drugs while also, importantly, satisfactorily maintaining both the integrity and bioactivities of these protein drugs. In this

regard, C-Tag represents an advanced transmembrane technology to deliver protein drugs into cells for them to be efficacious by intervening in intracellular targets while avoiding endocytic sequestration.

The second technological problem is to achieve intraparticle delivery for high-dose proteins, and this can be addressed by designing a nano-particle that enables encapsulation of high-dose proteins to achieve satisfactory delivery efficiency and bioavailability (Figure 1B). Accordingly, micron-scale large unilamellar vesicles (LUVs) were prepared by thin film hydration followed by repeated extrusions. In brief, 1,2-dipalmitoyl-sn-glycero-3-phosphocholine (DPPC), 1,2-distearoyl-sn-glycero-3-phosphoethanolamine-N-[carboxy(polyethylene glycol)-2000] (DSPE-PEG), and cholesterol were dissolved in a chloroform solution, and a thin film was formed using a rotary evaporator. The film was subsequently hydrated in a 4% ethanol aqueous solution and sonicated and repeatedly extruded with a mini extruder (pore diameter = $1.0 \mu m$). The bilayer LUVs had a hydrodynamic size of $1.5 \pm 0.2 \ \mu m$ (Figure 2D). Observed with fluorescent microscopy, the LUVs (stained with Dil) exhibited excellent spherical morphology, a uniform size, and uniform dispersion in the aqueous solution (Figure 2E), indicating that the LUVs might be a satisfactory candidate for protein drug encapsulation. To investigate whether LUVs can encapsulate proteins via C-Tag-mediated protein transportation, the efficiency with which a given amount of Fab was internalized into LUVs via cholesterol tagging was evaluated. As shown as in Figures 2F and G, Fab alone barely co-localized with LUVs, indicating poor internalization of Fab into the cavity of LUVs. However, C-tagged Fab greatly enhanced (above 10-fold) internalization of proteins into LUVs (Figures 2F and G). Thus, the intraparticle delivery of high-dose proteins was achieved.

3. Insights and future perspectives

Reported here is a novel C-Tag-based transmembrane transport system that has addressed two existing technological difficulties. When this noncovalent cholesterol tagging technique was used, preliminary data proved that this C-Tag-based transmembrane tool provided effective transport of protein drugs into both the cytoplasm and the LUVs (particularly for loading highdose protein). To the extent known, this is the first lipidbased transmembrane tool that has addressed these two technological difficulties. *First*, this novel technology enables the transport of proteins directly into cytosols and it avoids endocytic sequestration. When C-Tag mixes with proteins, the CB moiety of C-Tag non-covalently anchors onto the protein surface and facilitates protein insertion into the lipid bilayers of cell membranes. This allows proteins to dissociate from the bilayers and enter the cytoplasm rather than via endocytosis (Figure 1A). Hence, this technology has three advantages in terms of transmembrane transport: i) avoiding cell endocytosis, ii) sustaining cell integrity (no transient poles are required), iii) importantly, maintaining the protein bioactivity. Second, LUVs were used to create particles to verify the efficiency with which C-Tag filled particles with highdose proteins (Figure 1B). Thanks to the concept of C-Tag technology, all technological difficulties were overcome, and transmembrane transport even of high-dose proteins was achieved. Overcoming the barriers in the cellular membrane and loading enough protein drugs into nanoparticles is important. Thus, this technology might provide a novel and powerful platform for medicine design. Due to the "refractory" nature of some diseases, intervention in intracellular targets, and particularly cytosolic targets, might be an ultimate solution (vs. conventional treatments). In this context, the technology described in this study may kindle the flame of hope to change the clinical outcomes for these patients from "incurable" to "treatable".

The clinical use of this C-Tag-based transmembrane transport system is highly anticipated, but its safety, efficacy, and indications are still unknown. A future study will focus on further verification of this system *in vitro* and *in vivo*. Even though thus is a promising platform for designing novel lipid-based micro-nano medicines, exploring its indications is also crucial.

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Corrigendum

Corrigendum to "Shufengjiedu capsules protect against neuronal loss in olfactory epithelium and lung injury by enhancing autophagy in rats with allergic rhinitis", *BioScience Trends*. 2019; 13(6):530-538. doi: 10.5582/bst.2019.01332.

This corrigendum corrects error that was inadvertently introduced in Figure 1D. The corrected Figure 1 shown below. This correction does not alter the conclusion of this article. The authors deeply apologize for the oversight and any inconvenience it may have caused.



Figure 1. SFJDCs reduced levels of IgE and the number of mast cells in rats with AR. (A): Schematic overview of the study design. (B): Watery rhinorrhea in the model group. (C): Bar graph of the IgE level in serum according to ELISA. (D): Toluidine blue staining of OE from different groups. Arrows indicate mast cells. Data are representative of at least three separate experiments. (**p < 0.01 vs. control group; #p < 0.05 vs. model group).

E2

Corrigendum

Corrigendum to "Hepatic stellate cell exosome-derived circWDR25 promotes the progression of hepatocellular carcinoma via the miRNA-4474-3P-ALOX-15 and EMT axes", *BioScience Trends*. 2022; 16(4):267-281. DOI: 10.5582/bst.2022.01281.

This corrigendum corrects error that was inadvertently introduced in Figure 6F (c) and (f). The corrected Figure 6 shown below. This correction does not alter the conclusion of this article. The authors deeply apologize for the oversight and any inconvenience it may have caused.



Figure 6. Exogenous and HSC exosome-derived circWDR25 induce epithelial-to-mesenchymal transition (EMT). A-B: The levels of expression of EMT marker proteins in HCC cells as were affected by circWDR25KD, circWDR25OE, or miR-4474-3p mimics were determined using Western blot analysis. C: The relative expression of EMT marker proteins in HCC cells as was affected by circWDR25KD, miR-4474-3p mimics, or a combination of the two. D: The levels of expression of EMT marker and ALOX15 proteins in HCC cells cultured with HSC-derived exosome circWDR25KD or circWDR25OE. E: The levels of expression of EMT marker and ALOX15 proteins in tumors of xenograft mice injected with HSC-derived exosomal circWDR25KD. F: Representative images of IHC staining of mouse tumors revealed the effects of exosomal circWDR25KD from HSCs on the EMT markers and ALOX15 (400× magnification).

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